

UNIVERSITY OF CALIFORNIA RIVERSIDE Data Report Spring 2025

American College Health Association National College Health Assessment III

ACHA-NCHA III

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.



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RSEX variable

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender/gender non-conforming in RSEX. A respondent that selects "a gender identity on 67C is designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

Beginning in Spring 2021, responses for transgender and gender-nonconforming students became readily available directly in the report documents.

Important considerations with this format

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

Questions about this report? Please reach out to Christine Kukich at Ckukich@acha.org

American College Health Association-National College Health Assessment (ACHA-NCHA III) Institutional Data Report - Spring 2025

Institutional Data Report - Spring 2025		UNIVERSITY OF CALIFORNIA RIVERSIDE						
American College Health Association								
8455 Colesville Road, Suite 740		May 18, 2025						
Silver Spring, MD 20910		FREQUENCY REPORT						
(410) 859-1500		Number of Surveys (n) =	171	Web	Surveys			
www.acha.org								

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.

1) How would you describe your overall health?

					Trans/G	ender		
	Cis M	/len	Cis Wo	omen Non-conforming		forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	10	25	11	11	0	0	22	14.1 📖
2 Very good	16	40	33	32	0	0	51	32.7
3 Good	11	28	44	43	4	57	62	39.7
4 Fair	3	8	12	12	2	29	17	10.9 🔲
5 Poor	0	0	2	2	1	14	4	2.6 🗖
Valid responses =	40	26	102	65	7	4	156	91.2
Invalid responses include no response.								

2A) I feel that I belong at my college/university.

					Trans/G	ender		
	Cis N	len	Cis Women Non-conforming		forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	4	4	0	0	5	2.9 🗖
2 Disagree	0	0	3	3	0	0	4	2.3 🗖
3 Somewhat disagree	1	2	10	9	1	13	13	7.6 💻
4 Somewhat agree	10	22	33	30	3	38	46	26.9
5 Agree	22	49	46	41	2	25	72	42.1
6 Strongly agree	12	27	15	14	2	25	31	18.1
Valid responses =	45	26	111	65	8	5	171	100.0
Invalid responses include no response.								

R2B) I feel that students' health and well-being are a priority of my college/university.

R2B) I feel that students' health and well-being are a priority of	my college/l	universit	у.					
					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1	2	0	0	0	0	1	0.6
2 Disagree	0	0	3	3	0	0	4	2.3 🗖
3 Somewhat disagree	3	7	6	5	2	25	13	7.6 🗖
4 Somewhat agree	14	31	35	32	3	38	54	31.6
5 Agree	17	38	46	41	2	25	66	38.6
6 Strongly agree	10	22	21	19	1	13	33	19.3
Valid responses =	45	26	111	65	8	5	171	100.0

Invalid responses include no response.

R2C) I feel that the climate of my college/university encourages free and open discussion about students' health and well-being.

					Trans/G	ender		
	Cis I	/len	Cis Wo	omen	Non-con	forming	Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	1	1	0	0	1	0.6
2 Disagree	0	0	3	3	0	0	3	1.8 🗖
3 Somewhat disagree	2	4	4	4	0	0	8	4.7 🗖
4 Somewhat agree	13	29	33	30	2	25	50	29.2
5 Agree	15	33	48	43	5	63	70	40.9
6 Strongly agree	15	33	22	20	1	13	39	22.8
Valid responses =	45	26	111	65	8	5	171	100.0
Invalid reapaness include no reapanes								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 May 18, 2025

 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171

 www.acha.org
 Institutional Content on Surveys (n) =
 171

R2D) We are a college/university where we look out for each other.

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	3	3	0	0	4	2.4 🗖
2 Disagree	1	2	4	4	0	0	6	3.5 🗖
3 Somewhat disagree	6	13	5	5	1	13	14	8.2
4 Somewhat agree	12	27	38	35	2	25	52	30.6
5 Agree	15	33	46	42	5	63	68	40.0
6 Strongly agree	11	24	14	13	0	0	26	15.3
Valid responses =	45	26	110	65	8	5	170	99.4
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Invalid responses include no response.

3A) How many hours do you spend in a typical week (7 days) on the following activities?

Attending classes, discussion sections, or labs

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1	2	2	2	0	0	3	1.8 🗖
2 1-5 hours	9	20	10	9	1	13	20	11.8
3 6-10 hours	13	29	31	28	3	38	50	29.4
4 11-15 hours	4	9	36	33	4	50	47	27.6
5 16-20 hours	13	29	20	18	0	0	33	19.4
6 21-25 hours	3	7	8	7	0	0	12	7.1 💻
7 26-30 hours	1	2	1	1	0	0	2	1.2 🛛
8 More than 30 hours	1	2	2	2	0	0	3	1.8 🗖
Valid responses =	45	26	110	65	8	5	170	99.4

Invalid responses include no response.

3B) How many hours do you spend in a typical week (7 days) on the following activities? Studying and other academic activities outside of class

	Trans/Gender									
	Cisl	Cis Men			Non-conforming		То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 0 hours	0	0	2	2	0	0	2	1.2 🛛		
2 1-5 hours	13	30	22	20	1	13	39	23.1		
3 6-10 hours	13	30	45	41	7	88	65	38.5		
4 11-15 hours	6	14	20	18	0	0	26	15.4		
5 16-20 hours	4	9	13	12	0	0	19	11.2		
6 21-25 hours	3	7	5	5	0	0	10	5.9 📩		
7 26-30 hours	2	5	1	1	0	0	3	1.8 🔳		
8 More than 30 hours	3	7	2	2	0	0	5	3.0 🗖		
Valid responses =	44	26	110	65	8	5	169	98.8		
Invalid responses include no response										

Invalid responses include no response.

3C) How many hours do you spend in a typical week (7 days) on the following activities? Attending cultural events, movies, concerts, sports or other entertainment with others

	Trans/Gender									
	Cis M	Cis Men			Non-conforming		То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 0 hours	9	20	30	27	3	38	44	25.9		
2 1-5 hours	31	69	68	62	4	50	106	62.4		
3 6-10 hours	4	9	9	8	1	13	15	8.8 📼		
4 11-15 hours	0	0	1	1	0	0	2	1.2 🛚		
5 16-20 hours	0	0	2	2	0	0	2	1.2 🛚		
6 21-25 hours	0	0	0	0	0	0	0	0.0		
7 26-30 hours	0	0	0	0	0	0	0	0.0		
8 More than 30 hours	1	2	0	0	0	0	1	0.6		
Valid responses =	45	26	110	65	8	5	170	99.4		
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Invalid responses include no response.

3D) How many hours do you spend in a typical week (7 days) on the following activities? Performing community service or volunteer activities

	Trans/Gender									
	Cis	Cis Wo	omen	Non-conforming		Т	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 0 hours	28	62	55	50	5	63	91	53.5		
2 1-5 hours	13	29	43	39	2	25	61	35.9		
3 6-10 hours	3	7	10	9	0	0	14	8.2 🗖		
4 11-15 hours	0	0	0	0	1	13	1	0.6		
5 16-20 hours	0	0	2	2	0	0	2	1.2 🛛		
6 21-25 hours	0	0	0	0	0	0	0	0.0		
7 26-30 hours	0	0	0	0	0	0	0	0.0		
8 More than 30 hours	1	2	0	0	0	0	1	0.6		
Valid responses =	45	26	110	65	8	5	170	99.4		

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May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) =

171 Web Surveys

3E) How many hours do you spend in a typical week (7 days) on the following activities? Participating in physical exercise, team sports, recreational sports, or physically active hobbies

					Trans/G	ender		
	Cis M	Cis Men		Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5	11	31	28	4	50	41	24.1
2 1-5 hours	22	49	57	52	3	38	84	49.4
3 6-10 hours	14	31	17	16	1	13	34	20.0
4 11-15 hours	3	7	3	3	0	0	7	4.1 🗖
5 16-20 hours	0	0	1	1	0	0	2	1.2
6 21-25 hours	0	0	0	0	0	0	0	0.0
7 26-30 hours	0	0	1	1	0	0	1	0.6
8 More than 30 hours	1	2	0	0	0	0	1	0.6
Valid responses =	45	26	110	65	8	5	170	99.4
·								

Invalid responses include no response.

3F) How many hours do you spend in a typical week (7 days) on the following activities? Participating in spiritual or religious activities

	Trans/Gender											
	Cis Men		Cis Women Non-conforming		Т	otal						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 0 hours	29	67	73	66	7	88	114	67.9				
2 1-5 hours	10	23	29	26	1	13	41	24.4				
3 6-10 hours	2	5	5	5	0	0	8	4.8 🗖				
4 11-15 hours	1	2	3	3	0	0	4	2.4 🛛				
5 16-20 hours	0	0	0	0	0	0	0	0.0				
6 21-25 hours	0	0	0	0	0	0	0	0.0				
7 26-30 hours	0	0	0	0	0	0	0	0.0				
8 More than 30 hours	1	2	0	0	0	0	1	0.6				
Valid responses =	43	26	110	65	8	5	168	98.2				

Invalid responses include no response.

3G) How many hours do you spend in a typical week (7 days) on the following activities? Participating in student clubs or organizations

	Trans/Gender								
	Cis Men		Cis Women Non-		Non-con	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	21	47	55	50	5	63	85	50.0	
2 1-5 hours	16	36	42	38	2	25	61	35.9	
3 6-10 hours	5	11	9	8	1	13	17	10.0 📼	
4 11-15 hours	1	2	2	2	0	0	3	1.8 🛛	
5 16-20 hours	1	2	1	1	0	0	2	1.2 0	
6 21-25 hours	0	0	0	0	0	0	0	0.0	
7 26-30 hours	0	0	1	1	0	0	1	0.6	
8 More than 30 hours	1	2	0	0	0	0	1	0.6	
Valid responses =	45	26	110	65	8	5	170	99.4	

Invalid responses include no response.

3H) How many hours do you spend in a typical week (7 days) on the following activities? Socializing with friends

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3	7	13	12	2	25	18	10.7 📖
2 1-5 hours	17	38	45	41	3	38	69	40.8
3 6-10 hours	18	40	41	38	1	13	61	36.1
4 11-15 hours	2	4	9	8	1	13	13	7.7 📼
5 16-20 hours	2	4	1	1	1	13	5	3.0 🗖
6 21-25 hours	2	4	0	0	0	0	2	1.2 🛛
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	1	2	0	0	0	0	1	0.6
Valid responses =	45	27	109	64	8	5	169	98.8
Invalid responses include no response								

Invalid responses include no response.

3I) How many hours do you spend in a typical week (7 days) on the following activities? Partying

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 0 hours	31	72	83	78	6	75	126	76.8		
2 1-5 hours	10	23	19	18	2	25	32	19.5 💻		
3 6-10 hours	1	2	2	2	0	0	3	1.8 🛛		
4 11-15 hours	0	0	1	1	0	0	1	0.6		
5 16-20 hours	0	0	1	1	0	0	1	0.6		
6 21-25 hours	0	0	0	0	0	0	0	0.0		
7 26-30 hours	0	0	0	0	0	0	0	0.0		
8 More than 30 hours	1	2	0	0	0	0	1	0.6		
Valid responses =	43	26	106	65	8	5	164	95.9		
Invalid responses include no response										

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UNIVERSITY OF CALIFORNIA RIVERSIDE Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 May 18, 2025 Silver Spring, MD 20910 FREQUENCY REPORT (410) 859-1500 Number of Surveys (n) = 171 Web Surveys www.acha.org

3J) How many hours do you spend in a typical week (7 days) on the following activities? Spending time with family

-p					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	9	20	23	21	3	38	39	22.9
2 1-5 hours	17	38	34	31	3	38	55	32.4
3 6-10 hours	7	16	25	23	2	25	36	21.2
4 11-15 hours	4	9	12	11	0	0	16	9.4
5 16-20 hours	4	9	8	7	0	0	12	7.1 📩
6 21-25 hours	1	2	2	2	0	0	3	1.8 🗖
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	3	7	6	6	0	0	9	5.3 📩
Valid responses =	45	26	110	65	8	5	170	99.4
The set of								

Invalid responses include no response.

3K) How many hours do you spend in a typical week (7 days) on the following activities? Watching TV, streaming movies/TV, or other media for entertainment

watching iv, streaming movies/iv, or other media for e	ntertainment								
					Trans/G	ender			
	Cis N	llen	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	2	5	8	7	1	13	11	6.5 🗖	
2 1-5 hours	19	43	38	35	3	38	65	38.5	
3 6-10 hours	12	27	37	34	2	25	52	30.8	
4 11-15 hours	5	11	12	11	1	13	18	10.7 💻	
5 16-20 hours	4	9	6	6	0	0	10	5.9 📩	
6 21-25 hours	1	2	6	6	1	13	9	5.3 📩	
7 26-30 hours	0	0	1	1	0	0	1	0.6	
8 More than 30 hours	1	2	2	2	0	0	3	1.8 🗖	
Valid responses =	44	26	110	65	8	5	169	98.8	

Invalid responses include no response.

3L) How many hours do you spend in a typical week (7 days) on the following activities? Gaming

	Trans/Gender									
	Cis	Cis Men		Cis Women		Non-conforming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 0 hours	9	20	61	55	2	25	74	43.3		
2 1-5 hours	18	40	27	24	3	38	50	29.2		
3 6-10 hours	7	16	17	15	1	13	26	15.2		
4 11-15 hours	3	7	1	1	2	25	8	4.7 🗖		
5 16-20 hours	2	4	2	2	0	0	4	2.3 🗖		
6 21-25 hours	2	4	2	2	0	0	4	2.3 🗖		
7 26-30 hours	3	7	1	1	0	0	4	2.3 🗖		
8 More than 30 hours	1	2	0	0	0	0	1	0.6		
Valid responses =	45	26	111	65	8	5	171	100.0		

Invalid responses include no response.

3M) How many hours do you spend in a typical week (7 days) on the following activities? Using social media

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Т	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 0 hours	2	4	2	2	0	0	4	2.3 🗖			
2 1-5 hours	15	33	36	32	0	0	52	30.4			
3 6-10 hours	12	27	36	32	7	88	57	33.3			
4 11-15 hours	11	24	20	18	1	13	36	21.1			
5 16-20 hours	4	9	12	11	0	0	16	9.4			
6 21-25 hours	0	0	3	3	0	0	3	1.8 🗖			
7 26-30 hours	0	0	0	0	0	0	0	0.0			
8 More than 30 hours	1	2	2	2	0	0	3	1.8 🗖			
Valid responses =	45	26	111	65	8	5	171	100.0			
Invalid responses include no response.											

3N) How many hours do you spend in a typical week (7 days) on the following activities? Commuting to school and/or to work

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	10	22	21	19	2	25	34	19.9 💻	
2 1-5 hours	22	49	61	55	5	63	91	53.2	
3 6-10 hours	9	20	17	15	1	13	28	16.4 💻	
4 11-15 hours	1	2	6	5	0	0	9	5.3 🗖	
5 16-20 hours	1	2	0	0	0	0	1	0.6	
6 21-25 hours	1	2	2	2	0	0	3	1.8 🛛	
7 26-30 hours	0	0	2	2	0	0	2	1.2 🛛	
8 More than 30 hours	1	2	2	2	0	0	3	1.8 🛛	
Valid responses =	45	26	111	65	8	5	171	100.0	
Invalid responses include no response									

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(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

30) How many hours do you spend in a typical week (7 days) on the following activities?

Working for pay								
					Trans/G	ender		
	Cis I	Cis Men			Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	20	46	51	46	2	25	75	44.6
2 1-5 hours	5	11	10	9	1	13	16	9.5 💻
3 6-10 hours	3	7	15	14	1	13	19	11.3 📩
4 11-15 hours	3	7	15	14	2	25	21	12.5 📩
5 16-20 hours	7	16	9	8	2	25	20	11.9 📩
6 21-25 hours	0	0	2	2	0	0	2	1.2 🛛
7 26-30 hours	1	2	2	2	0	0	3	1.8 🛛
8 More than 30 hours	5	11	6	6	0	0	12	7.1 📩
Valid responses =	44	26	110	65	8	5	168	98.2

Invalid responses include no response.

3P) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in meditation or meditative activities

	Trans/Gender Cis Men Cis Women Non-conforming Total								
	Cis Men					n-conforming			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	31	71	85	77	7	100	128	76.6	
2 1-5 hours	8	18	19	17	0	0	27	16.2 🔲	
3 6-10 hours	1	2	2	2	0	0	3	1.8 🛛	
4 11-15 hours	0	0	1	1	0	0	1	0.6 I	
5 16-20 hours	2	5	2	2	0	0	5	3.0 🛛	
6 21-25 hours	1	2	0	0	0	0	1	0.6	
7 26-30 hours	0	0	1	1	0	0	1	0.6	
8 More than 30 hours	1	2	0	0	0	0	1	0.6	
Valid responses =	44	26	110	66	7	4	167	97.7	

Invalid responses include no response.

3Q) How many hours do you spend in a typical week (7 days) on the following activities? Performing unpaid household responsibilities

	Trans/Gender									
	Cis	Cis Women Non-confo		forming 1		otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 0 hours	17	38	21	19	2	25	41	24.1		
2 1-5 hours	18	40	47	42	4	50	73	42.9		
3 6-10 hours	7	16	25	23	1	13	33	19.4		
4 11-15 hours	1	2	9	8	1	13	12	7.1 🗖		
5 16-20 hours	1	2	3	3	0	0	4	2.4		
6 21-25 hours	0	0	3	3	0	0	3	1.8 🛛		
7 26-30 hours	0	0	2	2	0	0	2	1.2 🛛		
8 More than 30 hours	1	2	1	1	0	0	2	1.2 D		
Valid responses =	45	26	111	65	8	5	170	99.4		

Invalid responses include no response.

3R) How many hours do you spend in a typical week (7 days) on the following activities? Taking care of children or other family members (unpaid)

Trans/Gender Cis Men Cis Women Non-conforming Total Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. 1 0 hours 33 73 79 71 88 125 73.5 🗖 7 2 1-5 hours 3 6-10 hours 0 21 7 16 14 13 0 12.4 💻 2 5 13 41 1 5 1 7 4 11-15 hours 2 4 3 0 2.9 🛛 3 0 5 5 16-20 hours 0 0 4 4 0 0 4 2.4 🛛 6 21-25 hours 0 0 2 2 0 0 2 1.2 7 26-30 hours 0 0 1 1 0 0 1 0.6 8 More than 30 hours 2 4 3 3 0 0 5 2.9 🛯 Valid responses = 45 26 111 65 8 5 170 99.4

Invalid responses include no response.

4) How do you describe your weight?

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	T	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	0	0	1	1	0	0	1	0.6
2 Slightly underweight	4	9	13	12	1	13	19	11.1 📖
3 About the right weight	20	44	54	49	2	25	80	46.8
4 Slightly overweight	14	31	31	28	2	25	49	28.7
5 Very overweight	7	16	12	11	3	38	22	12.9 💻
Valid responses =	45	26	111	65	8	5	171	100.0
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 May 18, 2025

 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171
 Web
 Surveys

 www.acha.org
 Vumber of Surveys (n) =
 171
 Veb
 Surveys

5) Are you trying to do any of the following about your weight?

	Trans/Gender											
	Cis M	/len	Cis Wo	men	Non-con	forming	Т	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 Not trying anything about my weight	6	13	22	20	0	0	29	17.0 💻				
2 Stay the same weight	6	13	11	10	2	25	22	12.9 💻				
3 Lose weight	26	58	67	60	6	75	101	59.1				
4 Gain weight	7	16	11	10	0	0	19	11.1 🗖				
Valid responses =	45	26	111	65	8	5	171	100.0				

Invalid responses include no response.

6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity? Examples: brisk walking, dancing, or household chores.

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	2	4	4	4	1	13	7	4.1 🗖
1 1 to 149 Minutes	25	56	50	46	4	50	82	48.2
2 150 to 299 Minutes	8	18	28	26	1	13	37	21.8
3 300 or More Minutes	10	22	28	26	2	25	44	25.9
Valid responses =	45	26	110	65	8	5	170	99.4
Invalid responses include no response.								

	Mean	Median	Std Dev	Min	Max
Cis Men	173.56	120.00	156.99	0	600
Cis Women	225.47	150.00	258.96	0	2000
Trans/Gender Non-conforming	151.25	120.00	134.53	0	360
Overall	220.63	120.00	273.62	0	2100

7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity? Examples: running, swimming laps, or hiking.

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	8	18	33	30	4	50	45	26.6
1 1 to 74 Minutes	18	40	36	33	2	25	58	34.3
2 75 to 149 Minutes	5	11	21	19	1	13	30	17.8
3 150 or More Minutes	14	31	20	18	1	13	36	21.3
Valid responses =	45	27	110	65	8	5	169	98.8
Invalid responses include no response.								

	Mean	Median	Std Dev	Min	Max
Cis Men	126.78	60.00	152.75	0	600
Cis Women	93.12	60.00	206.41	0	2000
Trans/Gender Non-conforming	42.50	5.00	75.73	0	200
Overall	100.22	60.00	186.32	0	2000

8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

Cis M Freq. 9	Pct.	Cis Wo Freq.	men Pct.	Non-con	forming	То	otal
•		Freq.	Pct				
9	~~		i Ul.	Freq.	Pct.	Freq.	Pct.
	20	49	45	6	75	65	38.5
3	7	18	16	1	13	24	14.2
13	29	12	11	0	0	27	16.0
10	22	16	15	0	0	27	16.0
3	7	4	4	0	0	7	4.1 🗖
4	9	7	6	1	13	12	7.1 💻
2	4	0	0	0	0	2	1.2
1	2	4	4	0	0	5	3.0 🗖
45	27	110	65	8	5	169	98.8
	10 3 4 2 1	10 22 3 7 4 9 2 4 1 2	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day? One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

						Trans/G	ender		
		Cis N	/len	Cis Wo	men	Non-con	forming	Тс	otal
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings		17	38	28	26	0	0	47	28.5
2 1 serving		5	11	20	19	2	25	28	17.0
3 2 servings		5	11	15	14	4	50	24	14.5
4 3 servings		9	20	10	9	0	0	20	12.1
5 4 servings		2	4	6	6	0	0	9	5.5 🗖
6 5 servings		1	2	4	4	0	0	6	3.6 🗖
7 6 servings		1	2	4	4	0	0	5	3.0 🗖
8 7 servings		0	0	8	8	0	0	8	4.8 📼
9 8 servings		0	0	1	1	0	0	1	0.6 0
10 9 or more servings		5	11	10	9	2	25	17	10.3
Valid responses =		45	27	106	64	8	5	165	96.5
Invalid responses include no response.									
	Mean	N	ledian	S	td Dev	N	lin	M	ax
Cis Men	3.11		2.00		5.1		0		24
Cis Women	3.61		2.00		5.39		0		30
Trans/Gender Non-conforming	4.00		2.00		4.38		1		12
Overall	3.44		2.00		5.16		0		30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots? (for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Trans/Gender									
		Cis Men			Cis Women Non-con		nforming		otal	
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days		26	58	79	74	6	75	114	69.1	
2 1-2 days		10	22	7	7	0	0	17	10.3 💻	
3 3-4 days		4	9	4	4	0	0	9	5.5 🗖	
4 5-10 days		4	9	10	9	1	13	16	9.7 🗖	
5 11-15 days		0	0	2	2	0	0	2	1.2 🛛	
6 16-20 days		1	2	0	0	0	0	1	0.6	
7 21-25 days		0	0	1	1	1	13	2	1.2	
8 26-30 days		0	0	4	4	0	0	4	2.4	
Valid responses =		45	27	107	65	8	5	165	96.5	
Invalid responses include no response.										
	Mean	N	ledian	s	td Dev	N	lin	м	ax	

	Mean	Median	Std Dev	Min	Max
Cis Men	1.60	0.00	3.35	0	20
Cis Women	2.40	0.00	6.5	0	30
Trans/Gender Non-conforming	3.75	0.00	8.76	0	25
Overall	2.23	0.00	5.83	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

				I rans/G	ender		
Cis Men			Cis Women		Non-conforming		otal
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
8	18	17	16	1	13	29	17.3 🔲
29	64	74	68	7	88	112	66.7
6	13	17	16	0	0	24	14.3 🗖
1	2	0	0	0	0	1	0.6
1	2	1	1	0	0	2	1.2 🛛
45	27	109	65	8	5	168	98.2
	Freq. 8 29 6 1 1	Freq. Pct. 8 18 29 64 6 13 1 2 1 2	Freq. Pct. Freq. 8 18 17 29 64 74 6 13 17 1 2 0 1 2 1	Freq. Pct. Freq. Pct. 8 18 17 16 29 64 74 68 6 13 17 16 1 2 0 0 1 1 2 1 1 1	Cis Men Cis Women Non-con Freq. Pct. Freq. Pct. Freq. 8 18 17 16 1 29 64 74 68 7 6 13 17 16 0 1 2 0 0 0 1 2 1 1 0	Freq. Pct. Freq. Pct. Freq. Pct. 8 18 17 16 1 13 29 64 74 68 7 88 6 13 17 16 0 0 1 2 0 0 0 0 1 2 1 1 0 0	Cis Men Cis Women Non-conforming Tot Freq. Pct. Freq. Pct. Freq. Pct. Freq. 8 18 17 16 1 13 29 29 64 74 68 7 88 112 6 13 17 16 0 0 24 1 2 0 0 0 1 1 1 2 1 1 0 0 2

11) In the last 7 days, how many servings of vegetables did you eat on average per day? One serving is ½ cup of fresh, frozen, or canned vegetables; ¾ cup 100% vegetable juice; or 1 cup salad greens)

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	5	11	8	7	0	0	13	7.7 🗖
2 1-2 servings per day	25	56	64	59	8	100	103	61.3
3 3-4 servings per day	12	27	32	29	0	0	44	26.2
4 5-6 servings per day	0	0	4	4	0	0	4	2.4 🛛
5 More than 6 servings per day	3	7	1	1	0	0	4	2.4
Valid responses =	45	27	109	65	8	5	168	98.2
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE American College Health Association 8455 Colesville Road, Suite 740 May 18, 2025 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

FREQUENCY REPORT Number of Surveys (n) = 171 Web Surveys

12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days. The food that I bought just didn't last, and I didn't have money to get more

					Trans/G	ender		
	Cis Men Cis Women Non-c				Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	27	60	62	57	5	63	96	57.1
1 Sometimes True	11	24	29	27	1	13	44	26.2
2 Often True	7	16	18	17	2	25	28	16.7
Valid responses =	45	27	109	65	8	5	168	98.2

Invalid responses include no response.

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days. I couldn't afford to eat balanced meals.

					Trans/G	ender		
	Cis Men Cis Women No				Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	27	60	58	54	4	50	91	54.5
1 Sometimes True	12	27	35	32	1	13	50	29.9
2 Often True	6	13	15	14	3	38	26	15.6 💶
Valid responses =	45	27	108	65	8	5	167	97.7
Invalid responses include no response.								

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Trans/Gender										
	Cis Men (Cis Women		Non-conforming		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0 No	29	64	71	65	5	63	107	63.7			
1 Only 1 or 2 days	8	18	14	13	1	13	24	14.3 🔲			
2 Yes, some days, but not every day	8	18	20	18	1	13	30	17.9			
3 Yes, almost every day	0	0	4	4	1	13	7	4.2 🗖			
Valid responses =	45	27	109	65	8	5	168	98.2			
Invalid responses include no response.											

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

					Trans/G	ender		
	Cis Men C		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	38	84	80	73	5	63	126	75.0
1 Yes	7	16	29	27	3	38	42	25.0
Valid responses =	45	27	109	65	8	5	168	98.2
Invalid responses include no response.								

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Trans/Gender										
	Cis Men Cis		Cis Women		Non-conforming		Та	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0 No	41	91	86	79	6	75	136	81.0			
1 Yes	4	9	23	21	2	25	32	19.0 🔲			
Valid responses =	45	27	109	65	8	5	168	98.2			
Invalid responses include no response.											

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Trans/Gender										
	Cis Men Cis Women Non-conforming Total										
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Under 5 minutes	2	4	6	6	0	0	8	4.7 🗖			
2 5-15 minutes	13	29	37	34	1	13	54	32.0			
3 16-30 minutes	18	40	33	30	2	25	56	33.1			
4 31 minutes - 1 hour	9	20	16	15	3	38	28	16.6			
5 over 1 hour	3	7	18	16	2	25	23	13.6			
Valid responses =	45	27	110	65	8	5	169	98.8			
Invalid responses include no response.											

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

					Trans/G	ender		
	Cis Men Cis Women N					forming	Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	1	2	2	2	0	0	4	2.4 🗖
2 4 hours	1	2	3	3	0	0	4	2.4 🗖
3 5 hours	6	13	13	12	2	25	21	12.4
4 6 hours	9	20	32	29	3	38	46	27.2
5 7 hours	17	38	35	32	2	25	55	32.5
6 8 hours	9	20	18	16	1	13	30	17.8
7 9 hours	2	4	4	4	0	0	6	3.6 🗖
8 10 or more hours	0	0	3	3	0	0	3	1.8 🗖
Valid responses =	45	27	110	65	8	5	169	98.8
Invalid responses include no response								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

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8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

					Trans/G	ender		
	Cis N	len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	0	0	1	1	0	0	1	0.6
2 4 hours	0	0	3	3	0	0	3	1.8 🗖
3 5 hours	3	7	5	5	3	38	11	6.5 💻
4 6 hours	2	4	11	10	1	13	16	9.5
5 7 hours	8	18	20	18	0	0	28	16.6
6 8 hours	14	31	34	31	1	13	50	29.6
7 9 hours	10	22	27	25	0	0	40	23.7
8 10 or more hours	8	18	9	8	3	38	20	11.8
Valid responses =	45	27	110	65	8	5	169	98.8
Invalid responses include no response.								

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Trans/Gender											
	Cis Men Cis Women Non-conforming Total											
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 0 days	16	36	46	42	3	38	67	39.6				
2 1 day	9	20	25	23	1	13	36	21.3				
3 2 days	11	24	18	16	3	38	32	18.9				
4 3 days	2	4	6	6	0	0	10	5.9 💻				
5 4 days	1	2	5	5	0	0	6	3.6 🗖				
6 5 days	2	4	7	6	0	0	9	5.3 🗖				
7 6 days	0	0	0	0	1	13	2	1.2 🛛				
8 7 days	4	9	3	3	0	0	7	4.1 🗖				
Valid responses =	45	27	110	65	8	5	169	98.8				

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

					Trans/G	ender			
	Cis M	len	Cis Wo	men	Non-con	forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 days	2	4	4	4	0	0	6	3.6 🗖	
1 day	5	11	7	6	0	0	12	7.1 💻	
2 days	4	9	19	17	1	13	24	14.2	
3 days	8	18	15	14	0	0	25	14.8	
4 days	6	13	11	10	1	13	20	11.8 💻	
5 days	7	16	16	15	2	25	26	15.4	
6 days	5	11	8	7	0	0	14	8.3 💻	
7 days	8	18	30	27	4	50	42	24.9	
/alid responses =	45	27	110	65	8	5	169	98.8	
Invalid responses include no response.									

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

16C) On how many of the last 7 days did you: Have an extremely	y hard time	falling as	sleep?					
					Trans/G	ender		
	Cis M	len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	11	25	36	33	0	0	47	28.0
2 1 day	13	30	22	20	0	0	36	21.4
3 2 days	7	16	10	9	1	13	20	11.9
4 3 days	3	7	11	10	0	0	15	8.9
5 4 days	0	0	6	6	2	25	8	4.8 🔲
6 5 days	1	2	6	6	3	38	12	7.1 💻
7 6 days	4	9	6	6	0	0	10	6.0
8 7 days	5	11	13	12	2	25	20	11.9
Valid responses =	44	26	110	65	8	5	168	98.2

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

					Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-con	forming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	3	7	22	20	3	38	28	16.6	
2 1 day	7	16	22	20	3	38	35	20.7	
3 2 days	8	18	26	24	1	13	36	21.3	
4 3 days	9	20	12	11	0	0	22	13.0	
5 4 days	4	9	14	13	0	0	18	10.7	
6 5 days	6	13	3	3	0	0	9	5.3	
7 6 days	5	11	7	6	1	13	14	8.3	
8 7 days	3	7	4	4	0	0	7	4.1	
Valid responses = Invalid responses include no response.	45	27	110	65	8	5	169	98.8	

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
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Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) = 1	171	Web	Surveys
www.acha.org				

16E) On how many of the last 7 days did you: Take a nap?

					Trans/G	ender		
	Cis I	Men	Cis Wo	men	Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	16	36	40	36	2	25	60	35.5
2 1 day	8	18	23	21	2	25	34	20.1
3 2 days	6	13	21	19	0	0	28	16.6
4 3 days	6	13	7	6	2	25	15	8.9
5 4 days	2	4	3	3	1	13	7	4.1 🗖
6 5 days	2	4	4	4	0	0	7	4.1 🗖
7 6 days	3	7	7	6	0	0	10	5.9 💻
8 7 days	2	4	5	5	1	13	8	4.7 🗖
Valid responses =	45	27	110	65	8	5	169	98.8
Invalid responses include no response.								

16F) On average, how long are your naps? (only includes students who napped 1-7 days)

					Trans/G	ender		
	Cis M	/len	Cis Women		Non-conforming		То	tal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Less than 30 minutes	2	7	8	12	2	33	15	13.9 💶
Between 30 and 59 minutes	15	52	32	46	1	17	48	44.4
Between 60 and 119 minutes	8	28	21	30	1	17	30	27.8
2 hours or more	4	14	8	12	2	33	15	13.9 💶
/alid responses =	29	27	69	64	6	6	108	63.2
Invalid responses include no response.								

17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis N	len	Cis Wo	men	Trans/G Non-con		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	30	68	86	78	7	88	126	75.0
2 Never	3	7	7	6	1	13	12	7.1 🗖
3 Rarely	1	2	0	0	0	0	1	0.6
4 Sometimes	2	5	2	2	0	0	5	3.0
5 Most of the time	0	0	5	5	0	0	6	3.6 🗖
S Always	8	18	10	9	0	0	18	10.7 🗖
/alid responses =	44	26	110	65	8	5	168	98.2
Invalid responses include no response.								

17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	-		-		Trans/G	ender			
	Cis M	len	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not do this activity	38	86	90	82	7	88	139	82.7	
2 Never	2	5	11	10	1	13	14	8.3 🗖	
3 Rarely	0	0	0	0	0	0	0	0.0	
4 Sometimes	1	2	5	5	0	0	7	4.2 🗖	
5 Most of the time	0	0	1	1	0	0	1	0.6	
6 Always	3	7	3	3	0	0	7	4.2 🗖	
Valid responses =	44	26	110	65	8	5	168	98.2	
•									

Invalid responses include no response.

17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	-			-	Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-cont	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not do this activity	34	77	97	88	7	88	141	83.9	
2 Never	5	11	8	7	1	13	17	10.1 🗖	
3 Rarely	0	0	1	1	0	0	1	0.6	
4 Sometimes	1	2	2	2	0	0	3	1.8 🛛	
5 Most of the time	0	0	1	1	0	0	1	0.6	
6 Always	4	9	1	1	0	0	5	3.0	
Valid responses =	44	26	110	65	8	5	168	98.2	
Invalid responses include no response.									

18A) When, if ever, was the last time you drove a car or other vehicle?

					Trans/G	ender			
	Cis M	/len	Cis Wo	omen	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	6	13	10	9	3	38	19	11.2 💻	
2 Within the last 2 weeks	31	69	80	73	4	50	119	70.4	
3 More than 2 weeks but within 30 days	1	2	4	4	0	0	6	3.6 🗖	
4 More than 30 days but within 3 months	1	2	5	5	0	0	7	4.1 🗖	
5 More than 3 months but within 12 months	3	7	7	6	0	0	10	5.9 🗖	
6 More than 12 months ago	3	7	4	4	1	13	8	4.7 🗖	
Valid responses =	45	27	110	65	8	5	169	98.8	

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18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

Trans/Gender								
Non-conforming		Тс	otal					
Freq.	Pct.	Freq.	Pct.					
0	0	1	0.8					
1	25	34	28.6					
3	75	44	37.0					
0	0	40	33.6					
4	3	119	69.6					
	Freq. 0 1 3 0	Freq. Pct. 0 0 1 25 3 75 0 0	Freq. Pct. Freq. 0 0 1 1 25 34 3 75 44 0 0 40					

	Mean	Median	Std Dev	Min	Max
Cis Men	7.68	8.00	5.15	1	14
Cis Women	7.81	7.00	4.53	0	14
Trans/Gender Non-conforming	5.00	5.00	1.63	3	7
Overall	7.72	7.00	4.6	0	14

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

						Trans/G	enaer			
		Cis M	/len	Cis Wo	omen	Non-con	forming	Тс	otal	
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Days		15	48	44	55	3	75	64	53.8	
1 1 to 4 Days		9	29	18	23	0	0	28	23.5	
2 5 to 10 Days		2	7	11	14	1	25	15	12.6 💻	
3 11 to 14 Days		5	16	7	9	0	0	12	10.1 📼	
Valid responses =		31	26	80	67	4	3	119	69.6	
Invalid responses include no response.										
	Mean	N	ledian	s	td Dev	N	lin	M	ax	
Cis Men	3.16		1.00		5.09		0		14	

	wean	wedian	Sta Dev	win	Max
Cis Men	3.16	1.00	5.09	0	14
Cis Women	2.54	0.00	4.31	0	14
Trans/Gender Non-conforming	1.75	0.00	3.5	0	7
Overall	2.66	0.00	4.43	0	14

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No accidents	34	94	91	95	4	100	134	94.4	
2 One accident	2	6	5	5	0	0	7	4.9 🗖	
3 Two accidents	0	0	0	0	0	0	1	0.7	
4 Three or more accidents	0	0	0	0	0	0	0	0.0	
Valid responses =	36	25	96	68	4	3	142	83.0	
Invalid responses include no response.									

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner called me names, insulted me, or put me down to make me feel bad.

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	42	93	105	96	8	100	160	94.7	
2 Yes	3	7	5	5	0	0	9	5.3 🗖	
Valid responses =	45	27	110	65	8	5	169	98.8	
Invalid responses include no response.									

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	43	96	104	96	8	100	161	96.4	
2 Yes	2	4	4	4	0	0	6	3.6 🛛	
Valid responses =	45	27	108	65	8	5	167	97.7	
Invalid responses include no response.									

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	43	96	108	100	8	100	165	98.8	
2 Yes	2	4	0	0	0	0	2	1.2	
Valid responses =	45	27	108	65	8	5	167	97.7	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org

May 18, 2025

FREQUENCY REPORT Number of Surveys (n) =

Total

Total Freq.

> Total rea.

Pct.

97.7

98.8

1.2 |

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163

4 167

171 Web Surveys

Pct

994 0.6 |

98.2

Pct. 97.6

97.7

24

19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis M	len	Cis Wo	men	Trans/G Non-con		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.
1 No	45	100	108	99	8	100	167
2 Yes	0	0	1	1	0	0	1
Valid responses =	45	27	109	65	8	5	168

Invalid responses include no response.

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis M	/len	Cis Wo	men	Non-conforming		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	105	97	8	100	
2 Yes	0	0	3	3	0	0	
Valid responses =	45	27	108	65	8	5	
Invalid responses include no response.							

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

i was ili a pilysical light.	Talls/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	45	100	108	99	8	100	166	98.8		
2 Yes	0	0	1	1	0	0	2	1.2		
Valid responses =	45	27	109	65	8	5	168	98.2		
Invalid responses include no response.										

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was physically assaulted (do not include sexual assault).

	, Cis N	len	Cis Wo	men	Trans/G Non-con		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.
1 No	44	100	107	98	8	100	165
2 Yes	0	0	2	2	0	0	2
Valid responses =	44	26	109	65	8	5	167
Invalid responses include no response.							

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was verbally threatened.

	Trans/Gender Cis Men Cis Women Non-conformi						Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	43	96	103	95	7	88	159	94.6 💻	
2 Yes	2	4	6	6	1	13	9	5.4 🗖	
Valid responses =	45	27	109	65	8	5	168	98.2	

Invalid responses include no response

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was sexually touched without my consent.

	Cis I	men	Trans/G Non-con		Тс	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	43	98	103	95	8	100	159	95.8 💻	
2 Yes	1	2	5	5	0	0	7	4.2 🛛	
Valid responses =	44	27	108	65	8	5	166	97.1	
Invalid responses include no response.									

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

					I rans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	106	98	8	100	165	98.8 💻	
2 Yes	0	0	2	2	0	0	2	1.2	
Valid responses =	45	27	108	65	8	5	167	97.7	
Invalid responses include no response.									

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

					Trans/G	ender			
	Cis M	Cis Men		Cis Women Nor		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	107	98	8	100	166	98.8	
2 Yes	0	0	2	2	0	0	2	1.2	
Valid responses =	45	27	109	65	8	5	168	98.2	
	0 45	27	2 109	2 65	8	0 5	2 168		

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740

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May 18, 2025

FREQUENCY REPORT Number of Surveys (n) = 171 Web

Surveys

Total Pct. 21.3 🗖 36.1 🗖

26.0 🗖 12.4 🗖

4.1 🗖

98.8

20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).									
					Trans/G	ender			
	Cis I	/len	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	106	97	8	100	165	98.2	
2 Yes	0	0	3	3	0	0	3	1.8	
Valid responses =	45	27	109	65	8	5	168	98.2	

Valid responses = Invalid responses include no response.

R21A) How safe do you feel: On my campus (daytime)?

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not safe at all	0	0	0	0	0	0	0	0.0	
2 Somewhat unsafe	0	0	1	1	0	0	2	1.2 🛛	
3 Somewhat safe	1	2	25	23	3	38	30	17.8 💻	
4 Very safe	44	98	82	75	5	63	136	80.5	1
5 Does not apply	0	0	1	1	0	0	1	0.6	
Valid responses =	45	27	109	64	8	5	169	98.8	
Invalid responses include no response.									

R21B) How safe do you feel: On my campus (nighttime)?

R21B) How safe do you feel: On my campus (highttime)?					Trans/G	ender		
	Cis I	Cis Men		Cis Women Non-o		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	0	0	4	4	1	13	5	3.0 🗖
2 Somewhat unsafe	2	4	28	26	2	25	33	19.5
3 Somewhat safe	12	27	61	56	4	50	82	48.5
4 Very safe	30	67	14	13	1	13	46	27.2
5 Does not apply	1	2	2	2	0	0	3	1.8 🛛
Valid responses =	45	27	109	64	8	5	169	98.8
Invalid responses include no response.								

R21C) How safe do you feel: In the community surrounding my campus (daytime)?

· · · ·					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	1	2	5	5	1	13	8	4.7 🗖
2 Somewhat unsafe	5	11	21	19	1	13	27	16.0
3 Somewhat safe	13	29	54	50	4	50	76	45.0
4 Very safe	24	53	24	22	2	25	51	30.2
5 Does not apply	2	4	5	5	0	0	7	4.1 🗖
Valid responses =	45	27	109	64	8	5	169	98.8
Invalid responses include no response.								

R21D) How safe do you feel: In the community surrounding my campus (nighttime)?

		Trans/Gender							
	Cis N	Cis Men		Cis Women		Non-conforming			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Not safe at all	4	9	27	25	3	38	36		
2 Somewhat unsafe	10	22	48	44	3	38	61		
3 Somewhat safe	15	33	22	20	2	25	44		
4 Very safe	14	31	7	6	0	0	21		
5 Does not apply	2	4	5	5	0	0	7		
Valid responses =	45	27	109	64	8	5	169		
Invalid responses include no response.									

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

					Trans/G	ender		
	Cis Men		Cis Women Non-		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	34	76	83	76	7	88	127	75.6
3 Yes	11	24	26	24	1	13	41	24.4
Valid responses =	45	27	109	65	8	5	168	98.2
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171

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Web Survevs

Total Pct.

Total Pct.

Total Pct. 96.4 🗖 3.6 🛛 98.2

Total Pct.

99.4

0.6

95.9

70.1

29.9

97.0

3.0 🛛

95.9

97.7

Freq. 117

50

167

22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages	(beer,	wine,	liquor,	etc.))
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					Trans/Ge	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	21	47	49	45	6	75	79	47.0	
3 Yes	24	53	60	55	2	25	89	53.0	
Valid responses =	45	27	109	65	8	5	168	98.2	
· · · · · · · · · · · · · · · · · · ·									

Invalid responses include no response.

22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis M	Cis Men			Trans/Gender Non-conforming		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	29	66	78	72	7	88	
3 Yes	15	34	31	28	1	13	
Valid responses =	44	26	109	65	8	5	
Invalid responses include no response.							

22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cocaine (coke, crack, etc.)					Trans/G	ender	
	Cis M	Cis Wo	men	Non-conforming		-	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.
0 No	42	98	104	96	8	100	159
3 Yes	1	2	4	4	0	0	5
Valid responses =	43	26	108	66	8	5	164
The set R d and a set of a set							

Invalid responses include no response.

22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men			men	Trans/G Non-con		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.
0 No	44	98	105	96	8	100	162
3 Yes	1	2	4	4	0	0	6
Valid responses =	45	27	109	65	8	5	168

Invalid responses include no response

22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis M	/len	Cis Wo	men	Trans/G Non-con		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.
0 No	44	100	105	99	8	100	163
3 Yes	0	0	1	1	0	0	1
Valid responses =	44	27	106	65	8	5	164
Invalid responses include no response.							

22A7) In your life, which of the following substances have you ever used? For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Inhalants	(nonners	nitrous	alue.	das.	paint thinner.	etc.)

innalants (poppers, nitrous, glue, gas, paint thinner, etc.)	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	tal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	44	98	105	97	8	100	161	96.4	
3 Yes	1	2	3	3	0	0	6	3.6 🛛	
Valid responses =	45	27	108	65	8	5	167	97.7	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

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May 18, 2025 FREQUENCY REPORT Number of Surveys (n) = 171

Web Surveys

22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs

just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

					Trans/G	enaer			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	43	96	104	95	8	100	160	95.2	
3 Yes	2	4	5	5	0	0	8	4.8 🗖	
Valid responses =	45	27	109	65	8	5	168	98.2	
Invalid responses include no response.									

22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

					Trans/G	ender			
	Cis M	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	41	91	99	92	7	88	152	91.0	
3 Yes	4	9	9	8	1	13	15	9.0 🗖	
Valid responses =	45	27	108	65	8	5	167	97.7	
Invalid responses include no response.									

22A10) In your life, which of the following substances have you ever used? For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin										
	Trans/Gender Cis Men Cis Women Non-conforming							Total		
						•				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No	45	100	108	100	8	100	167	100.0 💳		
3 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	45	27	108	65	8	5	167	97.7		
Invalid responses include no response										

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs

just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Wo	omen	Trans/G Non-con		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	44	98	109	100	8	100	166	98.8	
3 Yes	1	2	0	0	0	0	2	1.2	
Valid responses =	45	27	109	65	8	5	168	98.2	

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used? For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other									
					Trans/G	ender			
	Cis Men Cis Women Nor					Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	28	100	66	99	6	100	102	99.0	
3 Yes	0	0	1	2	0	0	1	1.0	
Valid responses =	28	27	67	65	6	6	103	60.2	
Invalid responses include no response									

Invalid responses include no response

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance) Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	3	27	9	35	1	100	13	31.7	
2 Once or twice	6	55	10	39	0	0	18	43.9	
3 Monthly	0	0	3	12	0	0	4	9.8	
4 Weekly	1	9	1	4	0	0	2	4.9 🗖	
6 Daily or almost daily	1	9	3	12	0	0	4	9.8	
Valid responses =	11	27	26	63	1	2	41	24.0	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 3455 Colesville Road, Suite 740

 Silver Spring, MD 20910
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171 Web Surveys

 www.acha.org
 Vertice Surveys (n) =
 171 Web Surveys

22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance) Alcoholic beverages (beer, wine, liquor, etc.)

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	8	7	12	1	50	10	11.2 💻
2 Once or twice	9	38	23	38	1	50	35	39.3
3 Monthly	5	21	17	28	0	0	22	24.7
4 Weekly	6	25	13	22	0	0	20	22.5
6 Daily or almost daily	2	8	0	0	0	0	2	2.2 🗖
Valid responses =	24	27	60	67	2	2	89	52.0
Invalid responses include no response.								

22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance) Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Trans/Gender									
	Cis M	/len	Cis Wo	men	Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	5	33	14	45	0	0	19	38.0		
2 Once or twice	5	33	7	23	1	100	15	30.0		
3 Monthly	2	13	4	13	0	0	6	12.0		
4 Weekly	2	13	2	7	0	0	5	10.0		
6 Daily or almost daily	1	7	4	13	0	0	5	10.0		
Valid responses =	15	30	31	62	1	2	50	29.2		
Invalid responses include no response.										

22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)	Trans/Gender									
	Cis Men		Cis Wo	Cis Women		Non-conforming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	1	100	3	75	0	0	4	80.0		
2 Once or twice	0	0	0	0	0	0	0	0.0		
3 Monthly	0	0	0	0	0	0	0	0.0		
4 Weekly	0	0	0	0	0	0	0	0.0		
6 Daily or almost daily	0	0	1	25	0	0	1	20.0 💻		
Valid responses =	1	20	4	80	0	0	5	2.9		
Invalid responses include no response.										

22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance) Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

					Trans/G	ender			
	Cis M	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	1	100	3	75	0	0	5	83.3	
2 Once or twice	0	0	1	25	0	0	1	16.7 📼	
3 Monthly	0	0	0	0	0	0	0	0.0	
4 Weekly	0	0	0	0	0	0	0	0.0	
6 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	1	17	4	67	0	0	6	3.5	
·									

Invalid responses include no response.

22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance) Methamphetamine (speed, crystal meth, ice, etc.)

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	0	0	1	100	0	0	1	100.0 🗖	
2 Once or twice	0	0	0	0	0	0	0	0.0	
3 Monthly	0	0	0	0	0	0	0	0.0	
4 Weekly	0	0	0	0	0	0	0	0.0	
6 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invalid responses include no response.									

22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance) Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	1	100	1	33	0	0	3	50.0		
2 Once or twice	0	0	2	67	0	0	2	33.3		
3 Monthly	0	0	0	0	0	0	0	0.0		
4 Weekly	0	0	0	0	0	0	1	16.7		
6 Daily or almost daily	0	0	0	0	0	0	0	0.0		
Valid responses =	1	17	3	50	0	0	6	3.5		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) = 1	171	Web	Surveys
www.acha.org				

22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance) Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	1	50	4	80	0	0	6	75.0		
2 Once or twice	1	50	1	20	0	0	2	25.0		
3 Monthly	0	0	0	0	0	0	0	0.0		
4 Weekly	0	0	0	0	0	0	0	0.0		
6 Daily or almost daily	0	0	0	0	0	0	0	0.0		
Valid responses =	2	25	5	63	0	0	8	4.7		
Invalid responses include no response.										

22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance) Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	tal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0 Never	2	50	7	78	1	100	11	73.3			
2 Once or twice	2	50	2	22	0	0	4	26.7			
3 Monthly	0	0	0	0	0	0	0	0.0			
4 Weekly	0	0	0	0	0	0	0	0.0			
6 Daily or almost daily	0	0	0	0	0	0	0	0.0			
Valid responses =	4	27	9	60	1	7	15	8.8			
Invalid responses include no response.											

22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance) Heroin

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0 Never	0	0	0	0	0	0	0	0.0			
2 Once or twice	0	0	0	0	0	0	0	0.0			
3 Monthly	0	0	0	0	0	0	0	0.0			
4 Weekly	0	0	0	0	0	0	0	0.0			
6 Daily or almost daily	0	0	0	0	0	0	0	0.0			
Valid responses =	0	0	0	0	0	0	0	0.0			
Invalid responses include no response.											

22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance) Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	1	100	0	0	0	0	2	100.0 🗖		
2 Once or twice	0	0	0	0	0	0	0	0.0		
3 Monthly	0	0	0	0	0	0	0	0.0		
4 Weekly	0	0	0	0	0	0	0	0.0		
6 Daily or almost daily	0	0	0	0	0	0	0	0.0		
Valid responses =	1	50	0	0	0	0	2	1.2		
Invalid responses include no response.										

22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance) Other

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	0	0	1	100	0	0	1	100.0	
2 Once or twice	0	0	0	0	0	0	0	0.0	
3 Monthly	0	0	0	0	0	0	0	0.0	
4 Weekly	0	0	0	0	0	0	0	0.0	
6 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invelid seeses include as seeses									

Invalid responses include no response.

22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No	0	0	1	100	0	0	1	100.0 🗖		
1 Yes	0	0	0	0	0	0	0	0.0		
99 Don't know	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	1	100	0	0	1	0.6		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association 8455 Colesville Road, Suite 740 May 18, 2025 FREQUENCY REPORT Silver Spring, MD 20910 (410) 859-1500 Number of Surveys (n) = 171 Web Survevs www.acha.org

22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance) Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Trans/Gender												
	Cis M	Cis Men			Non-con	forming	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.					
0 No	0	0	0	0	0	0	0	0.0					
1 Yes	0	0	0	0	0	0	0	0.0					
99 Don't know	0	0	0	0	0	0	0	0.0					
Valid responses =	0	0	0	0	0	0	0	0.0					

Invalid responses include no response

22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this sub

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men Cis Women				Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	0	0	0	0	0	0	0	0.0	
1 Yes	0	0	0	0	0	0	0	0.0	
99 Don't know	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
Invalid responses include no response.									

22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	1	100	1	100	0	0	2	100.0	
1 Yes	0	0	0	0	0	0	0	0.0	
99 Don't know	0	0	0	0	0	0	0	0.0	
Valid responses =	1	50	1	50	0	0	2	1.2	
Invalid reapanasa inaluda na reapanas									

Invalid responses include no response

22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months: dents who were prescribed this substance) (only includes stud

Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

					Trans/G	ender			
	Cis M	Cis Men				forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	0	0	0	0	0	0	0	0.0	
1 Yes	0	0	0	0	0	0	0	0.0	
99 Don't know	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months: (only includes students who were prescribed this substan

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

					Trans/G	ender		
	Cis M	Non-con	forming	Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	0	0	0	0	0	0.0
1 Yes	0	0	0	0	0	0	0	0.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

221) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

					Trans/G	ender			
	Cis Men Cis Women			Non-con	forming	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	0	0	0	0	0	0	0	0.0	
1 Yes	0	0	0	0	0	0	0	0.0	
99 Don't know	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
the set of									

Invalid responses include no response.

22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance) Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?

					I rans/G	ender			
	Cis Men Cis Women M					forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	0	0	0	0	0	0	0	0.0	
1 Yes	0	0	0	0	0	0	0	0.0	
99 Don't know	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
Invalid responses include no response.									

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American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

					Trans/G	ender				
	Cis M	Cis Men Cis Women					Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No	0	0	0	0	0	0	0	0.0		
1 Yes	0	0	0	0	0	0	0	0.0		
99 Don't know	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		

Invalid responses include no response.

22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	57	7	44	0	0	13	50.0
3 Once or twice	1	14	4	25	0	0	5	19.2
4 Monthly	0	0	1	6	0	0	1	3.8 🗖
5 Weekly	1	14	2	13	0	0	4	15.4 💻
6 Daily or almost daily	1	14	2	13	0	0	3	11.5 💻
Valid responses =	7	27	16	62	0	0	26	15.2
Invalid responses include no response.								

22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? (only includes students who have used this substance within the last 3 months)

Alcoholic	beverages	(beer,	wine,	liquor, e	tc.)

					Trans/G	ender		
	Cis I	Men	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	13	65	21	43	0	0	37	50.7
3 Once or twice	2	10	19	39	1	100	22	30.1
4 Monthly	1	5	4	8	0	0	5	6.8 🗖
5 Weekly	3	15	4	8	0	0	7	9.6
6 Daily or almost daily	1	5	1	2	0	0	2	2.7 🗖
Valid responses =	20	27	49	67	1	1	73	42.7
Invalid responses include no response.								

22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? (only includes students who have used this substance within the last 3 months) Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5	56	6	40	1	100	14	50.0
3 Once or twice	2	22	2	13	0	0	4	14.3 📖
4 Monthly	1	11	3	20	0	0	4	14.3 💶
5 Weekly	1	11	2	13	0	0	4	14.3 💭
6 Daily or almost daily	0	0	2	13	0	0	2	7.1 🗖
Valid responses =	9	32	15	54	1	4	28	16.4
Invalid responses include no response.								

22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? (only includes students who have used this substance within the last 3 months)

					Trans/G	ender			
	Cis I	Men	Cis Wo	men	Non-con	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	0	0	0	0	0	0	0	0.0	
3 Once or twice	0	0	0	0	0	0	0	0.0	
4 Monthly	0	0	0	0	0	0	0	0.0	
5 Weekly	0	0	0	0	0	0	0	0.0	
6 Daily or almost daily	0	0	1	100	0	0	1	100.0 🗖	
Valid responses =	0	0	1	100	0	0	1	0.6	
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American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

May 18, 2025 FREQUENCY REPORT Number of Surveys (n) =

171 Web

Surveys

22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months) Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Trans/Gender												
	Cis M	Cis Men		Cis Women		forming	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.					
0 Never	0	0	0	0	0	0	0	0.0					
3 Once or twice	0	0	1	100	0	0	1	100.0					
4 Monthly	0	0	0	0	0	0	0	0.0					
5 Weekly	0	0	0	0	0	0	0	0.0					
6 Daily or almost daily	0	0	0	0	0	0	0	0.0					
Valid responses =	0	0	1	100	0	0	1	0.6					

Invalid responses include no response.

22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? s students who have used this substance within the last 3 months) (only include Methamphetamine (speed, crystal meth, ice, etc.)

	Trans/Gender											
	Cis M	Cis Men Cis V			Non-con	forming	Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
0 Never	0	0	0	0	0	0	0	0.0				
3 Once or twice	0	0	0	0	0	0	0	0.0				
4 Monthly	0	0	0	0	0	0	0	0.0				
5 Weekly	0	0	0	0	0	0	0	0.0				
6 Daily or almost daily	0	0	0	0	0	0	0	0.0				
Valid responses =	0	0	0	0	0	0	0	0.0				

Invalid responses include no response.

22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? (only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	0	0	2	100	0	0	2	66.7	
3 Once or twice	0	0	0	0	0	0	1	33.3	
4 Monthly	0	0	0	0	0	0	0	0.0	
5 Weekly	0	0	0	0	0	0	0	0.0	
6 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	2	67	0	0	3	1.8	
Invelid seeses include as seeses									

Invalid responses include no response.

22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? (only includ (only includes students who have used this substance within the last 3 months) Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

					Trans/G	ender			
	Cis I	Cis Men		Cis Women		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	0	0	1	100	0	0	1	50.0 🗖	
3 Once or twice	0	0	0	0	0	0	0	0.0	
4 Monthly	0	0	0	0	0	0	0	0.0	
5 Weekly	0	0	0	0	0	0	0	0.0	
6 Daily or almost daily	1	100	0	0	0	0	1	50.0	
Valid responses =	1	50	1	50	0	0	2	1.2	
·									

Invalid responses include no response.

22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? ents who have used this substance within the last 3 month (only includ Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Trans/Gender										
	Cis I	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0 Never	1	100	2	100	0	0	3	100.0 💳			
3 Once or twice	0	0	0	0	0	0	0	0.0			
4 Monthly	0	0	0	0	0	0	0	0.0			
5 Weekly	0	0	0	0	0	0	0	0.0			
6 Daily or almost daily	0	0	0	0	0	0	0	0.0			
Valid responses =	1	33	2	67	0	0	3	1.8			

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org

May 18, 2025 FREQUENCY REPORT Number of Surveys (n) = 171 Web Surveys

22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? (only includes students who have used this substance within the last 3 months) Heroin

	Cis I	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
the set Reference on a set of the design of the set of								

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includ nts who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.] .

	Cis Men Cis Women			men	Non-con	forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	0	0	0	0	0	0	0	0.0	
3 Once or twice	0	0	0	0	0	0	0	0.0	
4 Monthly	0	0	0	0	0	0	0	0.0	
5 Weekly	0	0	0	0	0	0	0	0.0	
6 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
Invelid seesene include as seenene									

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? (only includes students who have used this substance within the last 3 months) Other

	Trans/Gender											
	Cis Men Cis Women			Non-con	forming	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
0 Never	0	0	0	0	0	0	0	0.0				
3 Once or twice	0	0	0	0	0	0	0	0.0				
4 Monthly	0	0	0	0	0	0	0	0.0				
5 Weekly	0	0	0	0	0	0	0	0.0				
6 Daily or almost daily	0	0	0	0	0	0	0	0.0				
Valid responses =	0	0	0	0	0	0	0	0.0				
Invalid responses include no response.												

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? (only includes students who have used this substance within the last 3 months) Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Traits/Gender											
	Cis Men		Cis Wo	men	Non-con	forming	То	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
0 Never	7	88	16	94	0	0	26	92.9				
4 Once or twice	0	0	0	0	0	0	0	0.0				
5 Monthly	0	0	0	0	0	0	0	0.0				
6 Weekly	0	0	1	6	0	0	1	3.6 🗖				
7 Daily or almost daily	1	13	0	0	0	0	1	3.6 🗖				
Valid responses =	8	29	17	61	0	0	28	16.4				
Invalid responses include no response.												

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? (only includes students who have used this substance within the last 3 months) Alcoholic beverages (beer, wine, liquor, etc.)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	21	96	51	96	1	100	76	96.2		
4 Once or twice	0	0	1	2	0	0	1	1.3 I		
5 Monthly	0	0	1	2	0	0	1	1.3		
6 Weekly	1	5	0	0	0	0	1	1.3		
7 Daily or almost daily	0	0	0	0	0	0	0	0.0		
Valid responses =	22	28	53	67	1	1	79	46.2		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740

Silver Spring, MD 20910 (410) 859-1500

www.acha.org

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171 Web Surveys

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? (only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Trans/Gender										
	Cis Men		Cis Women		Non-con	forming	То	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0 Never	9	90	17	100	1	100	29	93.5			
4 Once or twice	1	10	0	0	0	0	2	6.5 🗖			
5 Monthly	0	0	0	0	0	0	0	0.0			
6 Weekly	0	0	0	0	0	0	0	0.0			
7 Daily or almost daily	0	0	0	0	0	0	0	0.0			
Valid responses =	10	32	17	55	1	3	31	18.1			
Invalid responses include no response.											

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? (only includes students who have used this substance within the last 3 months) Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	0	0	0	0	0	0	0	0.0	
4 Once or twice	0	0	1	100	0	0	1	100.0 🗖	
5 Monthly	0	0	0	0	0	0	0	0.0	
6 Weekly	0	0	0	0	0	0	0	0.0	
7 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invalid responses include no response.									

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? (only includes students who have used this substance within the last 3 months) Prescription stimulants (Ritalin, Concerta, Devedring, Addreall, diet allocation and the substance)

rescription stimulants	(Ritalin, Con	certa, Dexedrine	e, Adderall, (diet pills, etc.)) [Please repor	t nonmedical us	se only.	
						_		

					Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-con	forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	0	0	1	100	0	0	1	100.0 🗖	
4 Once or twice	0	0	0	0	0	0	0	0.0	
5 Monthly	0	0	0	0	0	0	0	0.0	
6 Weekly	0	0	0	0	0	0	0	0.0	
7 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invalid responses include no response.									

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months) Methamphetamine (speed, crystal meth, ice, etc.)

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Income Ball and an annual of the sheat of the second second								

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? ents who have used this substance within the last 3 months) (only includes stu Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

					Trans/G	ender			
	Cis I	Men	Cis Wo	Cis Women Non-co			Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	0	0	2	100	0	0	3	100.0	
4 Once or twice	0	0	0	0	0	0	0	0.0	
5 Monthly	0	0	0	0	0	0	0	0.0	
6 Weekly	0	0	0	0	0	0	0	0.0	
7 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	2	67	0	0	3	1.8	
Invelid seenenee include as seenenee									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? (only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

					Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-con	forming	т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	1	100	1	100	0	0	2	100.0	
4 Once or twice	0	0	0	0	0	0	0	0.0	
5 Monthly	0	0	0	0	0	0	0	0.0	
6 Weekly	0	0	0	0	0	0	0	0.0	
7 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	1	50	1	50	0	0	2	1.2	
Invalid responses include no response.									

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? (only includes students who have used this substance within the last 3 months) Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

					Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-con	forming	т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	2	100	2	100	0	0	4	100.0 🗖	
4 Once or twice	0	0	0	0	0	0	0	0.0	
5 Monthly	0	0	0	0	0	0	0	0.0	
6 Weekly	0	0	0	0	0	0	0	0.0	
7 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	2	50	2	50	0	0	4	2.3	
Invalid responses include no response.									

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? (only includes students who have used this substance within the last 3 months) Heroin

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
levelid responses include as responses								

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? (only includes students who have used this substance within the last 3 months) Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

					Trans/G	ender		
	Cis N	len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? (only includes students who have used this substance within the last 3 months) Other

					Trans/G	ender		
	Cis M	/len	Cis Wo	omen	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? (only includes students who have used this substance within the last 3 months)

					Trans/Gender Non-conforming			Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	21	96	50	94	1	100	75	94.9		
5 Once or twice	0	0	2	4	0	0	2	2.5 🛛		
6 Monthly	0	0	0	0	0	0	0	0.0		
7 Weekly	0	0	1	2	0	0	1	1.3		
8 Daily or almost daily	1	5	0	0	0	0	1	1.3		
Valid responses =	22	28	53	67	1	1	79	46.2		
Invalid responses include no response.										

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? (only include es students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

					Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	9	90	17	100	1	100	29	93.5	
5 Once or twice	1	10	0	0	0	0	2	6.5 🗖	
6 Monthly	0	0	0	0	0	0	0	0.0	
7 Weekly	0	0	0	0	0	0	0	0.0	
8 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	10	32	17	55	1	3	31	18.1	
Invalid responses include no response.									

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? (only includes students who have used this substance within the last 3 months)

Cocaine	(coke,	crack,	etc.)

	Cis I	/len	Cis Wo	men	Trans/G Non-con		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	0	0	0	0	0	0	0	0.0	
5 Once or twice	0	0	1	100	0	0	1	100.0	
6 Monthly	0	0	0	0	0	0	0	0.0	
7 Weekly	0	0	0	0	0	0	0	0.0	
8 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invalid responses include no response.									

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? (only includes students who have used this substance within the last 3 months) Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	1	100	0	0	1	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.6
Invalid responses include no response.								

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? ents who have used this substance within the last 3 months) (only include Methamphetamine (speed, crystal meth, ice, etc.)

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? (only includes students who have used this substance within the last 3 months) Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis	Men	Cis Wo	omen	Trans/G Non-con		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	0	0	2	100	0	0	3	100.0	
5 Once or twice	0	0	0	0	0	0	0	0.0	
6 Monthly	0	0	0	0	0	0	0	0.0	
7 Weekly	0	0	0	0	0	0	0	0.0	
8 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	2	67	0	0	3	1.8	
Invalid responses include no response.									

22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? (only include es students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

					Trans/G	ender			
	Cis I	/len	Cis Wo	men	Non-con	forming	т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	1	100	1	100	0	0	2	100.0 💳	
5 Once or twice	0	0	0	0	0	0	0	0.0	
6 Monthly	0	0	0	0	0	0	0	0.0	
7 Weekly	0	0	0	0	0	0	0	0.0	
8 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	1	50	1	50	0	0	2	1.2	
Invalid responses include no response.									

22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? (only includes students who have used this substance within the last 3 months) Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

					Trans/G	ender			
	Cis I	Men	Cis Wo	men	Non-con	forming	т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	2	100	2	100	0	0	4	100.0	
5 Once or twice	0	0	0	0	0	0	0	0.0	
6 Monthly	0	0	0	0	0	0	0	0.0	
7 Weekly	0	0	0	0	0	0	0	0.0	
8 Daily or almost daily	0	0	0	0	0	0	0	0.0	
Valid responses =	2	50	2	50	0	0	4	2.3	
Invalid responses include no response.									

22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? (only includes students who have used this substance within the last 3 months) Heroin

	Cis I	Men	Cis Wo	men	Trans/G Non-con		Тс	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	0	0	0	0	0	0	0	0.0		
5 Once or twice	0	0	0	0	0	0	0	0.0		
6 Monthly	0	0	0	0	0	0	0	0.0		
7 Weekly	0	0	0	0	0	0	0	0.0		
8 Daily or almost daily	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		
Involid responses include no response										

Invalid responses include no response.

22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? ents who have used this substance within the last 3 months) (only includes stu

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months) Other

	Cis I	Тс	Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

					Trans/G	ender			
	Cis M	/len	Cis Wo	omen	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No, Never	9	82	24	92	1	100	37	90.2	
3 Yes, not in the past 3 months	2	18	2	8	0	0	4	9.8 🗖	
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0	
Valid responses =	11	27	26	63	1	2	41	24.0	

Invalid responses include no response.

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

					Trans/G	ender			
	Cis M	/len	Cis Wo	omen	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No, Never	21	88	54	92	2	100	80	90.9	
3 Yes, not in the past 3 months	2	8	5	9	0	0	7	8.0 🗖	
6 Yes, in the past 3 months	1	4	0	0	0	0	1	1.1 📕	
Valid responses =	24	27	59	67	2	2	88	51.5	
Invested as a second se									

Invalid responses include no response.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

					Trans/G	ender			
	Cis M	len	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No, Never	13	87	27	87	1	100	44	88.0	
3 Yes, not in the past 3 months	2	13	4	13	0	0	6	12.0 🗖	
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0	
Valid responses =	15	30	31	62	1	2	50	29.2	

Total Pct.

80.0 🗖

0.0

2.9

20.0 🗖

Freq

4

0

1

5

Invalid responses include no response.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)? (only includes students who have ever used this substance) Cocaine (coke, crack, etc.)

Cocaine (coke, crack, etc.)						
	Cis N	/len	Cis Wo	men	Trans/G Non-con	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1	100	3	75	0	0
3 Yes, not in the past 3 months	0	0	0	0	0	0
6 Yes, in the past 3 months	0	0	1	25	0	0
Valid responses =	1	20	4	80	0	0

Valid responses =

Invalid responses include no response.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)? (only includes students who have ever used this substance) .. .

Prescription stimulants (Ritalin, Cor	ncerta, Dexec	Irine, Adderall	, diet pills, etc.) [Please report nonme	dical use	only.	1

• • • • • •	Cis I	Vien	Cis Wo	omen	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1	100	3	75	0	0	5	83.3
3 Yes, not in the past 3 months	0	0	1	25	0	0	1	16.7 🔲
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	1	17	4	67	0	0	6	3.5
Invalid responses include no response								

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171 Web Surveys

22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance) Methamphetamine (speed, crystal meth, ice, etc.)

	Cis I	Cis Men		Cis Women		Trans/Gender Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No, Never	0	0	0	0	0	0	0	0.0	
3 Yes, not in the past 3 months	0	0	1	100	0	0	1	100.0 🗖	
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
• • • • • • • • • •									

Invalid responses include no response

22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)? this sul (only incl ever used Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

					Trans/G	ender			
	Cis	Men	Cis Wo	men	Non-con	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No, Never	1	100	3	100	0	0	6	100.0	
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0	
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0	
Valid responses =	1	17	3	50	0	0	6	3.5	

Invalid responses include no response.

22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)? (only includes students who have ever used this substance

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

					Trans/G	enaer		
	Cis I	Men	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1	50	3	60	0	0	5	62.5
3 Yes, not in the past 3 months	1	50	2	40	0	0	3	37.5
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	2	25	5	63	0	0	8	4.7
Invalid responses include no response								

Invalid responses include no response.

22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance) Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

					Trans/Ge	ender			
	Cis I	Men	Cis Wo	men	Non-conf	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No, Never	4	100	9	100	1	100	15	100.0	
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0	
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0	
Valid responses =	4	27	9	60	1	7	15	8.8	

Invalid responses include no response.

22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)? (only includes students who have ever used this substance)

Heroin

					Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No, Never	0	0	0	0	0	0	0	0.0	
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0	
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
Invalid responses include no response.									

22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Trans/Gender											
	Cis Men		Cis Women		Non-conforming		Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
0 No, Never	1	100	0	0	0	0	2	100.0 💳				
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0				
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0				
Valid responses =	1	50	0	0	0	0	2	1.2				
Invalid responses include no response.												

American College Health Association-National College Health Assessment (ACHA-NCHA III) Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association

8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org

May 18, 2025 FREQUENCY REPORT Number of Surveys (n) = 171 Web Surveys

Number of Surveys (n) = 1/1 Web

22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance) Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	0	0	1	100	0	0	1	100.0
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.6

Invalid responses include no response.

2201) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance) Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	I rans/Gender											
	Cis Men		Cis Wo	men	Non-conforming		Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
0 No, Never	9	82	21	81	1	100	34	82.9				
3 Yes, not in the past 3 months	2	18	1	4	0	0	3	7.3 🗖				
6 Yes, in the past 3 months	0	0	4	15	0	0	4	9.8 🗖				
Valid responses =	11	27	26	63	1	2	41	24.0				
Invalid responses include no response.												

2202) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance) Alcoholic beverages (beer, wine, liquor, etc.)

	Trans/Gender											
	Cis Men		Cis Women		Non-conforming		Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
0 No, Never	22	92	55	93	2	100	82	93.2				
3 Yes, not in the past 3 months	1	4	1	2	0	0	2	2.3				
6 Yes, in the past 3 months	1	4	3	5	0	0	4	4.5 🗖				
Valid responses =	24	27	59	67	2	2	88	51.5				
Invalid reasonance include no reasonance												

Invalid responses include no response

22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance) Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	I rans/Gender											
	Cis Men		Cis Women		Non-conforming		Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
0 No, Never	13	87	27	87	1	100	43	86.0				
3 Yes, not in the past 3 months	1	7	2	7	0	0	3	6.0 🗖				
6 Yes, in the past 3 months	1	7	2	7	0	0	4	8.0 🗖				
Valid responses =	15	30	31	62	1	2	50	29.2				
Invalid responses include no response.												

2204) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocame (coke, crack, etc.)	Trans/Gender								
	Cis Men		Cis Women Non-confor		forming	ning Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No, Never	1	100	3	75	0	0	4	80.0	
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0	
6 Yes, in the past 3 months	0	0	1	25	0	0	1	20.0 💶	
Valid responses =	1	20	4	80	0	0	5	2.9	

Invalid responses include no response.

2205) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance) Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Trans/Gender											
	Cis Men		Cis Women		Non-conforming		Тс	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
0 No, Never	1	100	3	75	0	0	5	83.3				
3 Yes, not in the past 3 months	0	0	1	25	0	0	1	16.7 💻				
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0				
Valid responses =	1	17	4	67	0	0	6	3.5				
here Balance and a final state of a second state of the												

Invalid responses include no response.

2206) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance) Methamphetamine (speed, crystal meth, ice, etc.)

Trans/Gender										
Cis Men		Cis Women		Non-conforming		т	otal			
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0	0	1	100	0	0	1	100.0			
0	0	0	0	0	0	0	0.0			
0	0	0	0	0	0	0	0.0			
0	0	1	100	0	0	1	0.6			
				Freq. Pct. Freq. Pct. 0 0 1 100 0 0 0 0 0 0 0 0 0 0 0 0	Cis Men Cis Women Non-com Freq. Pct. Freq. Pct. Freq. 0 0 1 100 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Cis Men Cis Women Non-conforming Freq. Pct. Freq. Pct. Freq. Pct. 0 0 1 100 <	Cis Men Cis Women Non-conforming T Freq. Pct. Freq. Pct. Freq. Pct. Freq. 0 0 1 100 0 1 10 0 1 0	Cis Men Cis Women Non-conforming Total Freq. Pct. Freq. Pct. Freq. Pct. 0 0 1 100 0 1 100.0 0 0 0 0 0 0 0 0 0 0		

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740

 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171 Web
 Surveys

 www.acha.org
 Surveys
 Surveys
 Surveys

2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance) Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Wo	men	Trans/G Non-con		т		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No, Never	1	100	3	100	0	0	6	100.0 🗖	
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0	
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0	
Valid responses =	1	17	3	50	0	0	6	3.5	

Invalid responses include no response.

2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance) Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Trans/Gender											
	Cis Men		Cis Women		Non-conforming		То	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
0 No, Never	1	50	4	80	0	0	6	75.0				
3 Yes, not in the past 3 months	1	50	1	20	0	0	2	25.0				
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0				
Valid responses =	2	25	5	63	0	0	8	4.7				
Invalid responses include no response.												

2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance) Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0 No, Never	4	100	9	100	1	100	15	100.0 🗖			
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0			
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0			
Valid responses =	4	27	9	60	1	7	15	8.8			

Invalid responses include no response.

22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance) Heroin

	Trans/Gender											
	Cis M	Cis Wo	omen	Non-con	forming	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
0 No, Never	0	0	0	0	0	0	0	0.0				
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0				
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0				
Valid responses =	0	0	0	0	0	0	0	0.0				
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Invalid responses include no response.

22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance) Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

					Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-con	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No, Never	1	100	0	0	0	0	2	100.0 💳	
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0	
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0	
Valid responses =	1	50	0	0	0	0	2	1.2	
Invalid responses include no response.									

22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance) Other

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		T	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	0	0	1	100	0	0	1	100.0		
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0		
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	1	100	0	0	1	0.6		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740

 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171
 Web
 Surveys

22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No, Never	24	100	63	100	3	100	94	100.0 💻	
1 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0	
2 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0	
Valid responses =	24	26	63	67	3	3	94	55.0	
Invalid responses include no response.									

22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have used drugs by injection within the last 3 months)

	Cis M	/len	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	0	0	0	0	0	0	0	0.0
1 More than once per week	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Cigarettes

					Trans/G	enuer			
	Cis N	len	Cis Wo	men	Non-con	forming	То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	4	50	10	59	0	0	16	57.1	
2 Yes	4	50	7	41	0	0	12	42.9	
Valid responses =	8	29	17	61	0	0	28	16.4	
· · · · · · · · · · · · · · · · · · ·									

Invalid responses include no response.

23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) E-cigarettes or other vape products (for example: Juul, etc.)

	I rans/Gender										
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	2	25	5	29	0	0	9	32.1			
2 Yes	6	75	12	71	0	0	19	67.9			
Valid responses =	8	29	17	61	0	0	28	16.4			
Invalid responses include no response.											

23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Water pipe or hookah

					Trans/G	enaer			
	Cis I	/len	Cis Wo	men	Non-con	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8	100	17	100	0	0	28	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	8	29	17	61	0	0	28	16.4	
Invalid responses include no response.									

23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Chewing or smokeless tobacco

		-	.		Trans/G		_		
	Cis I	Cis Men		Cis Women		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8	100	17	100	0	0	28	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	8	29	17	61	0	0	28	16.4	

Invalid responses include no response.

23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Cigars or little cigars

					Trans/G	ender			
	Cis M	Men	Cis Wo	men	Non-con	forming	Тс	tal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	7	88	16	94	0	0	26	92.9	
2 Yes	1	13	1	6	0	0	2	7.1 🗖	
Valid responses =	8	29	17	61	0	0	28	16.4	

Invalid responses include no response.

23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Other

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	86	11	100	0	0	19	95.0
2 Yes	1	14	0	0	0	0	1	5.0 🗖
Valid responses =	7	35	11	55	0	0	20	11.7
. Investid waaraana include wa waaraana								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

UNIVERSITY OF CALIFORNIA RIVERSIDE Institutional Data Report - Spring 2025 American College Health Association

8455 Colesville Road, Suite 740 May 18, 2025 Silver Spring, MD 20910 FREQUENCY REPORT (410) 859-1500 Number of Surveys (n) = 171 Web www.acha.org

Surveys

24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Trans/Gender									
	Cis M	Cis Women		Non-conforming		То	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	29	64	70	64	7	88	109	64.9		
2 Within the last 2 weeks	7	16	12	11	0	0	20	11.9 💻		
3 More than 2 weeks but within 30 days	1	2	2	2	0	0	4	2.4		
4 More than 30 days but within 3 months	2	4	4	4	0	0	7	4.2 🗖		
5 More than 3 months but within 12 months	0	0	8	7	1	13	9	5.4 🗖		
6 More than 12 months ago	6	13	13	12	0	0	19	11.3 💻		
Valid responses =	45	27	109	65	8	5	168	98.2		
Invalid responses include no response.										

25A) When, if ever, was the last time you drank alcohol?

25A) When, if ever, was the last time you drank alcohol?					Trans/G	ender		
	Cis I	Cis Men		Cis Women Non		forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	16	36	39	36	5	63	64	38.1
2 Within the last 2 weeks	13	29	34	32	0	0	49	29.2
3 More than 2 weeks but within 30 days	4	9	7	7	0	0	12	7.1 📩
4 More than 30 days but within 3 months	5	11	13	12	1	13	19	11.3
5 More than 3 months but within 12 months	6	13	10	9	1	13	17	10.1 💶
6 More than 12 months ago	1	2	5	5	1	13	7	4.2 🗖
Valid responses =	45	27	108	64	8	5	168	98.2
Invalid responses include no response.								

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months) Did you get drunk?

	Cia	Cio Wo		Trans/G		та	otal	
	Cis Men				Non-conforming			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	68	38	70	1	100	57	71.3
2 Yes	7	32	16	30	0	0	23	28.8
Valid responses =	22	28	54	68	1	1	80	46.8
Invelid sees an and include the seesance								

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months) Did you intend to get drunk?

	Cis I	Trans/Gender Cis Women Non-conforming				Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	64	33	61	1	100	51	63.8
2 Yes	8	36	21	39	0	0	29	36.3
Valid responses =	22	28	54	68	1	1	80	46.8
Investid responses include the responses								

Invalid responses include no response.

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink. (only includes students who drank alcohol within the last 3 months) The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

					Trans/G	ender		
	Cis M	Cis Men		Cis Women		forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Drinks	1	5	1	2	0	0	2	2.6 🗖
1 to 2 Drinks	12	55	30	58	1	100	45	58.4
3 to 4 Drinks	3	14	12	23	0	0	15	19.5 💻
5 to 6 Drinks	2	9	8	15	0	0	10	13.0 💻
7 to 8 Drinks	2	9	1	2	0	0	3	3.9 🗖
9 to 10 Drinks	0	0	0	0	0	0	0	0.0
11 or More Drinks	2	9	0	0	0	0	2	2.6
otal	22	29	52	68	1	1	77	45.0
Invalid responses include no response.								

	Mean	Median	Std Dev	Min	Max
Cis Men	3.52	2.00	3.64	0	14
Cis Women	2.50	2.00	1.72	0	7
Trans/Gender Non-conforming	2.00	2.00		2	2
Overall	2.76	2.00	2.43	0	14

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink. (only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Trans/Gender								
		Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours		3	14	1	2	0	0	4	5.3 🗖
1 1 to 2 Hours		13	59	29	58	1	100	44	58.7
2 3 to 4 Hours		5	23	13	26	0	0	19	25.3
3 5 to 6 Hours		0	0	6	12	0	0	6	8.0 🗖
4 7 to 8 Hours		1	5	0	0	0	0	1	1.3 🛛
5 9 to 10 Hours		0	0	0	0	0	0	0	0.0
6 11 or More Hours		0	0	1	2	0	0	1	1.3 🛛
Total		22	29	50	67	1	1	75	43.9
Invalid responses include no response.									
	Mean	N	ledian	s	td Dev	M	lin	M	ax
Cis Men	2.11		2.00		1.69		0		7
Cis Women	2.83		2.00		3.37		0		24
Trans/Gender Non-conforming	2.00		2.00				2		2
Overall	2.59		2.00		2.91		0		24

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting? (only includes students who drank alcohol within the last 2 weeks)

	Trans/Gender									
	Cis M	llen	Cis Wo	men	Non-conforming		То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 None	8	62	18	53	0	0	28	57.1		
2 1 time	2	15	9	27	0	0	11	22.4		
3 2 times	2	15	5	15	0	0	7	14.3 🔲		
4 3 times	0	0	1	3	0	0	1	2.0		
5 4 times	1	8	0	0	0	0	1	2.0		
6 5 times	0	0	0	0	0	0	0	0.0		
7 6 times	0	0	1	3	0	0	1	2.0		
8 7 times	0	0	0	0	0	0	0	0.0		
9 8 times	0	0	0	0	0	0	0	0.0		
10 9 times	0	0	0	0	0	0	0	0.0		
11 10 or more times	0	0	0	0	0	0	0	0.0		
Total	13	27	34	69	0	0	49	28.7		
Invalid responses include no response.										

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Did something I later regretted

	Trans/Gender										
	Cis M	Cis Men		Cis Women Non-co		forming	То	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	26	93	54	84	2	100	85	87.6			
2 Yes	2	7	10	16	0	0	12	12.4 🗖			
Valid responses =	28	29	64	66	2	2	97	56.7			

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Trans/Gender									
	Cis Men		Cis Women Nor		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	25	89	60	94	2	100	90	92.8		
2 Yes	3	11	4	6	0	0	7	7.2 🗖		
Valid responses =	28	29	64	66	2	2	97	56.7		
Invalid responses include no response.										

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	26	93	56	88	2	100	87	89.7		
2 Yes	2	7	8	13	0	0	10	10.3 🗖		
Valid responses =	28	29	64	66	2	2	97	56.7		
Invalid responses include no response.										

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Got in trouble with the police

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	28	100	64	100	2	100	97	100.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	28	29	64	66	2	2	97	56.7		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171 Web
 Surveys

 www.acha.org
 Surveys
 Surveys
 Surveys

29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Got in trouble with college/university authorities

	Trans/Gender									
	Cis Men		Cis Women Non-co		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	28	100	64	100	2	100	97	100.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	28	29	64	66	2	2	97	56.7		
Invalid responses include no response.										

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Someone had sex with me without my consent

	Trans/Gender									
	Cis M	len	Cis Wo	men	Non-con	forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	28	100	60	98	2	100	93	98.9 💻		
2 Yes	0	0	1	2	0	0	1	1.1 🖡		
Valid responses =	28	30	61	65	2	2	94	55.0		

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Had sex with someone without their consent

	Trais/Genuer									
	Cis M	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	28	100	64	100	2	100	97	100.0 🗖		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	28	29	64	66	2	2	97	56.7		

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Had unprotected sex

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	27	96	62	97	2	100	94	96.9 🗖		
2 Yes	1	4	2	3	0	0	3	3.1 🛛		
Valid responses =	28	29	64	66	2	2	97	56.7		
Invalid responses include no response.										

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Physically injured myself

	I rans/Gender								
	Cis Men		Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	26	93	61	95	2	100	92	94.8	
2 Yes	2	7	3	5	0	0	5	5.2 🗖	
Valid responses =	28	29	64	66	2	2	97	56.7	
Invalid responses include no response.									

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Physically injured another person

	I rans/Gender									
	Cis M	/len	Cis Wo	men	Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	28	100	64	100	2	100	97	100.0 🗖		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	28	29	64	66	2	2	97	56.7		
Invalid responses include no response.										

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Seriously considered suicide

	Cis M	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	27	96	63	98	2	100	95	97.9 💻	
2 Yes	1	4	1	2	0	0	2	2.1 🛛	
Valid responses =	28	29	64	66	2	2	97	56.7	

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Needed medical help

	I rans/Gender								
	Cis M	llen	Cis Wo	omen	Non-con	forming	T	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	28	100	64	100	2	100	97	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	28	29	64	66	2	2	97	56.7	
Invalid responses include no response									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740

 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171
 Web
 Surveys

30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 day	s AND drov	ve a car	within the	last 30 d	days)				
					Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11	73	35	97	0	0	48	90.6	
2 Yes	4	27	1	3	0	0	5	9.4 🗖	
Valid responses =	15	28	36	68	0	0	53	31.0	

Invalid responses include no response.

30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis M	Cis Men		men	Non-con	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Alcohol use did not affect academic performance	28	100	64	100	2	100	97	100.0	
2 Alcohol use negatively impacted performance in class	0	0	0	0	0	0	0	0.0	
3 Alcohol use delayed progress towards degree	0	0	0	0	0	0	0	0.0	
Valid responses =	28	29	64	66	2	2	97	56.7	
have the second and the second s									

Invalid responses include no response.

31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana? (only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis I	Cis Men			Trans/G Non-con		то	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	88	9	75	0	0	17	81.0
2 Yes	1	13	3	25	0	0	4	19.0 🔲
Valid responses =	8	38	12	57	0	0	21	12.3

Invalid responses include no response.

31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance? (only includes students who used cannabis within the last 12 months)

	Trans/Gender									
	Cis Men		Cis Wo	men	Non-con	forming	T	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Marijuana use did not affect academic performance	10	100	26	100	1	100	39	100.0		
2 Marijuana use negatively impacted performance in class	0	0	0	0	0	0	0	0.0		
3 Marijuana use delayed progress towards degree	0	0	0	0	0	0	0	0.0		
Valid responses =	10	26	26	67	1	3	39	22.8		
Invalid responses include no response.										

32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women N		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	29	100	71	99	3	100	106	99.1 💻	
2 Yes	0	0	1	1	0	0	1	0.9	
Valid responses =	29	27	72	67	3	3	107	62.6	
have below and a standard and a second standard									

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

33A) When, if ever, was the last time you had: Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	25	56	63	58	5	63	95	56.9
2 Within the last 2 weeks	7	16	23	21	0	0	32	19.2
3 More than 2 weeks but within 30 days	4	9	8	7	0	0	12	7.2 🗖
4 More than 30 days but within 3 months	2	4	2	2	2	25	6	3.6 🗖
5 More than 3 months but within 12 months	4	9	5	5	0	0	10	6.0 🗖
6 More than 12 months ago	3	7	7	7	1	13	12	7.2 🗖
Valid responses =	45	27	108	65	8	5	167	97.7
Invalid responses include no response.								

33B) When, if ever, was the last time you had: Vaginal intercourse (penis in vagina)?

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	25	56	65	60	6	75	99	59.3		
2 Within the last 2 weeks	9	20	26	24	1	13	36	21.6		
3 More than 2 weeks but within 30 days	2	4	9	8	0	0	11	6.6 🗖		
4 More than 30 days but within 3 months	2	4	2	2	1	13	6	3.6 🗖		
5 More than 3 months but within 12 months	4	9	5	5	0	0	10	6.0 🗖		
6 More than 12 months ago	3	7	1	1	0	0	5	3.0 🗖		
Valid responses =	45	27	108	65	8	5	167	97.7		

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171 Web

Surveys

33C) When, if ever, was the last time you had:

www.acha.org

	Trans/Gender Cis Men Cis Women Non-conforming Total									
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	41	91	98	92	8	100	150	90.4		
2 Within the last 2 weeks	0	0	2	2	0	0	3	1.8		
3 More than 2 weeks but within 30 days	0	0	0	0	0	0	0	0.0		
4 More than 30 days but within 3 months	0	0	2	2	0	0	2	1.2		
5 More than 3 months but within 12 months	3	7	1	1	0	0	5	3.0		
6 More than 12 months ago	1	2	4	4	0	0	6	3.6 🗖		
Valid responses =	45	27	107	64	8	5	166	97.1		
Invalid responses include no response.										

34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse? (only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Trans/Gender									
	Cis Men		Cis Wo	men	Non-con	forming	То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 0 Partners	0	0	0	0	0	0	0	0.0		
1 1 Partner	13	68	43	92	2	100	58	81.7		
2 2 Partners	3	16	2	4	0	0	5	7.0 🗖		
3 3 Partners	0	0	1	2	0	0	3	4.2		
4 Partners	1	5	1	2	0	0	2	2.8		
5 Partners	1	5	0	0	0	0	2	2.8		
6 Partners	0	0	0	0	0	0	0	0.0		
7 Partners	0	0	0	0	0	0	0	0.0		
8 to 10 Partners	0	0	0	0	0	0	0	0.0		
11 or More Partners	1	5	0	0	0	0	1	1.4 🛛		
/alid responses =	19	27	47	66	2	3	71	41.5		
Invalid responses include no response.										

	Mean	Median	Std Dev	Min	Max
Cis Men	3.00	1.00	6.39	1	29
Cis Women	1.15	1.00	0.55	1	4
Trans/Gender Non-conforming	1.00	1.00	0	1	1
Overall	1 75	1 00	34	1	29

35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Women or females Trans/Gender

					114115/0	enuer		
	Cis M	/len	Cis Wo	omen	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	5	45	98	2	100	50	71.4
2 Yes	18	95	1	2	0	0	20	28.6
Valid responses =	19	27	46	66	2	3	70	40.9
Invalid responses include no response								

Invalid responses include no response.

35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Men or males

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	90	2	4	0	0	19	26.8
2 Yes	2	11	45	96	2	100	52	73.2
Valid responses =	19	27	47	66	2	3	71	41.5
Invalid responses include no response.								

35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Trans women Trans/Gender

					Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-con	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	19	100	46	100	2	100	70	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	19	27	46	66	2	3	70	40.9	
Invalid responses include no response.									

35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Trans men Trans/Conder

					Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	19	100	46	100	2	100	68	97.1 💻	
2 Yes	0	0	0	0	0	0	2	2.9 🛛	
Valid responses =	19	27	46	66	2	3	70	40.9	
Invalid reasonance include no reasonance									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT
 171
 Web

 (410) 859-1500
 Number of Surveys (n) =
 171
 Web
 Surveys

35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Genderqueer

	Trans/Gender Cis Men Cis Women Non-conforming Total									
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	18	95	46	100	2	100	67	98.5		
2 Yes	1	5	0	0	0	0	1	1.5		
Valid responses =	19	28	46	68	2	3	68	39.8		
· · · · · · · ·										

. Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Person(s) with another identity Trans/Gender

					Trans/G	ender			
	Cis I	/len	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	18	95	45	98	2	100	67	95.7	
2 Yes	1	5	1	2	0	0	3	4.3 🛛	
Valid responses =	19	27	46	66	2	3	70	40.9	

Invalid responses include no response.

R36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days) Oral sex (oral/genital contact)?

	Cis I	Men	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	7	64	25	83	0	0	33	76.7
2 Rarely	1	9	0	0	0	0	1	2.3
3 Sometimes	0	0	3	10	0	0	3	7.0 🗖
4 Most of the time	1	9	1	3	0	0	2	4.7 🗖
5 Always	2	18	1	3	0	0	4	9.3 🗖
Valid responses =	11	26	30	70	0	0	43	25.1

Invalid responses include no response.

R36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days) Vaginal intercourse (penis in vagina)?

	Trans/Gender Cis Men Cis Women Non-conforming Total									
		Cis Men				•				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	4	36	12	35	0	0	16	34.8		
2 Rarely	0	0	5	15	0	0	5	10.9 💻		
3 Sometimes	0	0	3	9	0	0	3	6.5 💻		
4 Most of the time	1	9	3	9	0	0	4	8.7 🔲		
5 Always	6	55	11	32	1	100	18	39.1		
Valid responses =	11	24	34	74	1	2	46	26.9		
·										

Invalid responses include no response.

R36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days) Anal intercourse (penis in anus)?

	Trans/Gender								
	Cis I	Cis Wo	men	Non-con	forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	0	0	1	50	0	0	1	33.3	
2 Rarely	0	0	0	0	0	0	0	0.0	
3 Sometimes	0	0	0	0	0	0	0	0.0	
4 Most of the time	0	0	0	0	0	0	0	0.0	
5 Always	0	0	1	50	0	0	2	66.7	
Valid responses =	0	0	2	67	0	0	3	1.8	
Invalid responses include no response.									

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)? (only includes students that have had vaginal intercourse within the last 12 months)

					Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Yes	13	77	34	83	1	50	50	80.6	
2 No, not want prevent pregnancy	0	0	1	2	0	0	1	1.6 🛛	
3 No, did not use any method	3	18	6	15	1	50	10	16.1 💻	
4 Don't know	1	6	0	0	0	0	1	1.6	
Valid responses =	17	27	41	66	2	3	62	36.3	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) = 17	'1 V	Web	Surveys
www.acha.org				

R38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Birth control pills (monthly or extended cycle)

	Cis I	/len	Cis Wo	men	Trans/G Non-con		то	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	11	85	24	71	1	100	38	76.0
1 Selected	2	15	10	29	0	0	12	24.0
Valid responses =	13	26	34	68	1	2	50	29.2

Invalid responses include no response.

R38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Birth control shots

	Cis I	<i>l</i> len	Cis Wo	men	Trans/G Non-con		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	13	100	34	100	1	100	50	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	13	26	34	68	1	2	50	29.2
Invalid responses include no response.								

R38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Birth control implants

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	12	92	30	88	0	0	44	88.0
1 Selected	1	8	4	12	1	100	6	12.0 🗖
Valid responses =	13	26	34	68	1	2	50	29.2

Invalid responses include no response.

R38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Birth control patch

					Trans/G				
	Cis M	len	Cis Wo	men	Non-con	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	13	100	34	100	1	100	50	100.0 🗖	
1 Selected	0	0	0	0	0	0	0	0.0	
Valid responses =	13	26	34	68	1	2	50	29.2	

Invalid responses include no response.

R38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) The ring

	Cis M	/len	Cis Wo	omen	Trans/G Non-cont		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	13	100	34	100	1	100	50	100.0 🗖	
1 Selected	0	0	0	0	0	0	0	0.0	
Valid responses =	13	26	34	68	1	2	50	29.2	

Invalid responses include no response.

R38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Emergency contraception ("morning after pill" or "Plan B")

					Trans/G	ender			
	Cis M	llen	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	12	92	32	94	1	100	47	94.0	
1 Selected	1	8	2	6	0	0	3	6.0 🗖	
Valid responses =	13	26	34	68	1	2	50	29.2	

Invalid responses include no response.

R38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Intrauterine device (IUD)

					Trans/G	ender		
	Cis M	len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	12	92	30	88	1	100	45	90.0
1 Selected	1	8	4	12	0	0	5	10.0 🗖
Valid responses =	13	26	34	68	1	2	50	29.2
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American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

R38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) External condom (sometimes called "male" condom)

	Cis N	len	Cis Wo	men	Trans/G Non-con		то	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5	39	16	47	0	0	22	44.0
1 Selected	8	62	18	53	1	100	28	56.0
Valid responses =	13	26	34	68	1	2	50	29.2

Invalid responses include no response.

R38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Internal condom (sometimes called "female" condom)

	Cis I	Men	Cis Wo	men	Trans/G Non-con		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	13	100	34	100	1	100	50	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	13	26	34	68	1	2	50	29.2
Invalid responses include no response.								

R38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Diaphragm or cervical cap

	Cis I	Trans/Gender Cis Women Non-conforming				т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	13	100	34	100	1	100	50	100.0 🗖	
1 Selected	0	0	0	0	0	0	0	0.0	
Valid responses =	13	26	34	68	1	2	50	29.2	

Invalid responses include no response.

R38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Contraceptive sponge

	Trans/Gender										
	Cis Men		Cis Women Non-		Non-con	Non-conforming		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0 Not selected	13	100	34	100	1	100	50	100.0 🗖			
1 Selected	0	0	0	0	0	0	0	0.0			
Valid responses =	13	26	34	68	1	2	50	29.2			

Invalid responses include no response.

R38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Withdrawal

	Trans/Gender									
	Cis M	Cis Men		Cis Women		Non-conforming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	12	92	29	85	1	100	44	88.0		
1 Selected	1	8	5	15	0	0	6	12.0 🗖		
Valid responses =	13	26	34	68	1	2	50	29.2		

Invalid responses include no response.

R38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Fertility awareness (for example: calendar, mucous, and basal body temperature)

	I rans/Gender									
	Cis M	Cis Men		Cis Women		Non-conforming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	12	92	33	97	1	100	48	96.0		
1 Selected	1	8	1	3	0	0	2	4.0		
Valid responses =	13	26	34	68	1	2	50	29.2		

Invalid responses include no response.

R38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Cis Men			Trans/Gender Cis Women Non-conforming				otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	13	100	34	100	1	100	49	98.0	
1 Selected	0	0	0	0	0	0	1	2.0	
Valid responses =	13	26	34	68	1	2	50	29.2	

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

R38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Don't know

	Cis	Trans/Gender Cis Women Non-conforming			т	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	13	100	34	100	1	100	50	100.0	
1 Selected	0	0	0	0	0	0	0	0.0	
Valid responses =	13	26	34	68	1	2	50	29.2	

Invalid responses include no response.

R38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse) Other method

	Cis I	Trans/Gender Cis Women Non-conforming				Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	12	92	34	100	1	100	49	98.0
1 Selected	1	8	0	0	0	0	1	2.0
Valid responses =	13	26	34	68	1	2	50	29.2
Investid sees an analysis as sees as a								

Invalid responses include no response.

39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")? (only includes students that have had vaginal intercourse within the last 12 months)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	12	71	30	73	1	50	45	72.6		
2 Yes	4	24	11	27	1	50	16	25.8		
3 Don't know	1	6	0	0	0	0	1	1.6 🛛		
4 Not applicable	0	0	0	0	0	0	0	0.0		
Valid responses =	17	27	41	66	2	3	62	36.3		
Invalid responses include no response.										

40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17	100	41	100	2	100	62	100.0 💻	
2 Yes, unintentionally	0	0	0	0	0	0	0	0.0	
3 Yes, intentionally	0	0	0	0	0	0	0	0.0	
4 Don't know	0	0	0	0	0	0	0	0.0	
Valid responses =	17	27	41	66	2	3	62	36.3	
Invalid responses include no response.									

40B) Within the last 12 months, to what extent did your pregnancy (or a partner's pregnancy) affect your academic performance? (Please select the most serious outcome below) (only includes students or students with partners that have become pregnant in the last 12 months)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Pregnancy did not affect my academics	0	0	0	0	0	0	0	0.0		
2 Pregnancy negatively impacted my performance in a class	0	0	0	0	0	0	0	0.0		
3 Pregnancy delayed progress towards my degree	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		

Invalid responses include no response.

41A) Below are 8 statements with which you may agree or disagree. Using the scale below, indicate your agreement with each item by indicating that response for each statement. I lead a purposeful and meaningful life.

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	1	2	2	2	0	0	3	1.8 🗖		
2 Disagree	0	0	1	1	1	13	2	1.2 🛛		
3 Slightly disagree	2	4	6	6	1	13	11	6.5 🔲		
4 Neither agree nor disagree	4	9	25	23	3	38	32	18.9		
5 Slightly agree	7	16	28	26	1	13	36	21.3		
6 Agree	19	42	37	34	2	25	62	36.7		
7 Strongly agree	12	27	11	10	0	0	23	13.6		
Valid responses =	45	27	110	65	8	5	169	98.8		
Investigation of the second se										

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) =

171 Web Surveys

41B) Below are 8 statements with which you may agree or disagree. Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

					Trans/G	ender		
	Cis M	/len	Cis Women		Non-conforming		То	tal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	0	0	0	0	0	0.0
2 Disagree	0	0	3	3	0	0	3	1.8 🗖
3 Slightly disagree	0	0	8	7	0	0	9	5.3 🗖
4 Neither agree nor disagree	6	13	15	14	1	13	23	13.6
5 Slightly agree	5	11	24	22	3	38	33	19.5
6 Agree	20	44	47	43	2	25	70	41.4
7 Strongly agree	14	31	13	12	2	25	31	18.3
Valid responses =	45	27	110	65	8	5	169	98.8

Invalid responses include no response.

41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement. I am engaged and interested in my daily activities.

					Trans/G	ender		
	Cis N	len	Cis Women		Non-con	forming	Та	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	1	1	0	0	1	0.6
2 Disagree	1	2	3	3	1	13	5	3.0 🗖
3 Slightly disagree	0	0	7	6	3	38	11	6.5 🛄
4 Neither agree nor disagree	5	11	19	17	3	38	27	16.0
5 Slightly agree	13	29	30	27	0	0	45	26.6
6 Agree	17	38	39	36	0	0	59	34.9
7 Strongly agree	9	20	11	10	1	13	21	12.4 💶
Valid responses =	45	27	110	65	8	5	169	98.8

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree. Using the scale below, indicate your agreement with each item by indicating that response for each statement. I actively contribute to the happiness and well-being of others.

	-				Trans/G	ender		
	Cis	Cis Men Cis Wome			Non-con	forming	То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	3	3	0	0	3	1.8 🗖
2 Disagree	0	0	0	0	1	13	1	0.6
3 Slightly disagree	1	2	5	5	0	0	6	3.6 🗖
4 Neither agree nor disagree	5	11	16	15	1	13	23	13.7
5 Slightly agree	9	20	27	25	4	50	41	24.4
6 Agree	19	42	45	41	0	0	67	39.9
7 Strongly agree	11	24	14	13	2	25	27	16.1
Valid responses =	45	27	110	65	8	5	168	98.2
·								

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

					Trans/G	ender		
	Cis M	Cis Women		Non-con	forming	То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	2	2	0	0	2	1.2 🛛
2 Disagree	0	0	3	3	1	13	4	2.4 🗖
3 Slightly disagree	2	4	2	2	2	25	6	3.6 🗖
4 Neither agree nor disagree	2	4	13	12	1	13	16	9.5 🔲
5 Slightly agree	7	16	29	27	3	38	40	23.8
6 Agree	17	38	43	39	1	13	66	39.3
7 Strongly agree	17	38	17	16	0	0	34	20.2
Valid responses =	45	27	109	65	8	5	168	98.2
Invalid responses include no response.								

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

l'ann a good person and nye a good me.								
					Trans/G	ender		
	Cis M	Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	2	2	0	0	2	1.2 🛛
2 Disagree	0	0	1	1	2	25	3	1.8 🗖
3 Slightly disagree	2	4	4	4	0	0	6	3.6 🗖
4 Neither agree nor disagree	7	16	14	13	5	63	26	15.4
5 Slightly agree	7	16	28	26	0	0	37	21.9
6 Agree	16	36	43	39	1	13	64	37.9
7 Strongly agree	13	29	18	16	0	0	31	18.3
Valid responses =	45	27	110	65	8	5	169	98.8
Involid reasonance include no reasonance								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) =

171 Web Surveys

41G) Below are 8 statements with which you may agree or disagree. Using the scale below, indicate your agreement with each item by indicating that response for each statement.

l am	optimistic	about m	y future.
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					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2	4	5	5	1	13	8	4.7 🛄
2 Disagree	3	7	2	2	1	13	6	3.6 💻
3 Slightly disagree	0	0	7	6	2	25	10	5.9 💻
4 Neither agree nor disagree	3	7	18	16	3	38	24	14.2
5 Slightly agree	8	18	27	25	1	13	38	22.5
6 Agree	12	27	32	29	0	0	47	27.8
7 Strongly agree	17	38	19	17	0	0	36	21.3
Valid responses =	45	27	110	65	8	5	169	98.8

Invalid responses include no response.

41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement. People respect me.

					Trans/G	ender		
	Cis N	len	Cis Women		Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	2	2	1	13	3	1.8 🗖
2 Disagree	1	2	2	2	0	0	3	1.8 🗖
3 Slightly disagree	0	0	6	6	0	0	6	3.6 🗖
4 Neither agree nor disagree	6	13	19	17	3	38	29	17.2
5 Slightly agree	5	11	26	24	0	0	34	20.1
6 Agree	21	47	39	36	4	50	66	39.1
7 Strongly agree	12	27	16	15	0	0	28	16.6
Valid responses =	45	27	110	65	8	5	169	98.8

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.1

					Trans/G	ender		
	Cis N	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	0	0	2	2	2	25	4	2.4 🗖
1 Rarely true	0	0	4	4	1	13	6	3.6 🗖
2 Sometimes true	7	16	32	29	1	13	40	23.8
3 Often true	20	44	45	41	3	38	71	42.3
4 True nearly all the time	18	40	27	25	1	13	47	28.0
Valid responses =	45	27	110	65	8	5	168	98.2
Invalid responses include no response.								

42B) Please indicate how much you agree with the following statements as they apply to you over the last month If a particular situation has not occurred recently, answer according to how you think you would have felt. I tend to bounce back after illness, injury, or other hardships.¹

					Trans/G	ender		
	Cis M	Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	0	0	4	4	2	25	6	3.6 🗖
1 Rarely true	1	2	2	2	1	13	5	3.0 🗖
2 Sometimes true	4	9	40	36	1	13	45	26.8
3 Often true	22	49	39	36	4	50	67	39.9
4 True nearly all the time	18	40	25	23	0	0	45	26.8
Valid responses =	45	27	110	65	8	5	168	98.2
Invalid responses include no response.								

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	39	33	30	3	38	54	32.5
2 Yes	27	61	76	70	5	63	112	67.5
Valid responses =	44	27	109	66	8	5	166	97.1
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III) Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171

Web Surveys

44A) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel nervous?

	Cis I	/ en	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	11	24	5	5	0	0	16	9.6
1 A little of the time	10	22	28	26	1	14	40	24.0
2 Some of the time	17	38	40	36	2	29	61	36.5
3 Most of the time	7	16	25	23	1	14	34	20.4
4 All of the time	0	0	12	11	3	43	16	9.6
Valid responses =	45	27	110	66	7	4	167	97.7

Invalid responses include no response.

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44B) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel hopeless?

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 None of the time	23	51	29	26	1	13	55	32.7		
1 A little of the time	15	33	37	34	1	13	54	32.1		
2 Some of the time	5	11	28	26	1	13	36	21.4		
3 Most of the time	1	2	10	9	2	25	13	7.7 💶		
4 All of the time	1	2	6	6	3	38	10	6.0 🔲		
Valid responses =	45	27	110	65	8	5	168	98.2		
Invalid responses include no response.										

44C) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel restless or fidgety?

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 None of the time	13	29	18	16	0	0	32	19.0		
1 A little of the time	9	20	32	29	0	0	42	25.0		
2 Some of the time	16	36	31	28	3	38	52	31.0		
3 Most of the time	5	11	24	22	2	25	32	19.0		
4 All of the time	2	4	5	5	3	38	10	6.0 🗖		
Valid responses =	45	27	110	65	8	5	168	98.2		

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel so sad nothing could cheer you up?

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	29	64	44	40	1	13	75	44.6
1 A little of the time	11	24	31	28	1	13	46	27.4
2 Some of the time	4	9	25	23	3	38	33	19.6
3 Most of the time	1	2	4	4	1	13	6	3.6 🗖
4 All of the time	0	0	6	6	2	25	8	4.8 🗖
Valid responses =	45	27	110	65	8	5	168	98.2

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel that everything was an effort?

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0 None of the time	18	40	26	24	0	0	46	27.4			
1 A little of the time	13	29	28	26	1	13	43	25.6			
2 Some of the time	7	16	32	29	2	25	42	25.0			
3 Most of the time	5	11	14	13	0	0	20	11.9			
4 All of the time	2	4	10	9	5	63	17	10.1 💶 🔤			
Valid responses =	45	27	110	65	8	5	168	98.2			

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association

 8455 Colesville Road, Suite 740

 Silver Spring, MD 20910

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44F) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel worthless?

	Trans/Gender									
	Cis M	Cis Men		Cis Women		Non-conforming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 None of the time	27	60	47	43	1	13	77	46.1		
1 A little of the time	14	31	30	28	0	0	46	27.5		
2 Some of the time	3	7	18	17	1	13	23	13.8 💻		
3 Most of the time	0	0	7	6	3	38	10	6.0 🗖		
4 All of the time	1	2	7	6	3	38	11	6.6 🗖		
Valid responses =	45	27	109	65	8	5	167	97.7		

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

	Cis I	Trans/Ge Cis Women Non-confe				то	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	15	33	43	39	2	25	61	36.5
2 Some of the time	23	51	48	44	4	50	78	46.7
3 Often	7	16	18	17	2	25	28	16.8
Valid responses =	45	27	109	65	8	5	167	97.7

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you.

How often do you feel left out?

now often do you reener out:	Cis I	Cis Wo	men	Trans/Gender Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	25	56	31	28	2	25	60	35.9
2 Some of the time	17	38	48	44	3	38	70	41.9
3 Often	3	7	30	28	3	38	37	22.2
Valid responses =	45	27	109	65	8	5	167	97.7
·								

Invalid responses include no response.

45C) Indicate how often each of the statements below is descriptive of you.

How often do you feel isolated from others?

now onen do you leer isolated nom others :	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Hardly ever	22	49	37	34	2	25	62	37.1			
2 Some of the time	19	42	39	36	3	38	64	38.3			
3 Often	4	9	33	30	3	38	41	24.6			
Valid responses =	45	27	109	65	8	5	167	97.7			
Invalid responses include no response.											

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	43	96	95	86	5	63	146	86.9		
2 Once or twice	2	4	14	13	1	13	18	10.7 🗖		
3 Monthly	0	0	1	1	1	13	3	1.8		
4 Weekly	0	0	0	0	1	13	1	0.6		
5 Daily or almost daily	0	0	0	0	0	0	0	0.0		
Valid responses =	45	27	110	65	8	5	168	98.2		
Invalid responses include no response.										

47A1) Within the last 12 months, have you had problems or challenges with any of the following? Academics

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	69	52	47	2	25	89	53.0
2 Yes	14	31	58	53	6	75	79	47.0
Valid responses =	45	27	110	65	8	5	168	98.2
Invalid responses include no response.								

47A2) Within the last 12 months, have you had problems or challenges with any of the following? Career

	Trans/Gender										
	Cis M	Cis Men		Cis Women Non-c		forming	Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	33	73	68	62	3	38	108	64.3			
2 Yes	12	27	42	38	5	63	60	35.7			
Valid responses =	45	27	110	65	8	5	168	98.2			
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American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE American College Health Association 8455 Colesville Road, Suite 740 May 18, 2025

FREQUENCY REPORT Silver Spring, MD 20910 (410) 859-1500 Number of Surveys (n) = 171 www.acha.org

Web Surveys

47A3) Within the last 12 months, have you had problems or challenges with any of the following? Finances

	Cis Men 0			Trans/Gender Cis Women Non-conforming			т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	78	54	49	3	38	95	56.5
2 Yes	10	22	56	51	5	63	73	43.5
Valid responses =	45	27	110	65	8	5	168	98.2
have the second and the shade we have a second								

Invalid responses include no response.

47A4) Within the last 12 months, have you had problems or challenges with any of the following? Procrastination

	Trans/Gender									
	Cis M	Cis Men		Cis Women		forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	16	36	29	26	0	0	48	28.6		
2 Yes	29	64	81	74	8	100	120	71.4		
Valid responses =	45	27	110	65	8	5	168	98.2		

Invalid responses include no response.

47A5) Within the last 12 months, have you had problems or challenges with any of the following? Faculty

racuity	Cis I	Men	Cis Wo	omen	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	91	95	86	6	75	146	86.9
2 Yes	4	9	15	14	2	25	22	13.1 💻
Valid responses =	45	27	110	65	8	5	168	98.2

Invalid responses include no response.

47A6) Within the last 12 months, have you had problems or challenges with any of the following? Family

-	Cis I	men	Trans/G Non-con		то	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	89	70	64	3	38	115	68.5
2 Yes	5	11	40	36	5	63	53	31.5
Valid responses =	45	27	110	65	8	5	168	98.2
Invalid responses include no response.								

47A7) Within the last 12 months, have you had problems or challenges with any of the following? Intimate relationships

	Cis Men Cis Women			Trans/G Non-con		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	73	75	68	4	50	115	68.5
2 Yes	12	27	35	32	4	50	53	31.5
Valid responses =	45	27	110	65	8	5	168	98.2
Invalid responses include no response.								

47A8) Within the last 12 months, have you had problems or challenges with any of the following? Roommate/housemate

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	40	89	88	80	4	50	135	80.4		
2 Yes	5	11	22	20	4	50	33	19.6 🔲		
Valid responses =	45	27	110	65	8	5	168	98.2		
Invalid responses include no response.										

47A9) Within the last 12 months, have you had problems or challenges with any of the following? Peers

Cis M	len	Cis Wo	men	Trans/G Non-con		Тс	otal
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
36	82	90	83	4	50	133	80.1
8	18	19	17	4	50	33	19.9 💶
44	27	109	66	8	5	166	97.1
	Freq. 36 8	36 82 8 18	Freq. Pct. Freq. 36 82 90 8 18 19	Freq. Pct. Freq. Pct. 36 82 90 83 8 18 19 17	Cis Men Cis Women Non-con Freq. Pct. Freq. Pct. Freq. 36 82 90 83 4 8 18 19 17 4	Cis Men Cis Women Non-conforming Freq. Pct. Freq. Pct. 36 82 90 83 4 50 8 18 19 17 4 50	Cis Men Cis Women Non-conforming To Freq. Pct. Freq. Pct. Freq. 36 82 90 83 4 50 133 8 18 19 17 4 50 33

Invalid responses include no response.

47A10) Within the last 12 months, have you had problems or challenges with any of the following? Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		то	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	71	39	36	1	13	75	44.6
2 Yes	13	29	71	65	7	88	93	55.4
Valid responses =	45	27	110	65	8	5	168	98.2
Involid reapages include no reapages								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT
 (410) 859-1500

 www.acha.org
 Number of Surveys (n) =
 171
 Web
 Surveys

47A11) Within the last 12 months, have you had problems or challenges with any of the following?

	Cis I	Trans/Gender Cis Women Non-conforming				Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	84	79	72	2	25	123	73.2
2 Yes	7	16	31	28	6	75	45	26.8
Valid responses =	45	27	110	65	8	5	168	98.2
Invalid responses include no response.								

47A12) Within the last 12 months, have you had problems or challenges with any of the following? Death of a family member, friend, or someone close to me

					Trans/G	ender		
	Cis Men		Cis Women N		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42	93	84	77	4	50	135	80.8
2 Yes	3	7	25	23	4	50	32	19.2 💻
Valid responses =	45	27	109	65	8	5	167	97.7

Invalid responses include no response.

R47A13) Within the last 12 months, have you had problems or challenges with any of the following? I was bullied (threats, rumors, physical or verbal attacks, or being excluded from a group)

	Trans/Gender								
	Cis M	Cis Men		Cis Women		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	44	98	104	95	6	75	159	94.6	
2 Yes	1	2	6	6	2	25	9	5.4 🗖	
Valid responses =	45	27	110	65	8	5	168	98.2	
· · · · · · · · ·									

. .

Invalid responses include no response.

R47A14) Within the last 12 months, have you had problems or challenges with any of the following? I was cyberbullied (technology was used to harass, threaten, embarrass, or target me)

	Trans/Gender								
	Cis Men		Cis Women Nor		Non-con	Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	44	98	108	98	6	75	163	97.0 💻	
2 Yes	1	2	2	2	2	25	5	3.0	
Valid responses =	45	27	110	65	8	5	168	98.2	
Invalid responses include no response.									

R47A15) Within the last 12 months, have you had problems or challenges with any of the following?

I was hazed (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule,

or humiliation were used as a way of initiating me into a group)

	Trans/Gender								
	Cis Men		Cis Women Non-		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	108	98	7	88	165	98.2 💻	
2 Yes	0	0	2	2	1	13	3	1.8	
Valid responses =	45	27	110	65	8	5	168	98.2	

Invalid responses include no response.

R47A16) Within the last 12 months, have you had problems or challenges with any of the following? I experienced microaggression(s) directed at me (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	40	89	93	85	4	50	140	83.3		
2 Yes	5	11	17	16	4	50	28	16.7 🔲		
Valid responses =	45	27	110	65	8	5	168	98.2		

. Invalid responses include no response.

R47A17) Within the last 12 months, have you had problems or challenges with any of the following? I was sexually harassed (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	43	96	103	94	6	75	155	92.3		
2 Yes	2	4	7	6	2	25	13	7.7 🗖		
Valid responses =	45	27	110	65	8	5	168	98.2		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025

FREQUENCY REPORT Number of Surveys (n) =

171 Web

Surveys

R47A18) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced discrimination directed at me (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis M	Trans/Gender Cis Men Cis Women Non-conforming Total							
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	41	91	101	92	6	75	152	90.5	
2 Yes	4	9	9	8	2	25	16	9.5 🗖	
Valid responses =	45	27	110	65	8	5	168	98.2	

Invalid responses include no response.

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47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) Academics

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No Distress	0	0	1	2	0	0	1	1.3 🛛		
2 Minimal Distress	1	7	9	16	1	17	11	14.1 💻		
3 Moderate Distress	5	36	19	33	2	33	27	34.6		
4 High Distress	8	57	28	49	3	50	39	50.0		
Valid responses =	14	18	57	73	6	8	78	45.6		
Invalid responses include no response.										

47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) Career

	Trans/Gender									
	Cis Men		Cis Women N		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No Distress	1	8	1	2	0	0	2	3.4 🗖		
2 Minimal Distress	1	8	10	24	0	0	11	18.6		
3 Moderate Distress	4	33	11	27	2	40	18	30.5		
4 High Distress	6	50	19	46	3	60	28	47.5		
Valid responses =	12	20	41	69	5	8	59	34.5		
Invalid responses include no response										

Invalid responses include no response.

47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months) Finances

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		То	tal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No Distress	0	0	1	2	0	0	1	1.4 🛛			
2 Minimal Distress	2	20	12	22	1	20	15	20.8			
3 Moderate Distress	6	60	21	38	1	20	29	40.3			
4 High Distress	2	20	21	38	3	60	27	37.5			
Valid responses =	10	14	55	76	5	7	72	42.1			

Invalid responses include no response.

47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) Procrastination

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No Distress	2	7	1	1	0	0	3	2.5 🗖		
2 Minimal Distress	11	38	22	28	1	13	36	30.3		
3 Moderate Distress	10	35	38	48	2	25	50	42.0		
4 High Distress	6	21	19	24	5	63	30	25.2		
Valid responses =	29	24	80	67	8	7	119	69.6		
Invalid responses include no response.										

47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) Faculty

-	Cis M	Trans/Gender Cis Women Non-conforming				Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1	25	3	20	0	0	4	18.2
2 Minimal Distress	2	50	7	47	0	0	9	40.9
3 Moderate Distress	1	25	1	7	1	50	3	13.6
4 High Distress	0	0	4	27	1	50	6	27.3
Valid responses =	4	18	15	68	2	9	22	12.9
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III) Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171

Web Surveys

47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	1	3	0	0	1	1.9 🗖
2 Minimal Distress	0	0	9	23	0	0	10	19.2
3 Moderate Distress	4	80	15	39	2	40	23	44.2
4 High Distress	1	20	14	36	3	60	18	34.6
Valid responses =	5	10	39	75	5	10	52	30.4

Invalid responses include no response.

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47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) Intimate relationships

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No Distress	2	17	0	0	0	0	2	3.8 🗖			
2 Minimal Distress	3	25	15	43	1	25	19	35.8			
3 Moderate Distress	4	33	12	34	1	25	18	34.0			
4 High Distress	3	25	8	23	2	50	14	26.4			
Valid responses =	12	23	35	66	4	8	53	31.0			
Invalid responses include no response.											

47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) Roommate/housemate

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No Distress	0	0	1	5	0	0	1	3.0 🗖		
2 Minimal Distress	3	60	9	41	1	25	14	42.4		
3 Moderate Distress	1	20	6	27	1	25	8	24.2		
4 High Distress	1	20	6	27	2	50	10	30.3		
Valid responses =	5	15	22	67	4	12	33	19.3		
have Balling and an an and the balling and an and a										

Invalid responses include no response.

47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

10013					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	38	1	5	0	0	4	12.1
2 Minimal Distress	2	25	8	42	0	0	11	33.3
3 Moderate Distress	3	38	6	32	2	50	11	33.3
4 High Distress	0	0	4	21	2	50	7	21.2
Valid responses =	8	24	19	58	4	12	33	19.3
have Balling and a strategic and a second strategic second								

Invalid responses include no response.

47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1	8	1	1	0	0	2	2.2 🗖
2 Minimal Distress	7	54	24	34	1	14	32	34.8
3 Moderate Distress	4	31	20	29	1	14	27	29.3
4 High Distress	1	8	25	36	5	71	31	33.7
Valid responses =	13	14	70	76	7	8	92	53.8
Invalid responses include no response.								

47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) Health of someone close to me

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	2	29	1	3	0	0	3	6.8 💻
2 Minimal Distress	2	29	14	47	4	67	20	45.5
3 Moderate Distress	3	43	10	33	1	17	15	34.1
4 High Distress	0	0	5	17	1	17	6	13.6 🔲
Valid responses =	7	16	30	68	6	14	44	25.7
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III) Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

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May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171

Web Surveys

47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months)

of a family member.	

					Trans/G	ender		
	Cis N	Cis Men		Cis Women N		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1	33	1	4	0	0	2	6.5 💻
2 Minimal Distress	1	33	5	21	0	0	6	19.4
3 Moderate Distress	1	33	10	42	3	75	14	45.2
4 High Distress	0	0	8	33	1	25	9	29.0
Valid responses =	3	10	24	77	4	13	31	18.1

Invalid responses include no response.

R47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) I was bullied

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	0	0	0	0	0	0.0
2 Minimal Distress	0	0	1	20	0	0	1	12.5 🛄
3 Moderate Distress	1	100	3	60	1	50	5	62.5
4 High Distress	0	0	1	20	1	50	2	25.0
Valid responses =	1	13	5	63	2	25	8	4.7
Invalid responses include no response.								

R47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) I was cyberbullied

					Trans/G	ender			
	Cis Men		Cis Women Non-confe		Iforming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	1	100	0	0	0	0	1	25.0 💻	
2 Minimal Distress	0	0	1	100	0	0	1	25.0	
3 Moderate Distress	0	0	0	0	1	50	1	25.0	
4 High Distress	0	0	0	0	1	50	1	25.0	
Valid responses =	1	25	1	25	2	50	4	2.3	

Invalid responses include no response.

R47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months) I was hazed

i wao nazou					Trans/G	ender			
	Cis Men		Cis Women Non-		Non-con	Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	0	0	0	0	0	0	0	0.0	
2 Minimal Distress	0	0	1	100	0	0	1	50.0 💻	
3 Moderate Distress	0	0	0	0	1	100	1	50.0 💻	
4 High Distress	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	50	1	50	2	1.2	
. Invelid ween energy include we ween energy									

Invalid responses include no response.

R47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months)

I experienced microaggression(s) directed at me

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No Distress	2	40	0	0	0	0	2	7.4 🗖		
2 Minimal Distress	1	20	11	69	2	50	15	55.6		
3 Moderate Distress	1	20	1	6	1	25	4	14.8		
4 High Distress	1	20	4	25	1	25	6	22.2		
Valid responses =	5	19	16	59	4	15	27	15.8		
Invalid responses include no response.										

R47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) I was sexually harassed

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Та	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	0	0	0	0	0	0.0
2 Minimal Distress	1	50	2	33	0	0	3	25.0
3 Moderate Distress	0	0	2	33	1	50	4	33.3
4 High Distress	1	50	2	33	1	50	5	41.7
Valid responses =	2	17	6	50	2	17	12	7.0
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III) Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

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May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) =

171 Web Surveys

R47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) I experienced discrimination directed at me

	Cis I	Trans/Gen Cis Women Non-confor				Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	1	13	0	0	1	6.7 💻
2 Minimal Distress	2	50	1	13	0	0	3	20.0
3 Moderate Distress	1	25	3	38	1	50	5	33.3
4 High Distress	1	25	3	38	1	50	6	40.0
Valid responses =	4	27	8	53	2	13	15	8.8
Invalid responses include no response.								

47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) Career

					Trans/G	ender			
	Cis N	Cis Wo	men	Non-con	forming	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	9	75	27	68	2	40	39	67.2 💻	
2 Negatively impacted performance in a class	1	8	10	25	1	20	12	20.7 💻	
3 Delayed progress towards degree	2	17	3	8	2	40	7	12.1 🗖	
Valid responses =	12	21	40	69	5	9	58	33.9	

. Invalid responses include no response.

47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) Finances

					Trans/G	ender	
	Cis M	Cis Wo	men	Non-con	-		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.
1 Did not affect academic performance	7	70	34	63	1	20	43
2 Negatively impacted performance in a class	3	30	15	28	2	40	21
3 Delayed progress towards degree	0	0	5	9	2	40	7
Valid responses =	10	14	54	76	5	7	71
Invelid seenenee include ne seenenee							

Invalid responses include no response.

47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) Procrastination

	Cis M	/len	Cis Wo	men	Trans/G Non-con	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	9	31	32	41	1	13
2 Negatively impacted performance in a class	14	48	38	48	4	50
3 Delayed progress towards degree	6	21	9	11	3	38
Valid responses =	29	25	79	67	8	7
·						

Invalid responses include no response.

47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) Faculty

-	Cis M	/len	Cis Wo	men	Trans/G Non-con	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2	67	11	73	1	50
2 Negatively impacted performance in a class	1	33	3	20	0	0
3 Delayed progress towards degree	0	0	1	7	1	50
Valid responses =	3	14	15	71	2	10
Invalid responses include no response.						

47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) Family

					Trans/G			
	Cis M	len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2	40	28	70	1	20	33	62.3
2 Negatively impacted performance in a class	2	40	9	23	1	20	13	24.5
3 Delayed progress towards degree	1	20	3	8	3	60	7	13.2 🗔
Valid responses =	5	9	40	75	5	9	53	31.0
Invalid responses include no response.								

Total Freq. Pct. 14 66.7 5 23.8 2 9.5 21 12.3

Total Pct. 60.6

Total Freg.

43

57 18

118

Pct. 36.4

48.3 🗖

15.3 🗖

69.0

29.6 **9**.9 **1**

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171

Web

Pct. 60.6 🗖 30.3 🗖

Total Pct.

77.3 🗖 13.6 💻

9.1 🗖

25.7

9.1 🗖 19.3

Surveys

47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) Intimate relationships

					Trans/G	ender		
	Cis M	len	Cis Wo	men	Non-con	forming	То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	10	83	24	73	2	50	37	72.5
2 Negatively impacted performance in a class	1	8	8	24	0	0	10	19.6 💻
3 Delayed progress towards degree	1	8	1	3	2	50	4	7.8 🗖
Valid responses =	12	24	33	65	4	8	51	29.8

Invalid responses include no response

47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) Roommate/housemate

Cis M	/len	Cis Wo	men			то	otal
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	F
2	40	15	68	2	50	20	6
3	60	5	23	1	25	10	3
0	0	2	9	1	25	3	
5	15	22	67	4	12	33	1
		2 40 3 60 0 0	Freq. Pct. Freq. 2 40 15 3 60 5 0 0 2	Freq. Pct. Freq. Pct. 2 40 15 68 3 60 5 23 0 0 2 9	Cis Men Cis Women Non-con Freq. Pct. Freq. Pct. Freq. 2 40 15 68 2 3 60 5 23 1 0 0 2 9 1	Freq. Pct. Freq. Pct. Freq. Pct. 2 40 15 68 2 50 3 60 5 23 1 25 0 0 2 9 1 25	Cis Men Cis Women Non-conforming To Freq. Pct. Freq. Pct. Freq. 2 40 15 68 2 50 20 3 60 5 23 1 25 10 0 0 2 9 1 25 3

Invalid responses include no response.

47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) Peers

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	6	75	14	74	2	50	23	69.7
2 Negatively impacted performance in a class	2	25	5	26	0	0	8	24.2
3 Delayed progress towards degree	0	0	0	0	2	50	2	6.1 🗖
Valid responses =	8	24	19	58	4	12	33	19.3
Invalid responses include no response.								

47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) Personal appearance

	Cis	/len	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	13	100	64	93	4	57	83	91.2
2 Negatively impacted performance in a class	0	0	3	4	1	14	4	4.4 🗖
3 Delayed progress towards degree	0	0	2	3	2	29	4	4.4 🗖
Valid responses =	13	14	69	76	7	8	91	53.2
Invalid responses include no response.								

47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) Health of someone close to me

	Cis M	/len	Cis Wo	men	Trans/G Non-con		-
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.
1 Did not affect academic performance	4	57	25	83	4	67	34
2 Negatively impacted performance in a class	2	29	3	10	1	17	6
3 Delayed progress towards degree	1	14	2	7	1	17	4
Valid responses =	7	16	30	68	6	14	44
Invalid responses include no response.							

47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months) Death of a family member, friend, or someone close to me

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2	67	15	63	2	50	19	61.3
2 Negatively impacted performance in a class	1	33	6	25	1	25	8	25.8
3 Delayed progress towards degree	0	0	3	13	1	25	4	12.9 🔲
Valid responses =	3	10	24	77	4	13	31	18.1
Invalid reasonance include no reasonance								

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) =

171 Web Surveys

R47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) I was bullied

	Cis M	/len	Cis Wo	men	Trans/G Non-con		То	tal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	100	1	20	1	50	3	37.5
2 Negatively impacted performance in a class	0	0	4	80	0	0	4	50.0
3 Delayed progress towards degree	0	0	0	0	1	50	1	12.5 💻
Valid responses =	1	13	5	63	2	25	8	4.7

Invalid responses include no response

R47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) I was cyberbullied

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	100	0	0	1	50	2	50.0
2 Negatively impacted performance in a class	0	0	1	100	0	0	1	25.0
3 Delayed progress towards degree	0	0	0	0	1	50	1	25.0
Valid responses =	1	25	1	25	2	50	4	2.3
· · · · · · · · · · · · · · · · · · ·								

Invalid responses include no response.

R47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) I was hazed

					Trans/G	ender			
	Cis I	Cis Men		omen	Non-con	forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	0	0	1	100	1	100	2	100.0	
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0	
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	50	1	50	2	1.2	
Invalid responses include no response									

Invalid responses include no response.

R47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) I experienced microaggression(s) directed at me

	Cis Men		Cis Wo	omen	Trans/G Non-con		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	4	80	12	80	2	50	20	76.9	
2 Negatively impacted performance in a class	1	20	3	20	1	25	5	19.2 💻	
3 Delayed progress towards degree	0	0	0	0	1	25	1	3.8 🗖	
Valid responses =	5	19	15	58	4	15	26	15.2	
Valid responses =	5	19	15	58	4	15	26	15.2	

Invalid responses include no response.

R47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) I was sexually harassed

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	2	100	5	83	1	50	8	66.7		
2 Negatively impacted performance in a class	0	0	1	17	0	0	3	25.0		
3 Delayed progress towards degree	0	0	0	0	1	50	1	8.3 🗖		
Valid responses =	2	17	6	50	2	17	12	7.0		
Invalid responses include no response.										

R47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance? (only includes students that had problems or challenges with this issue within the last 12 months) I experienced discrimination directed at me

	Cis I	Cis Wo	omen	Trans/G Non-con		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4	100	5	63	1	50	10	66.7
2 Negatively impacted performance in a class	0	0	3	38	0	0	4	26.7
3 Delayed progress towards degree	0	0	0	0	1	50	1	6.7 🗖
Valid responses =	4	27	8	53	2	13	15	8.8
Involid reapanage include no reapanage								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025UNIVERSITY OF CALIFORNIA RIVERSIDEAmerican College Health Association8455 Colesville Road, Suite 740May 18, 2025Silver Spring, MD 20910FREQUENCY REPORT(410) 859-1500Number of Surveys (n) =171 Web Surveyswww.acha.orgSurveysSurveys

48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

					Trans/G	ender		
	Cis	Cis Men		Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	3	7	0	0	0	0	3	1.8
2 Low	16	36	23	21	1	13	42	25.1
3 Moderate	22	49	60	55	3	38	87	52.1
4 High	4	9	26	24	4	50	35	21.0
Valid responses =	45	27	109	65	8	5	167	97.7

Invalid responses include no response.

49) Have you ever thought about or attempted to kill yourself?

					Trans/G	ender		
	Cis M	Cis Men		men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	33	73	68	61	3	38	106	62.7
2 Just a brief passing thought	6	13	25	23	2	25	34	20.1
B Planned at least once, but did not try do it	4	9	3	3	0	0	7	4.1 🗖
Planned at least once, wanted to die	2	4	7	6	3	38	12	7.1 🗖
5 Attempted, but did not want to die	0	0	3	3	0	0	4	2.4 🛛
Attempted, really hoped to die	0	0	5	5	0	0	6	3.6 🗖
/alid responses =	45	27	111	66	8	5	169	98.8
Invalid responses include no response.								

50) How often have you thought about killing yourself in the past year?

	Trans/Gender										
	Cis M	Cis Men		men	Non-con	forming	Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Never	39	87	79	73	4	50	124	74.3			
2 Rarely (1 time)	4	9	13	12	2	25	19	11.4 💻			
3 Sometimes (2 times)	1	2	12	11	0	0	14	8.4 🗖			
4 Often (3-4 times)	0	0	4	4	1	13	5	3.0			
5 Very often (5 or more times)	1	2	1	1	1	13	5	3.0			
Valid responses =	45	27	109	65	8	5	167	97.7			
Invalid responses include no response.											

51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	40	89	95	87	6	75	143	85.6		
2 Yes, one time, did not want to die	2	4	4	4	1	13	8	4.8 🗖		
3 Yes, one time, wanted to die	2	4	5	5	1	13	9	5.4 🗖		
4 Yes, more than once, did not want to do it	0	0	0	0	0	0	0	0.0		
5 Yes, more than once, wanted to do it	1	2	5	5	0	0	7	4.2 🗖		
Valid responses =	45	27	109	65	8	5	167	97.7		

Invalid responses include no response.

52) How likely is it that you will attempt suicide someday?

, · · · · · · · · · · · · · · · · · · ·					Trans/G	ender		
	Cis Men		Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	36	80	72	66	3	38	113	67.3 💻
1 No chance at all	4	9	13	12	2	25	19	11.3 💻
2 Rather unlikely	4	9	14	13	2	25	21	12.5 💻
3 Unlikely	0	0	8	7	1	13	10	6.0 🗖
4 Likely	0	0	2	2	0	0	3	1.8 🛛
5 Rather likely	1	2	0	0	0	0	1	0.6
6 Very likely	0	0	1	1	0	0	1	0.6
Valid responses =	45	27	110	65	8	5	168	98.2
Invalid responses include no response.								

53) Within the last 12 months, have you attempted suicide?

	Trans/Genuer								
	Cis Men		Cis Women		Non-conforming		То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	109	98	8	100	166	98.2	
2 Yes	0	0	2	2	0	0	3	1.8	
Valid responses =	45	27	111	66	8	5	169	98.8	
Invalid responses include no response.									

Trana/Candar

54A) Have you ever received psychological or mental health services?

	Cis	Trans/Gender Cis Women Non-conforming				Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	78	60	55	3	38	101	59.8
2 Yes	10	22	50	46	5	63	68	40.2
Valid responses =	45	27	110	65	8	5	169	98.8
Invalid responses include no response								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

54B) Within in the last 12 months, have you received psychological or mental health services?

	Cis Men Cis			Trans/Gender Cis Women Non-conforming				otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	80	79	72	3	38	120	71.4
2 Yes	9	20	31	28	5	63	48	28.6
Valid responses =	45	27	110	65	8	5	168	98.2
Invalid responses include no response.								

55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner,

physician assistant, primary care doctor, or other type of n	her type of medical doctor) for a check-up or any other medical reasons? Trans/Gender									
	Cis M	Cis Women Non-conform			forming	То	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	23	51	39	36	4	50	67	39.9 💻		
2 Yes	22	49	71	65	4	50	101	60.1 💻		
Valid responses =	45	27	110	65	8	5	168	98.2		
Invalid responses include no response.										

MH1) Have you ever been prescribed medication for a mental health condition?

	Cis M	Cis Wo	men	Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	89	83	76	5	63	132	78.6
2 Yes	5	11	27	25	3	38	36	21.4 💻
/alid responses =	45	27	110	65	8	5	168	98.2
Invalid responses include no response.								

MH2) When were you first prescribed medication for a mental health condition? (only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Non-conforming		То	tal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Before starting at your current college/university	4	80	18	69	2	67	25	71.4
2 After starting at your current college/university	1	20	8	31	1	33	10	28.6
Valid responses =	5	14	26	74	3	9	35	20.5

Invalid responses include no response.

MH3) Were you prescribed medication for a mental health condition in the last 12 months?

(only students that were ever pr	escribed medication for a mental nearth condition)	
		Trans/Gender

	Cis I	Cis Men		Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	17	65	0	0	20	57.1
2 Yes	2	40	9	35	3	100	15	42.9
Valid responses =	5	14	26	74	3	9	35	20.5
Invalid responses include no response.								

MH4) Have you ever had counseling for a mental health condition?

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	36	80	71	65	5	63	115	68.5		
2 Yes	9	20	39	36	3	38	53	31.5		
Valid responses =	45	27	110	65	8	5	168	98.2		

Invalid responses include no response.

MH5) When did you first start counseling for a mental health condition? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women Non		Non-conf	forming	То	tal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Before starting at your current college/university	3	33	29	76	2	67	36	69.2	
2 After starting at your current college/university	6	67	9	24	1	33	16	30.8	
Valid responses =	9	17	38	73	3	6	52	30.4	

. Invalid responses include no response.

MH6) Have you had counseling for a mental health condition in the last 12 months? (only students that have ever had counseling for a mental health condition)

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	4	44	20	53	0	0	24	46.2	
2 Yes	5	56	18	47	3	100	28	53.8	
Valid responses =	9	17	38	73	3	6	52	30.4	
Invelid recences include as recences									

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171 Web

Surveys

56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?

Cis I Freq.		Cis Wo	men	Non-conf		-	
Freq.	D - 4		Cis Women		Non-conforming		otal
	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
37	82	64	58	7	88	111	66.5
0	0	41	37	1	13	43	25.7
0	0	2	2	0	0	2	1.2 🛚
8	18	3	3	0	0	11	6.6 🗖
45	27	110	66	8	5	167	97.7
	-		0 0 2 8 18 3	0 0 2 2 8 18 3 3	0 0 2 2 0 8 18 3 3 0	0 0 2 2 0 0 8 18 3 3 0 0	0 0 2 2 0 0 2 8 18 3 3 0 0 11

Invalid responses include no response.

57) Have you had a dental exam and cleaning in the last 12 months?

	Trans/Gender										
	Cis Men		Cis Women No		Non-con	Non-conforming		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	10	22	30	27	1	13	42	25.0 💻			
2 Yes	35	78	80	72	7	88	125	74.4 💻			
Don't know	0	0	1	1	0	0	1	0.6			
/alid responses =	45	27	111	66	8	5	168	98.2			
Invalid responses include no response.											

58) When you are outdoors in the sun, how often do you wear sunscreen?

					Trans/G	ender		
	Cis I	Cis Men		Cis Women		forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	12	27	9	8	0	0	21	12.5
2 Rarely	20	44	17	15	4	50	42	25.0
3 Sometimes	6	13	30	27	4	50	40	23.8
4 Usually	5	11	33	30	0	0	41	24.4
5 Always	2	4	22	20	0	0	24	14.3
Valid responses =	45	27	111	66	8	5	168	98.2
Invalid responses include no response.								

59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear a shirt with sleeves

	Trans/Gender									
	Cis M	Cis Men		Cis Women		Non-conforming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	7	16	15	14	2	25	25	15.0		
2 Rarely	2	4	17	16	2	25	22	13.2		
3 Sometimes	9	20	35	32	3	38	49	29.3		
4 Usually	15	33	33	30	0	0	48	28.7		
5 Always	12	27	10	9	1	13	23	13.8		
Valid responses =	45	27	110	66	8	5	167	97.7		

Invalid responses include no response.

59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear sunglasses Trans/Gender

	Cis Men		Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	14	31	25	23	2	25	42	25.1
2 Rarely	5	11	22	20	2	25	30	18.0
3 Sometimes	8	18	24	22	2	25	34	20.4
4 Usually	5	11	31	28	2	25	39	23.4
5 Always	13	29	8	7	0	0	22	13.2
Valid responses =	45	27	110	66	8	5	167	97.7
Invalid responses include no response.								

59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Stay in the shade

					I rans/G	ender			
	Cis Men		Cis Wo	Vomen Non-conformi		forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	1	2	2	2	0	0	3	1.8 🗖	
2 Rarely	0	0	6	5	0	0	7	4.2 🗖	
3 Sometimes	13	29	32	29	1	13	48	28.6	
4 Usually	19	42	55	50	5	63	80	47.6	
5 Always	12	27	16	14	2	25	30	17.9	
Valid responses =	45	27	111	66	8	5	168	98.2	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear a hat

	Cis Men		Trans/G Cis Women Non-con					Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	16	36	39	35	2	25	59	35.3	
2 Rarely	8	18	26	23	2	25	37	22.2	
3 Sometimes	8	18	29	26	2	25	39	23.4	
4 Usually	7	16	10	9	2	25	20	12.0	
5 Always	5	11	7	6	0	0	12	7.2 💻	
Valid responses =	44	26	111	66	8	5	167	97.7	
Invalid responses include no response.									

60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

		Trans/Gender									
		Cis N	len	Cis Wo	men	Non-con	forming	То	otal		
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 0 times		37	84	73	68	7	88	121	74.2		
1 1 time		2	5	4	4	0	0	6	3.7 🗖		
2 2 times		1	2	7	7	1	13	9	5.5 🗖		
3 3 times		2	5	5	5	0	0	7	4.3 🗖		
4 4 times		2	5	2	2	0	0	4	2.5		
5 5 times		0	0	2	2	0	0	2	1.2		
6 6 to 10 times		0	0	7	7	0	0	7	4.3 🗖		
7 11 to 15 times		0	0	1	1	0	0	1	0.6		
8 16 to 20 times		0	0	2	2	0	0	2	1.2		
9 21 to 49 times		0	0	1	1	0	0	1	0.6		
10 50 or More times		0	0	3	3	0	0	3	1.8 🛛		
Valid responses =		44	27	107	66	8	5	163	95.3		
Invalid responses include no response.											
	Mean	Median		S	td Dev	Min		м	ax		
Cis Men	0.41		0.00		1.06		0		4		

	Mean	Median	Std Dev	Min	Max
Cis Men	0.41	0.00	1.06	0	4
Cis Women	3.55	0.00	10.79	0	70
Trans/Gender Non-conforming	0.25	0.00	0.71	0	2
Overall	2.45	0.00	8.88	0	70

61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Trans/Gender								
	Cis Men		Cis Wo	Cis Women Non-co		forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Have not received HPV vaccine	7	16	14	13	1	13	23	13.9	
2 Have started, but not completed HPV vaccine	1	2	7	6	0	0	8	4.8 🗖	
3 Completed HPV vaccine	18	40	54	50	4	50	78	47.0	
4 I don't know my HPV vaccination status	19	42	34	31	3	38	57	34.3	
Valid responses =	45	27	109	66	8	5	166	97.1	
Invalid responses include no response.									

62) Did you have a flu vaccine within the last 12 months?

oz) Dia you have a nu vaccine within the last 12 months :		Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	20	44	43	39	3	38	68	40.7				
2 Yes	24	53	63	57	2	25	91	54.5				
3 Don't know	1	2	4	4	3	38	8	4.8 🗖				
Valid responses =	45	27	110	66	8	5	167	97.7				
Invalid responses include no response.												

COVIDVAXD) Have you received at least one dose of a COVID-19 vaccine?

	Cis Men		Trans/Gender Cis Women Non-conforming				Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	13	11	10	0	0	17	10.2 🗖
2 Yes	39	87	97	88	8	100	148	88.6
3 Not sure	0	0	2	2	0	0	2	1.2
Valid responses =	45	27	110	66	8	5	167	97.7
Invalid responses include no response.								

COVIDVAXE) Have you received a COVID-19 vaccine in the last 12 months? (only students that have received at least one dose of a COVID-19 vaccine)

	Trans/Gender								
	Cis Men		Cis Women No		Non-con	Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	27	69	56	58	2	25	87	59.2	
2 Yes	9	23	32	33	5	63	48	32.7	
3 Not sure	3	8	8	8	1	13	12	8.2 🗖	
Valid responses =	39	27	96	65	8	5	147	86.0	

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171

Web Surveys

COVIDINF Have you tested positive for COVID-19 within the last 12 months?

					Trans/G	ender		
	Cis Men		Cis Women No		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42	93	97	90	8	100	150	90.9
2 Yes	3	7	11	10	0	0	15	9.1 🗖
Valid responses =	45	27	108	65	8	5	165	96.5
Invalid responses include no response.								

63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Bronchitis

	Trans/Gender									
	Cis Men		Cis Women Non-conformin		forming	Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	45	100	104	97	6	86	159	97.5		
2 Yes	0	0	3	3	1	14	4	2.5		
Valid responses =	45	28	107	66	7	4	163	95.3		
Invalid responses include no response.										

63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Chlamydia

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	45	100	107	100	7	100	163	100.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	45	28	107	66	7	4	163	95.3		
Invalid responses include no response.										

63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Chicken Pox (Varicella)

	Cis M	Cis Men		Cis Men		Cis Women		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	45	100	106	100	7	100	162	100.0 💻			
2 Yes	0	0	0	0	0	0	0	0.0			
Valid responses =	45	28	106	65	7	4	162	94.7			

Invalid responses include no response.

63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Trans/Gender									
	Cis M	Cis Men		Cis Women		Non-conforming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	37	82	81	76	7	100	127	77.9		
2 Yes	8	18	26	24	0	0	36	22.1 💶		
Valid responses =	45	28	107	66	7	4	163	95.3		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association

8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171 Web Surveys

Pct. 99.4 0.6 93.0

Total Pct.

Total

Total Freq.

161

1 162 100.0 🗖

0.0

94.7

Pct 100.0

0.0

94.2

Pct.

94.7

99 4 0.6

63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Concussion

	Cis M	Cis Wa	men	Trans/G Non-con		T/	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	107	100	7	100	163	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	45	28	107	66	7	4	163	95.3	

Invalid responses include no response.

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63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Gonorrhea

	Cis I	Men	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	F
1 No	43	98	105	100	6	100	158	9
2 Yes	1	2	0	0	0	0	1	
Valid responses =	44	28	105	66	6	4	159	9
Invalid responses include no response.								

63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Flu (influenza) or flu-like illness

	Cis Men Cis Women				Trans/Ge Non-conf		То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	41	91	91	87	7	100	143	88.8	
2 Yes	4	9	14	13	0	0	18	11.2 🗖	
Valid responses =	45	28	105	65	7	4	161	94.2	
· · · · · · ·									

Invalid responses include no response.

63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Mumps

	Trans/Gender									
	Cis M	Cis Wo	men	Non-con						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.			
1 No	45	100	106	100	7	100	162			
2 Yes	0	0	0	0	0	0	0			
Valid responses =	45	28	106	65	7	4	162			
Invalid responses include no response.										

63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Mononucleosis (mono)

	Cis N	Cis Wo	men	Trans/G Non-con			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.
1 No	45	100	105	100	7	100	161
2 Yes	0	0	0	0	0	0	0
Valid responses =	45	28	105	65	7	4	161
Invalid responses include no response.							

63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis M	Cis Wo	men	Non-conforming		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	100	105	99	7	100
2 Yes	0	0	1	1	0	0
Valid responses =	45	28	106	65	7	4
Invalid responses include no response.						

63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Pelvic Inflammatory Disease . .

	Cis Men Cis Women				Trans/G		-	- 4 - 1	
			Cis women N		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	105	100	7	100	161	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	45	28	105	65	7	4	161	94.2	
lassa Balancan ang sa Sa shuda ang ang sa sa s									

Invalid responses include no response.

63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	100	105	100	7	100	161	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	45	28	105	65	7	4	161	94.2
Invested and a second s								

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

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May 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 171 Web Surveys

Pct. 93.2 🗖 6.8 🗖 94.7

63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Shinale

olingico -	Cis I	/len	Cis Wo	men		s/Gender conforming Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	45	100	104	99	7	100	160	99.4 💻		
2 Yes	0	0	1	1	0	0	1	0.6		
Valid responses =	45	28	105	65	7	4	161	94.2		

Invalid responses include no response.

63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Stomach or GI virus or bug, food poisoning, or gastritis

	Cis I	/len	Cis Wo	omen	Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	F	
1 No	45	100	96	91	7	100	151	9	
2 Yes	0	0	10	9	0	0	11		
Valid responses =	45	28	106	65	7	4	162	9	
Invalid responses include no response.									

63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Urinary tract infection

					Trans/G	ender				
	Cis M	Cis Men			Women Non-conforming			Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	45	100	100	95	7	100	154	95.7 💻		
2 Yes	0	0	5	5	0	0	7	4.3 🛛		
Valid responses =	45	28	105	65	7	4	161	94.2		
Valid responses =	45	28	105	65	1	4	161	94.2		

Invalid responses include no response.

63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Other short-term, temporary illness not listed above

	Trans/Gender									
	Cis Men		Cis Wo	men Non-co		forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	35	97	83	99	5	100	126	98.4 💻		
2 Yes	1	3	1	1	0	0	2	1.6		
Valid responses =	36	28	84	66	5	4	128	74.9		
Invalid responses include no response.										

63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months) Bronchitis

					Trans/G	ender		
	Cis Men		Cis Women Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	2	67	0	0	2	50.0
2 Negatively impacted performance in a class	0	0	1	33	0	0	1	25.0
3 Delayed progress towards degree	0	0	0	0	1	100	1	25.0
Valid responses =	0	0	3	75	1	25	4	2.3

Invalid responses include no response

63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months) Chlamydia

Trans/Gender Cis Men Cis Women Non-conforming Total Pct. Pct. Freq. Pct. Freq. Pct. Freq. Freq. 1 Did not affect academic performance 0 0 0 0 0 0 0.0 0 2 Negatively impacted performance in a class 0 0 0.0 0 0 0 0 0 3 Delayed progress towards degree 0 0 0 0 0 0 0 0.0 Valid responses = 0 0 0 0 0 0 0 0.0

Invalid responses include no response.

63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months) Chicken Pox (Varicella)

	Cis I	ender forming	Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

					I rans/G	ender		
	Cis Men		Cis Wo	Cis Women Non-conforming		forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4	50	15	58	0	0	20	55.6
2 Negatively impacted performance in a class	4	50	10	39	0	0	15	41.7
3 Delayed progress towards degree	0	0	1	4	0	0	1	2.8 🗖
Valid responses =	8	22	26	72	0	0	36	21.1

Invalid responses include no response.

63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months) Concussion

	Trans/Gender									
	Cis N	Cis Wo	men	Non-con	forming	Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0		
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0		
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		

Invalid responses include no response.

63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months) Gonorrhea

	Cis Men Cis			omen	Trans/G Non-con		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0	
2 Negatively impacted performance in a class	1	100	0	0	0	0	1	100.0 🗖	
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0	
Valid responses =	1	100	0	0	0	0	1	0.6	

Invalid responses include no response.

63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months)

Flu	(influenza) or	r flu-like	illness

	Trans/Gender								
	Cis Men		Cis Women Non-conforming		То	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	0	0	8	57	0	0	8	44.4	
2 Negatively impacted performance in a class	4	100	5	36	0	0	9	50.0	
3 Delayed progress towards degree	0	0	1	7	0	0	1	5.6 🗖	
Valid responses =	4	22	14	78	0	0	18	10.5	

Invalid responses include no response.

63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months) Mumps

	Cis I	Men	Cis Wo	omen	Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0	
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0	
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
Invalid responses include no response.									

63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months) Mononucleosis (mono)

	Trans/Gender									
	Cis M	Cis Wo	men	Non-con	forming	Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0		
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0		
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		
Invalid responses include no response										

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

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Number of Surveys (n) = 171 Web Surveys

Pct. 45.5 🗖 45.5 🗖 9.1 💻 6.4

63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

					Trans/G	ender			
	Cis Men		Cis Women Non-conforming		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0	
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0	
3 Delayed progress towards degree	0	0	1	100	0	0	1	100.0 🗖	
Valid responses =	0	0	1	100	0	0	1	0.6	

Invalid responses include no response

63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months) Pelvic Inflammatory Disease

	Trans/Gender										
	Cis M	Cis Wo	men	Non-con	forming	Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0			
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0			
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0			
Valid responses =	0	0	0	0	0	0	0	0.0			

Invalid responses include no response.

63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months) Pneumonia

					Trans/G	ender		
	Cis Men Cis V			men	Non-con	forming	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
have Balling and an and the balling and an and an								

Invalid responses include no response.

63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance? des students who have been diagnosed within the last 12 months) (only inclu Shingles

	Trans/Gender									
	Cis Men		Cis Women Non-con		onforming		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	0	0	1	100	0	0	1	100.0 🗖		
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0		
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	1	100	0	0	1	0.6		

Invalid responses include no response.

63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months)

Stomach or GI virus or bug, food poisoning, or gastritis

	Trans/Gender									
	Cis Men		Cis Wo	men	Non-con	forming	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	F		
1 Did not affect academic performance	0	0	5	50	0	0	5	4		
2 Negatively impacted performance in a class	0	0	4	40	0	0	5	4		
3 Delayed progress towards degree	0	0	1	10	0	0	1			
Valid responses =	0	0	10	91	0	0	11			
Invalid responses include no response.										

63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months) Urinary tract infection Trans/Condor

	I rans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	0	0	4	80	0	0	5	71.4		
2 Negatively impacted performance in a class	0	0	1	20	0	0	2	28.6		
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	5	71	0	0	7	4.1		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) =

171 Web

Surveys

63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months) Other short-term, temporary illness not listed above

	Trans/Gender									
	Cis Men		Cis Women No		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	0	0	1	100	0	0	1	100.0 🗖		
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0		
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	1	100	0	0	1	0.6		

Invalid responses include no response

64) Have you ever been tested for HIV?

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Yes, within the last 12 months	4	9	7	6	0	0	13	7.8 🗖		
2 Yes, more than 12 months ago	4	9	11	10	1	13	17	10.2 🗖		
3 No	36	80	82	75	6	75	126	75.4		
4 Unsure	1	2	9	8	1	13	11	6.6 🗖		
Valid responses =	45	27	109	65	8	5	167	97.7		
Invalid responses include no response.										

64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

				Trans/G	ender		
Cis N	/len	Cis Wo	men	Non-con	forming	Тс	otal
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
43	96	108	99	8	100	163	97.6
2	4	1	1	0	0	4	2.4
45	27	109	65	8	5	167	97.7
	Freq. 43 2	43 96 2 4	Freq. Pct. Freq. 43 96 108 2 4 1	Freq. Pct. Freq. Pct. 43 96 108 99 2 4 1 1	Cis Men Cis Women Non-con Freq. Pct. Freq. Pct. Freq. 43 96 108 99 8 2 4 1 1 0	Freq. Pct. Freq. Pct. 43 96 108 99 8 100 2 4 1 1 0 0	Cis Men Cis Women Non-conforming To Freq. Pct. Freq. Pct. Freq. 43 96 108 99 8 100 163 2 4 1 1 0 0 4

Invalid responses include no response.

65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Acne

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	87	83	79	6	75	129	80.1
2 Yes	6	13	22	21	2	25	32	19.9 💻
Valid responses =	45	28	105	65	8	5	161	94.2
Invalid responses include no response.								

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65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis I	men	Trans/Gender Non-conforming			Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	44	98	102	95	5	71	154	95.1	
2 Yes	1	2	5	5	2	29	8	4.9 🗖	
Valid responses =	45	28	107	66	7	4	162	94.7	
Invelid responses include as responses									

Invalid responses include no response.

R65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Alcohol or Other Substance Use Disorder

	Trans/Gender									
	Cis M	Cis Men		Cis Women		forming	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	45	100	104	97	7	100	159	98.1 💻		
2 Yes	0	0	3	3	0	0	3	1.9 🛙		
Valid responses =	45	28	107	66	7	4	162	94.7		
have the second and a first state of a second state of the										

Invalid responses include no response.

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Allergies - food allergy Trans/Condor

					Trans/G	enaer		
	Cis M	Cis Men		Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	91	96	90	6	86	146	90.1
2 Yes	4	9	11	10	1	14	16	9.9 🗖
Valid responses =	45	28	107	66	7	4	162	94.7
Invalid responses include no response.								

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Allergies - animals/pets

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	40	89	95	89	5	71	142	87.7		
2 Yes	5	11	12	11	2	29	20	12.3 💻		
Valid responses =	45	28	107	66	7	4	162	94.7		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT
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65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men Cis Women				Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	84	82	77	3	43	125	77.6
2 Yes	7	16	24	23	4	57	36	22.4
Valid responses =	45	28	106	66	7	4	161	94.2
Invalid responses include no response.								

65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men Cis Women			men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	91	76	71	4	57	122	75.3
2 Yes	4	9	31	29	3	43	40	24.7
Valid responses =	45	28	107	66	7	4	162	94.7

Invalid responses include no response.

www.acha.org

65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Asthma

	Cis Men Cis Wor			men	Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	39	87	95	90	6	86	143	88.8	
2 Yes	6	13	11	10	1	14	18	11.2 🗖	
Valid responses =	45	28	106	66	7	4	161	94.2	
lasse Balances and a standard and an annual a									

Invalid responses include no response.

65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Autism spectrum Trans/Gender

	I rans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	44	98	107	100	7	100	161	99.4		
2 Yes	1	2	0	0	0	0	1	0.6		
Valid responses =	45	28	107	66	7	4	162	94.7		
Invalid responses include no response.										

65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	105	98	5	71	158	97.5	
2 Yes	0	0	2	2	2	29	4	2.5	
Valid responses =	45	28	107	66	7	4	162	94.7	
have believe and a standard and a second and a									

Invalid responses include no response.

65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	107	100	7	100	161	99.4	
2 Yes	0	0	0	0	0	0	1	0.6	
Valid responses =	45	28	107	66	7	4	162	94.7	
Invalid responses include no response.									

65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Cancer

					Trans/Ge	ender			
	Cis M	Cis Men		Cis Women		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	44	98	103	97	7	100	157	97.5	
2 Yes	1	2	3	3	0	0	4	2.5	
Valid responses =	45	28	106	66	7	4	161	94.2	

Invalid responses include no response.

65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Celiac disease

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	105	99	7	100	160	99.4	
2 Yes	0	0	1	1	0	0	1	0.6	
Valid responses =	45	28	106	66	7	4	161	94.2	
Invalid responses include no response									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	44	98	100	94	7	100	154	95.7		
2 Yes	1	2	6	6	0	0	7	4.3 🛛		
Valid responses =	45	28	106	66	7	4	161	94.2		
Invalid responses include no response.										

65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men Cis Wom			men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	91	84	79	5	71	131	80.9
2 Yes	4	9	23	22	2	29	31	19.1 🔲
Valid responses =	45	28	107	66	7	4	162	94.7

Invalid responses include no response.

65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Diabetes or pre-diabetes/insulin resistance

				Non-conforming Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	41	91	106	99	7	100	157	96.9 💻	
2 Yes	4	9	1	1	0	0	5	3.1 🛛	
Valid responses =	45	28	107	66	7	4	162	94.7	

Invalid responses include no response.

65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	I rans/Gender								
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	102	95	7	100	157	96.9 💻	
2 Yes	0	0	5	5	0	0	5	3.1 🛛	
Valid responses =	45	28	107	66	7	4	162	94.7	
Invalid responses include no response.									

65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Endometriosis

	Trans/Gender									
	Cis Men		Cis Women No		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	45	100	105	98	7	100	160	98.8		
2 Yes	0	0	2	2	0	0	2	1.2		
Valid responses =	45	28	107	66	7	4	162	94.7		
Invelid responses include as responses										

Invalid responses include no response.

65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Gambling Disorder

	Traits/Gender								
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	44	100	105	100	7	100	159	100.0 💻	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	44	28	105	66	7	4	159	93.0	
Invalid responses include no response.									

65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Genital herpes

					Trans/G	enaer			
	Cis M	/len	Cis Wo	men	Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	105	100	7	100	160	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	45	28	105	66	7	4	160	93.6	

Invalid responses include no response.

65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Gastroesophageal Reflux Disease (GERD) or acid reflux

	I rans/Gender								
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	102	96	7	100	157	97.5	
2 Yes	0	0	4	4	0	0	4	2.5	
Valid responses =	45	28	106	66	7	4	161	94.2	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis I	Cis Men		Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	100	103	98	7	100	158	98.8
2 Yes	0	0	2	2	0	0	2	1.3
Valid responses =	45	28	105	66	7	4	160	93.6

Invalid responses include no response.

65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Hepatitis B or C

	Cis M	Cis Men Cis Women				enaer forming	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	107	100	7	100	162	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	45	28	107	66	7	4	162	94.7	

Invalid responses include no response.

65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? High blood pressure (hypertension)

	Trans/Genuer								
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	107	100	7	100	162	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	45	28	107	66	7	4	162	94.7	
Income Ball and an end of the sharehold and an end of the second second									

Invalid responses include no response.

65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? High cholesterol (hyperlipidemia) Trane/Gender

	I rans/Gender								
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	43	96	104	97	6	86	156	96.3	
2 Yes	2	4	3	3	1	14	6	3.7 🛛	
Valid responses =	45	28	107	66	7	4	162	94.7	
Invalid responses include no response.									

65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? HIV or AIDS

					Trans/G	ender			
	Cis Men		Cis Women Non-co		Non-con	Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	106	100	7	100	161	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	45	28	106	66	7	4	161	94.2	
Invalid responses include no response.									

65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Human papillomavirus (HPV) or genital warts Trans/Gender

	Trans/Gender								
	Cis M	Cis Men		Cis Women Non-confor		forming	ing Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	44	98	106	99	7	100	160	98.8	_
2 Yes	1	2	1	1	0	0	2	1.2	
Valid responses =	45	28	107	66	7	4	162	94.7	
Invalid responses include no response.									

65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Insomnia

					Trans/G	enaer			
	Cis Men		Cis Women		Non-conforming		То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	43	98	93	90	5	71	143	91.1	
2 Yes	1	2	10	10	2	29	14	8.9 🗖	
Valid responses =	44	28	103	66	7	4	157	91.8	
have believe and a standard and a second and a									

Invalid responses include no response.

65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Irritable bowel syndrome (spastic colon or spastic bowel) Trans/Gender

					Trans/G	enaer			
	Cis Men		Cis Women		Non-conforming		То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	102	97	6	86	156	97.5	
2 Yes	0	0	3	3	1	14	4	2.5	
Valid responses =	45	28	105	66	7	4	160	93.6	
Invalid responses include no response									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association			
8455 Colesville Road, Suite 740	May 18, 2025		
Silver Spring, MD 20910	FREQUENCY REPORT		
(410) 859-1500	Number of Surveys (n) = 17	1 Web	Surveys
www.acha.org			

65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Long COVID or having a Post-COVID Condition

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	106	99.1	7	100	161	99.4	
2 Yes	0	0	1	0.9	0	0	1	0.6	
Valid responses =	45	28	107	66	7	4	162	94.7	
Invalid responses include no response.									

65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Migraine headaches

	Cis Men Cis Women			Trans/G Non-cont		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	43	98	93	90	7	100	144	91.7	
2 Yes	1	2	10	10	0	0	13	8.3 🗖	
Valid responses =	44	28	103	66	7	4	157	91.8	

Invalid responses include no response.

65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	103	96	7	100	158	97.5 💻	
2 Yes	0	0	4	4	0	0	4	2.5	
Valid responses =	45	28	107	66	7	4	162	94.7	
lasse Balance and a standard and a second standard									

Invalid responses include no response.

65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Polycystic Ovarian Syndrome (PCOS)

					Trans/G	ender			
	Cis Men		Cis Women Non-confe		forming	ng Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	100	94	7	100	154	95.7	
2 Yes	0	0	6	6	0	0	7	4.3 🛛	
Valid responses =	45	28	106	66	7	4	161	94.2	
Invalid responses include no response.									

65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	44	98	106	99	6	86	158	97.5		
2 Yes	1	2	1	1	1	14	4	2.5		
Valid responses =	45	28	107	66	7	4	162	94.7		
Invalid responses include no response.										

65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men Cis Women			Trans/G Non-con		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	100	106	100	6	86	160	99.4
2 Yes	0	0	0	0	1	14	1	0.6
Valid responses =	45	28	106	66	7	4	161	94.2
Invalid responses include no response.								

65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Sleep Apnea

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	105	99	7	100	160	99.4	
2 Yes	0	0	1	1	0	0	1	0.6	
Valid responses =	45	28	106	66	7	4	161	94.2	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Thyroid condition or disorder

	Cis Men Cis Women			Trans/G Non-con		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	100	99	93	6	86	153	95.0
2 Yes	0	0	7	7	1	14	8	5.0 🗖
Valid responses =	45	28	106	66	7	4	161	94.2
Invalid responses include no response.								

65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Tourette's or other neurodevelopmental condition not already listed

	Cis Men			Trans/Gender Cis Women Non-conforming				otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	105	99	7	100	160	99.4	1
2 Yes	0	0	1	1	0	0	1	0.6	
Valid responses =	45	28	106	66	7	4	161	94.2	

Invalid responses include no response.

65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Traumatic brain injury (TBI)

	Cis I	Cis Men			Non-conf		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	106	100	7	100	160	99.4	
2 Yes	0	0	0	0	0	0	1	0.6	
Valid responses =	45	28	106	66	7	4	161	94.2	

Invalid responses include no response.

65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	I rans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	45	100	106	100	7	100	161	100.0 🗖		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	45	28	106	66	7	4	161	94.2		
Invalid responses include no response.										

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Other ongoing or chronic condition not listed above

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	41	93	90	94	6	86	140	93.3	
2 Yes	3	7	6	6	1	14	10	6.7 🗖	
Valid responses =	44	29	96	64	7	5	150	87.7	
have the second and the second second second second second									

Invalid responses include no response.

65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Allergic & immunologic disorder

	Cis M	Cis Men			Non-con		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3	100	6	100	0	0	9	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	3	33	6	67	0	0	9	5.3	

Invalid responses include no response.

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Autoimmune disorder

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	3	100	4	67	0	0	7	77.8		
2 Yes	0	0	2	33	0	0	2	22.2 💻		
Valid responses =	3	33	6	67	0	0	9	5.3		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Blood disorder

	Cis M	Cis Men			Trans/G Non-con		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3	100	6	100	0	0	9	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	3	33	6	67	0	0	9	5.3	

Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Brain & nervous system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	6	100	0	0	9	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	3	33	6	67	0	0	9	5.3
terre Balance en en en el la chede ane accesse en el								

Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Hair, skin, nails disorder

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	3	100	6	100	0	0	9	100.0 🗖		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	3	33	6	67	0	0	9	5.3		

Invalid responses include no response.

65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Digestive system disorder

	Cis Men Cis V			men	Trans/Ge Non-conf		То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2	67	5	83	0	0	7	77.8	
2 Yes	1	33	1	17	0	0	2	22.2 💻	
Valid responses =	3	33	6	67	0	0	9	5.3	

Invalid responses include no response.

65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Endocrine system disorder

	Cis Men Ci			omen	Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3	100	6	100	0	0	9	100.0 💻	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	3	33	6	67	0	0	9	5.3	

Invalid responses include no response.

65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Eye/ear/nose/throat disorder

					Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3	100	5	83	0	0	8	88.9	
2 Yes	0	0	1	17	0	0	1	11.1 🗖	
Valid responses =	3	33	6	67	0	0	9	5.3	

Invalid responses include no response.

65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Heart & vascular disorder

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	3	100	6	100	0	0	9	100.0 🗖			
2 Yes	0	0	0	0	0	0	0	0.0			
Valid responses =	3	33	6	67	0	0	9	5.3			
Invalid responses include no response.											

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American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Infectious disease

					Trans/G Non-con		otal	al	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3	100	6	100	0	0	9	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	3	33	6	67	0	0	9	5.3	

Invalid responses include no response.

65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Mental health/psychological disorder

					Trans/G	ender			
	Cis I	/len	Cis Wo	men	Non-con	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3	100	6	100	0	0	9	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	3	33	6	67	0	0	9	5.3	
Invalid responses include no response.									

65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Musculoskeletal disorder

	Cis I	Trans/Gender Cis Women Non-conforming				т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3	100	6	100	0	0	9	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	3	33	6	67	0	0	9	5.3	

Invalid responses include no response.

65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Reproductive system disorder

					Trans/Ge	ender			
	Cis M	/len	Cis Wo	men	Non-conf	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2	67	6	100	0	0	8	88.9	
2 Yes	1	33	0	0	0	0	1	11.1 🗖	
Valid responses =	3	33	6	67	0	0	9	5.3	

Invalid responses include no response.

65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Respiratory disorder

		_	.		Trans/G		_		
	Cis M	len	Cis Wo	omen	Non-con	forming	TC	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2	67	6	100	0	0	8	88.9	
2 Yes	1	33	0	0	0	0	1	11.1 🗖	
Valid responses =	3	33	6	67	0	0	9	5.3	

Invalid responses include no response.

65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Sleep-wake disorder

	Cis Men Cis Women Non-conforming Total Freq. Pct. Freq. Pct. Freq. Pct. 3 100 6 100 0 9 100.0 0 0 0 0 0 0.0 0.0								
	Freq.	Pct.				•	Freq.	Pct.	
1 No	3	100	6	100	0	0	9	100.0 💻	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	3	33	6	67	0	0	9	5.3	

Invalid responses include no response.

65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Urinary system disorder

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3	100	6	100	0	0	9	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	3	33	6	67	0	0	9	5.3	
Invelid seenenees include as seenenees									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 May 18, 2025

 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) = 171

 www.acha.org
 Number of Surveys (n) = 171

171 Web Surveys

Pct. 0.0 0.0 0.0

65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Other ongoing or chronic condition not previously reported

	Cis M	Cis Men Cis Women				ender forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	4	67	0	0	6	66.7
2 Yes	1	33	2	33	0	0	3	33.3
Valid responses =	3	33	6	67	0	0	9	5.3

. Invalid responses include no response.

65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above) Anaphylaxis

	Trans/Gender Cis Men Cis Women Non-conforming						Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	Ö	0	0	0	Ō	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
Involid reapages include no reapages									

Invalid responses include no response.

65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above) Medication allergy

	Cis Men Cis Women			Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above) Latex allergy

	Cis M	Cis Men Cis Women				ender forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above) Insect/bee sting allergy

	Cis Men Cis Women				Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	0	0	0	0	0	0	0		
2 Yes	0	0	0	0	0	0	0		
Valid responses =	0	0	0	0	0	0	0		

Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above) Immune deficiency

					Trans/G	ender			
	Cis Men		Cis Wo	omen Non-confor		forming	То	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
Level Ball and an and a standard and an an an and a									

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above) Other allergic or immunologic condition not previously reported

p,		Trans/Gender Cis Men Cis Women Non-conforming T							
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
• • • • • • • • • • • • • • • • • • • •									

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171

Total

Total

Pct. 50 0 50.0

1.2

Pct.

0.0

100.0

1.2

Web Surveys

65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders? (only includes students that selected having an ongoing/chronic autoimmune disorder not listed above) Other allergic or immunologic condition

	Trans/Gender Cis Men Cis Women Non-conforming						Total		
		Cis Men		omen	Non-com	rorming	10	Ital	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	50	0	0	1	50.0	
2 Yes	0	0	1	50	0	0	1	50.0	
Valid responses =	0	0	2	100	0	0	2	1.2	

Invalid responses include no response.

www.acha.org

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders? (only includes students that selected having an ongoing/chronic autoimmune disorder not listed above) Rheumatoid Arthritis

	Cis M	Cis Wo	men	Trans/G Non-con			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.
1 No	0	0	0	0	0	0	Ö
2 Yes	0	0	2	100	0	0	2
Valid responses =	0	0	2	100	0	0	2
Invalid responses include no response							

Invalid responses include no response

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders? (only includes students that selected having an ongoing/chronic autoimmune disorder not listed above) Scleroderma

	Cis Men Cis Women				Trans/G Non-con		т	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	1	100	0	0	1	100.0 🗖		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	1	100	0	0	1	0.6		

Invalid responses include no response.

65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders? (only includes students that selected having an ongoing/chronic autoimmune disorder not listed above) Systemic Lupus Erythematosus

Systemic Lupus Liyulematosus	Trans/Gender Cis Men Cis Women Non-conforming								
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	0	0	1	50	0	0	1		
2 Yes	0	0	1	50	0	0	1		
Valid responses =	0	0	2	100	0	0	2		

Invalid responses include no response.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders? (only includes students that selected having an ongoing/chronic autoimmune disorder not listed above) Other autoimmune disorder not previously reported

	Cis N	Cis Men Cis Women				ender forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	100	0	0	1	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
·									

Invalid responses include no response.

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders? (only includes students that selected having an ongoing/chronic blood disorder not listed above) Anemia

	Trans/Gender Cis Men Cis Women Non-conforming							Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		
· · · · · · · ·										

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders? (only includes students that selected having an ongoing/chronic blood disorder not listed above) Hemophilia

	Trans/Gender							
	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

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American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

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May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171 Web Surveys

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders? (only includes students that selected having an ongoing/chronic blood disorder not listed above) Hypercoagulable states

					Trans/G	ender			
	Cis Men Cis Women					forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

www.acha.org

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders? (only includes students that selected having an ongoing/chronic blood disorder not listed above) Platelet Conditions

					Trans/G	ender		
	Cis M	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
· · · · · · · · · · · · · · · · · · ·								

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders? (only includ es students that selected having an ongoing/chronic blood disorder not listed above) Sickle Cell Disease

	Total	
	Freq. Pct.	
No	0 0.0	
Yes	0 0.0	
alid responses =	0.0	
alid responses =	0	0.0

Invalid responses include no response.

65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders? (only includes students that selected having an ongoing/chronic blood disorder not listed above) Other blood condition not previously reported

	Cis M	Тс	Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders? (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above) Cerebral Palsy

	Cis M	/len	Cis Wo	men	Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders? (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above) Epilepsy

	Cis I	/len	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Investid seen en en include ne seen en e								

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders? (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above) Seizure Conditions

					Trans/G	ender		
	Cis M	/len	Cis Wo	Non-con	forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III) Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

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65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders? (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above) Multiple Sclerosis

					Trans/G	ender			
	Cis M	Cis Men			Non-con	Iforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

. Invalid responses include no response.

www.acha.org

65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders? (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above) Other brain or nervous system condition not previously reported

					Trans/G	ender			
	Cis N	Cis Men Cis Women No					Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders? (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above) Alopecia

	Cis M	/len	Cis Wo	Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

. Invalid responses include no response.

65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders? (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above) Eczema

	Cis M	Тс	otal					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
	0	0	-	0	0	0	0	

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders? (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above) Hirsutism

	Trans/Gender Cis Men Cis Women Non-conforming								
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders? (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above) Hyperhidrosis

					Trans/G	enaer		
	Cis I	Cis Women Non-conforming			Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
have Ball as an end of the heads of a mean end of								

Invalid responses include no response.

65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders? (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above) Photodermatitis

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
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American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

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May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171 Web Surveys

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Pct. 100.0

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65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders? (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above) Psoriasis

		_	<u> </u>		Trans/G		_	
	Cis M	llen	Cis Wo	men	Non-con	forming	TC	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response

www.acha.org

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders? (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above) Vitiligo

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Investid recommendation in stude the recommendation								

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders? (only includ s students that selected having an ongoing/chronic hair, skin, nail disorder not listed above) Other hair, skin, or nail condition not previously reported

					Trans/G	ender		
	Cis Men		Cis Women Non-		Non-con	forming	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders? (only includes students that selected having an ongoing/chronic digestive system disorder not listed above) Crohn's Disease

Cis N	len	Cis Wo	men			
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	F
0	0	1	100	0	0	
1	100	0	0	0	0	
1	50	1	50	0	0	
	Freq.	0 0 1 100	Freq. Pct. Freq. 0 0 1 1 100 0	Freq. Pct. Freq. Pct. 0 0 1 100 1 100 0 0	Cis MenCis WomenNon-conFreq.Pct.Freq.0011100011000	Freq. Pct. Freq. Pct. Freq. Pct. 0 0 1 100 0 0 1 100 0 0 0 0

Invalid responses include no response.

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders? (only includes students that selected having an ongoing/chronic digestive system disorder not listed above) Diverticular Disease

	Cis M	Cis Men				ender forming
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	100	0	0
2 Yes	0	0	0	0	0	0
Valid responses =	1	50	1	50	0	0

Invalid responses include no response.

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders? (only includes students that selected having an ongoing/chronic digestive system disorder not listed above) Esophageal Disease

Freq. Pct. Freq. Pct. Freq. Pct.	g
1 No 1 100 0 0	
2 Yes 0 0 0 0 0 0	
Valid responses = 1 50 1 50 0 0	

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders? includes students that selected having an ongoing/chronic digestive system disorder not listed above) Gallbladder Disease

					Trans/G	ender			
	Cis I	Men	Cis Wo	men	Non-con	forming	т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1	100	1	100	0	0	2	100.0 💻	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	1	50	1	50	0	0	2	1.2	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

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May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171 Web

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Surveys

65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders? (only includes students that selected having an ongoing/chronic digestive system disorder not listed above) **Ulcerative Colitis**

	Cis Men Cis Women			Trans/G Non-con		Fotal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1	100	1	100	0	0	2	100.0 💻	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	1	50	1	50	0	0	2	1.2	

Invalid responses include no response.

www.acha.org

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders? (only includes students that selected having an ongoing/chronic digestive system disorder not listed above) Other digestive system condition not previously reported

	Cis M	/len	Cis Wo	men	Trans/Gender Non-conformin		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1	100	1	100	0	0	
2 Yes	0	0	0	0	0	0	
Valid responses =	1	50	1	50	0	0	
Involid reapages include no reapages							

Invalid responses include no response.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders? (only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above) Hearing loss

	Cis M	len	Cis Wo	men	Trans/Go Non-cont	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0
2 Yes	0	0	0	0	0	0
Valid responses =	0	0	1	100	0	0

Invalid responses include no response.

65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders? (only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above) Uveitis

	Cis N	len	Cis Wo	men	Trans/G Non-cont	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0
2 Yes	0	0	1	100	0	0
Valid responses =	0	0	1	100	0	0

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders? (only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above) Vertigo

	Cis M	len	Cis Wo	men	Trans/G Non-con	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0
2 Yes	0	0	0	0	0	0
Valid responses =	0	0	1	100	0	0

Invalid responses include no response.

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders? (only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above) Other eye/ear/nose/throat condition not previously reported

	Cis M	len	Cis Wo	men	Trans/G Non-con	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0
2 Yes	0	0	0	0	0	0
Valid responses =	0	0	1	100	0	0

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders? (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above) Cardiac Arrhythmia

,	Cis I	/len	Cis Wo	men	Trans/G Non-con		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	0	0	0	0	0	0	0	0.0			
2 Yes	0	0	0	0	0	0	0	0.0			
Valid responses =	0	0	0	0	0	0	0	0.0			

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65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders? (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above) Coronary Artery Disease

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

. Invalid responses include no response

www.acha.org

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders? (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above) Congenital Heart Condition

-	Cis M	/len	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	Ö	0	0	0	Ō	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders? (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above) Congestive Heart Failure

Cis N	/len	Cis Wo	men			Тс	otal
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	0	0	0	0	0	0	0.0
0	0	0	0	0	0	0	0.0
0	0	0	0	0	0	0	0.0
		Cis Men Freq. Pct. 0 0 0 0 0 0 0 0			Cis Men Cis Women Non-con	· · · · · · · · · · · · · · · · · · ·	Cis Men Cis Women Non-conforming To

. Invalid responses include no response.

65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders? (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above) Heart Murmur

					Trans/G	ender				
	Cis Men Cis Women Non-conforming							Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		

. Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders? (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above) Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis M	<i>l</i> len	Cis Wo	men	Trans/G Non-con		Тс	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders? (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above) Other heart or vascular condition not previously reported

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases? (only includes students that selected having an ongoing/chronic infectious disease not listed above) Lyme Disease

					Trans/G	ender			
	Cis Men Cis Women N					forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

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Number of Surveys (n) = 171 Web

Surveys

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases? (only includes students that selected having an ongoing/chronic infectious disease not listed above) Other infectious disease not previously reported

	Cis M	/len	Cis Wo	men	Trans/G Non-con		Тс	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		

Invalid responses include no response.

www.acha.org

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders? (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above) Carpal Tunnel Syndrome

	Trans/Gender Cis Men Cis Women Non-conforming								
	Frea.	Pct.	Freq.	Pct.	Frea.	Pct.	Frea.	otal Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
Incomplete and a second s									

Invalid responses include no response.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders? (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above) Fibromyalgia

						Total		
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0	0	0	0	0	0	0	0.0	
0	0	0	0	0	0	0	0.0	
0	0	0	0	0	0	0	0.0	
			Freq. Pct. Freq. 0 0 0	Freq. Pct. Freq. Pct. 0 0 0 0 0	Cis Men Cis Women Non-con Freq. Pct. Freq. Pct. Freq. 0 0 0 0 0	Freq. Pct. Freq. Pct. Pct. O	Cis Men Cis Women Non-conforming To Freq. Pct. Freq. Pct. Freq. Pct. Freq. 0 0 0 0 0 0 0 0	

Invalid responses include no response.

65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders? (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above) Gout

	Trans/Gender Cis Men Cis Women Non-conforming							Total		
			Frea.	Pct.	Freq.	Pct.				
1 No	0	0	0	0	0	0	0	Pct. 0.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		

Invalid responses include no response.

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders? (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above) Muscular Dystrophy

	Cis M				Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders? (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above) Osteoarthritis

					I rans/G	ender		
	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invelid seeses include as seeses								

Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders? (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above) Osteoporosis

					Trans/G	ender		
	Cis M	Cis Women Non-conforming			Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171 Web Surveys

Pct. 0.0 0.0 0.0

Total Pct

Total Pct

Total Pct

Total Pct.

100.0 0.0

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0

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders? (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above) Temporomandibular Joint Dysfunction

					Trans/G	ender			
	Cis M	Cis Men Cis Women			Non-con	forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response

www.acha.org

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders? (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above) Other musculoskeletal condition not previously reported

	Cis M	/len	Cis Wo	men	Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	F	
1 No	0	0	Ö	0	Ō	0	Ö		
2 Yes	0	0	0	0	0	0	0		
Valid responses =	0	0	0	0	0	0	0		
Invalid responses include no response									

Invalid responses include no response

6501) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders? (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above) Amenorrhea

	Cis M	Cis Men			Trans/G Non-con	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	0	0	0	0
2 Yes	0	0	0	0	0	0
Valid responses =	1	100	0	0	0	0

Invalid responses include no response.

6502) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders? (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above) Cervical Dysplasia

	Cis M	len	Cis Wo	men	Trans/G Non-con	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	0	0	0	0
2 Yes	0	0	0	0	0	0
Valid responses =	1	100	0	0	0	0

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders? (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above) Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis M	len	Cis Wo	men	Trans/Gender Non-conforming		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1	100	0	0	0	0	
2 Yes	0	0	0	0	0	0	
Valid responses =	1	100	0	0	0	0	

Invalid responses include no response.

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders? (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above) Prostatitis Trans/Ger Trans/Gender

Trostatilo	Cis M	lon	Cis Wo	mon	Non-con	
						•
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	0	0	0	0
2 Yes	0	0	0	0	0	0
Valid responses =	1	100	0	0	0	0

Invalid responses include no response.

6505) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders? (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above) Sexual Dysfunction

					Trans/Ge	ender			
	Cis Men Cis \			omen Non-conforming			Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1	100	0	0	0	0	1	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	1	100	0	0	0	0	1	0.6	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) =

Surveys

171 Web

> Total Pct. 100.0 0.0 0.6

Total Freq.

> Total Pct

Total Freq

0

Fred

0

0

Pct 100.0

0.0 0.6

100.0 0.0

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Pct 100.0

> 0.0 0.6

Pct 100.0 🗖 0.0 0.6

6506) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders? (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above) Other reproductive system condition not previously reported

	Cis M	Trans/G Non-con					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.
1 No	1	100	0	0	0	0	1
2 Yes	0	0	0	0	0	0	0
Valid responses =	1	100	0	0	0	0	1

Invalid responses include no response

www.acha.org

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders? (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above) Cystic Fibrosis

	Cis M	/len	Cis Wo	men	Trans/Gende Non-conform		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1	100	0	0	0	0	
2 Yes	0	0	0	0	0	0	
Valid responses =	1	100	0	0	0	0	
Invalid responses include no response							

Invalid responses include no response

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders? (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above) Sarcoidosis

	Cis M	len	Cis Wo	men	Trans/Gender Non-conformin		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1	100	0	0	0	0	
2 Yes	0	0	0	0	0	0	
Valid responses =	1	100	0	0	0	0	

Invalid responses include no response.

65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders? (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above) Active Tuberculous

	Cis M	len	Cis Wo	men	Trans/G Non-con	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	0	0	0	0
2 Yes	0	0	0	0	0	0
Valid responses =	1	100	0	0	0	0

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders? (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above) Other respiratory system condition not previously reported

	Cis M	/len	Cis Wo	men	Trans/G Non-con	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	F
1 No	1	100	0	0	0	0	1	10
2 Yes	0	0	0	0	0	0	0	
Valid responses =	1	100	0	0	0	0	1	

Invalid responses include no response.

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders? (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above) Hypersomnolence

	Cis	Cis Men Cis Women N					Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders? (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy					Trans/G	ender		
	Cis M	Cis Wo	men	Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III) Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171 Web Surveys

65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders? (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above) Restless Leg Syndrome

					Trans/G	ender		
	Cis Men Cis Women			Non-con	forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

. Invalid responses include no response.

www.acha.org

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders? (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above) Sleep Paralysis

					Trans/G	ender		
	Cis M	/len	Cis Wo	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invelid sees sees include we see sees								

Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders? (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above) Sleep Terrors (or night terrors)

					Trans/G			
	Cis M	Cis Men			Non-con	forming	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

. Invalid responses include no response.

65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders? (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above) Sleep Walking

					Trans/G				
	Cis Men			Cis Women Non-conformi			ng Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

. Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders? (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above) Other sleep-wake condition not previously reported

	Cis M	Trans/G Non-con		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders? (only includes students that selected having an ongoing/chronic urinary system disorders not listed above) Bladder disease

					Trans/G	ender		
	Cis I	Cis Wo	men	Non-con	forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Involid reasonance include no reasonance								

Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders? (only includes students that selected having an ongoing/chronic urinary system disorders not listed above) Kidney disease

	Trans/Gender									
	Cis M	Cis Wo	men	Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		
have Balance and a standard and a second standard										

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171 Web Surveys

Pct 100.0 🗖 0.0 2.3

Total Freq.

0

5 5 Pct.

0.0 100.0 🗖

2.9

65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders? (only includes students that selected having an ongoing/chronic urinary system disorders not listed above) Kidney stone

		Trans/Gender										
	Cis M	Cis Men Cis We			Non-con	forming	Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	0	0	0	0	0	0	0	0.0				
2 Yes	0	0	0	0	0	0	0	0.0				
Valid responses =	0	0	0	0	0	0	0	0.0				

Invalid responses include no response

www.acha.org

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders? (only includes students that selected having an ongoing/chronic urinary system disorders not listed above) Urinary Incontinence

-	Cis M	Trans/G Non-con		Total				
	Freq.	Pct.	Cis Wo Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders? (only includes students that selected having an ongoing/chronic urinary system disorders not listed above) Other urinary system condition not previously reported

	Cis N	len	Cis Wo		Trans/Gender Non-conforming			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had: (only includes students that have been diagnosed with Diabetes or Pre-Diabetes) Type 1 Diabetes

	Cis Men Cis Women				Trans/G Non-con		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	4	100	0	0	0	0	4	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	4	100	0	0	0	0	4	2.3	

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had: (only includes students that have been diagnosed with Diabetes or Pre-Diabetes) Type 2 Diabetes

	Cis M	Cis Men			Trans/G Non-con		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	F
1 No	4	100	0	0	0	0	4	10
2 Yes	0	0	0	0	0	0	0	
Valid responses =	4	100	0	0	0	0	4	
·								

Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had: (only includes students that have been diagnosed with Diabetes or Pre-Diabetes) Pre-diabetes or insulin resistance

	/len		Cis Women			
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0	0	0	0	0	0	
4	100	1	100	0	0	
4	80	1	20	0	0	
	0	0 0 4 100	0 0 0 4 100 1	0 0 0 0 4 100 1 100	0 0 0 0 0 4 100 1 100 0	

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had: (only includes students that have been diagnosed with Diabetes or Pre-Diabetes) **Gestational Diabetes**

					Trans/G	ender			
	Cis I	Cis Men		omen	Non-con	forming	т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	4	100	0	0	0	0	4	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	4	100	0	0	0	0	4	2.3	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171
 Web
 Surveys

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Acne

	Cis Men		Cis Wo	Trans/Gender Cis Women Non-conforming			Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	50	12	55	1	50	17	54.8
2 Yes	3	50	10	46	1	50	14	45.2
Valid responses =	6	19	22	71	2	6	31	18.1

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) ADD/ADHD - Attention Deficit/Hyperactivity Disorder

					Trans/G	ender		
	Cis Men		Cis Wo	Women Non-conforming		forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	40	0	0	2	25.0
2 Yes	1	100	3	60	2	100	6	75.0
Valid responses =	1	13	5	63	2	25	8	4.7
Invalid responses include no response.								

R65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition)

Alcohol or Other Substance Use Disorder

		_	.		Trans/G		_	
	Cis M	len	Cis Wo	omen	Non-con	forming	TC	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	0	0	2	66.7
2 Yes	0	0	1	33	0	0	1	33.3
Valid responses =	0	0	3	100	0	0	3	1.8
Investid sees an and include the second and								

Invalid responses include no response.

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Allergies - food allergy

	Cis I	Cis Men			Trans/G Non-con		То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3	75	7	64	1	100	11	68.8	
2 Yes	1	25	4	36	0	0	5	31.3	
Valid responses =	4	25	11	69	1	6	16	9.4	

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Allergies - animals/pets

	Cis N	Cis Wo	men	Trans/G Non-con		То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	100	8	67	1	50	14	73.7
2 Yes	0	0	4	33	1	50	5	26.3
Valid responses =	5	26	12	63	2	11	19	11.1

Invalid responses include no response.

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Allergies - environmental (for example: pollen, grass, dust, mold)

					Trans/Ge	ender			
	Cis M	Cis Wo	omen	Non-conf	forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	6	86	13	54	3	75	22	62.9	
2 Yes	1	14	11	46	1	25	13	37.1	
Valid responses =	7	20	24	69	4	11	35	20.5	
Investid sees an analysis as sees as a									

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Trans/Gender									
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	tal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	1	25	12	39	0	0	14	35.0		
2 Yes	3	75	19	61	3	100	26	65.0		
Valid responses =	4	10	31	78	3	8	40	23.4		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740

 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171
 Web Surveys

65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Asthma

	Cis Men		Cis Wo	men	Trans/G Non-con		Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	83	6	55	1	100	12	66.7
2 Yes	1	17	5	46	0	0	6	33.3
Valid responses =	6	33	11	61	1	6	18	10.5
The set of								

Invalid responses include no response

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Autism Spectrum

	Cis I	Cis Wo	omen	Trans/G Non-con		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	0	0	0	0	1	100.0
Valid responses =	1	100	0	0	0	0	1	0.6
Invalid responses include no response.								

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

		_	.		Trans/Ge		_		
	Cis M	len	Cis Wo	omen	Non-conf	orming	T	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	2	100	2	100	4	100.0 🗖	
Valid responses =	0	0	2	50	2	50	4	2.3	

Invalid responses include no response.

65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD),	Avoidant Personality,	Dependent Personality,	or another personality disorder
			Trans/Gender

	Cis M	len	Cis Wo	men	I rans/Ge Non-conf		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	1	100.0	
Valid responses =	0	0	0	0	0	0	1	0.6	

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Cancer

	Cis I	/len	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	0	0	1	25.0
2 Yes	1	100	2	67	0	0	3	75.0
Valid responses =	1	25	3	75	0	0	4	2.3

Invalid responses include no response.

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Celiac disease

	Cisl	Men	Cis Wo	omen	Trans/G Non-con		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	1	100	0	0	1	100.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invalid reasonance include no reasonance									

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Chronic pain (for example: back or joint pain, arthritis, nerve pain)

······································	Cis I	/len	Trans/Gender Cis Women Non-conforming				то	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	33	0	0	3	42.9
2 Yes	0	0	4	67	0	0	4	57.1
Valid responses =	1	14	6	86	0	0	7	4.1

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) = 1	.71	Web	Surveys
www.acha.org				

65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

					Trans/G	ender			
	Cis N	len	Cis Wo	men	Non-con	forming	Тс	tal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2	50	9	39	0	0	11	35.5	
2 Yes	2	50	14	61	2	100	20	64.5	
Valid responses =	4	13	23	74	2	6	31	18.1	

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition)

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	4	100	1	100	0	0	5	100.0 🗖	
Valid responses =	4	80	1	20	0	0	5	2.9	
Invalid responses include no response.									

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

					Trans/G	ender		
	Cis M	Cis Men		Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	60	0	0	3	60.0
2 Yes	0	0	2	40	0	0	2	40.0
Valid responses =	0	0	5	100	0	0	5	2.9
have below and a standard and a second and a								

Invalid responses include no response.

65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Endometriosis

	Cis M	Trans/Gender Cis Women Non-conforming				То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	50	0	0	1	50.0	
2 Yes	0	0	1	50	0	0	1	50.0	
Valid responses =	0	0	2	100	0	0	2	1.2	

Invalid responses include no response.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Gambling Disorder

	Cis I	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Incomplete and an end of the standard and a second second								

Invalid responses include no response.

65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Genital herpes

	Cis I	Men	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Involid responses include no responses								

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis I	Cis Men			Trans/G Non-con		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	0	0	1	33.3
2 Yes	0	0	2	67	0	0	2	66.7
Valid responses =	0	0	3	100	0	0	3	1.8
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740

 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171
 Web
 Surveys

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

					Trans/Ge	nder			
	Cis N	Cis Men		Cis Women		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	50	0	0	1	50.0	
2 Yes	0	0	1	50	0	0	1	50.0	
Valid responses =	0	0	2	100	0	0	2	1.2	

Invalid responses include no response

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Hepatitis B or C

	Cis M	Тс	Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

					Trans/G	ender		
	Cis M	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invelid seepenses include as seenense								

Invalid responses include no response.

65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) High cholesterol (hyperlipidemia)

	Trans/Gender									
	Cis M	Cis Men			Cis Women Non-conforming			otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	1	50	0	0	1	20.0		
2 Yes	2	100	1	50	1	100	4	80.0		
Valid responses =	2	40	2	40	1	20	5	2.9		

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) HIV or AIDS

	Trans/Gender Cis Men Cis Women Non-conforming Total											
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	0	0	0	0	Ō	0	0	0.0				
2 Yes	0	0	0	0	0	0	0	0.0				
Valid responses =	0	0	0	0	0	0	0	0.0				
·												

Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Human papillomavirus (HPV) or genital warts

					Trans/G				
	Cis Men		Cis Women N		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	100	0	0	1	50.0	
2 Yes	1	100	0	0	0	0	1	50.0	
Valid responses =	1	50	1	50	0	0	2	1.2	
Invested anonene se include an anonene									

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Insomnia

	Trans/Gender								
	Cis Men Cis Wor		men	Non-con	forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	5	50	0	0	5	35.7	
2 Yes	1	100	5	50	2	100	9	64.3	
Valid responses =	1	7	10	71	2	14	14	8.2	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE American College Health Association 8455 Colesville Road, Suite 740 May 18, 2025 FREQUENCY REPORT Silver Spring, MD 20910 (410) 859-1500

www.acha.org

Number of Surveys (n) = Surveys 171 Web

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis M	Men	Cis Wo	omen	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	0	0	1	25.0
2 Yes	0	0	2	67	1	100	3	75.0
Valid responses =	0	0	3	75	1	25	4	2.3

Invalid responses include no response.

65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only include es students that have been diagnosed with this condition) Long COVID or having a Post-COVID Condition

					Trans/G	ender			
	Cis Men		Cis Women Non-cor		Non-con	on-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0	
2 Yes	0	0	1	100	0	0	1	100 💻	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invalid responses include no response.									

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only include s students that have been diagnosed with this condition) Migraine headaches

	Trans/Gender								
	Cis Men		Cis Women Non-c		Non-con	Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1	100	7	70	0	0	9	75.0	Î.
2 Yes	0	0	3	30	0	0	3	25.0	
Valid responses =	1	8	10	83	0	0	12	7.0	
Invelid recencies include as recences									

Invalid responses include no response.

65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only include s stud ents that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

					Trans/G	ender			
	Cis M	Cis Men		Cis Women		forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	4	100	0	0	4	100.0 🗖	
Valid responses =	0	0	4	100	0	0	4	2.3	

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition)

	Cis I	/len	Trans/Gender Cis Women Non-conforming				Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	33	0	0	2	28.6
2 Yes	0	0	4	67	0	0	5	71.4
Valid responses =	0	0	6	86	0	0	7	4.1
Involid recommence include no recommence								

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	25.0
2 Yes	1	100	0	0	1	100	3	75.0
Valid responses =	1	25	1	25	1	25	4	2.3

Invalid responses include no response.

65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? nts that have been diagnosed with this condition) (only includ

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

					Trans/G	ender			
	Cis M	/len	Cis Wo	omen	Non-con	forming	T	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	1	100	1	100.0 🗖	
Valid responses =	0	0	0	0	1	100	1	0.6	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Sleep Apnea

	Cis I	Men	Trans/ Cis Women Non-co			ender forming	т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	1	100	0	0	1	100.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invalid reasonance include no reasonance									

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Thyroid condition or disorder

	Cis N	/len	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	14	0	0	1	12.5 🗖
2 Yes	0	0	6	86	1	100	7	87.5
Valid responses =	0	0	7	88	1	13	8	4.7
Invalid responses include no response.								

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

					Trans/G	ender		
	Cis M	llen	Cis Wo	omen	Non-con	forming	т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.6
Invelid recommends include the recommende								

Invalid responses include no response.

65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Traumatic brain injury (TBI)

					Trans/G	ender			
	Cis M	Cis Men		men	Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	1	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	1	0.6	

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis M	/len	Cis Wo	men	Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	Ö	0	Ō	0	Ō	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months? (only includes students that have been diagnosed with this condition) Other ongoing or chronic condition not listed above

					I rans/G	ender		
	Cis M	llen	Cis Wo	omen	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	2	33	0	0	3	30.0
2 Yes	2	67	4	67	1	100	7	70.0
Valid responses =	3	30	6	60	1	10	10	5.8

Invalid responses include no response.

65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Trans/Gender									
	Cis Men		Cis Wo	men	Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No treatment	0	0	1	33	0	0	1	16.7		
2 Medicine only	1	100	2	67	1	50	4	66.7		
3 Therapy only	0	0	0	0	0	0	0	0.0		
4 Both medicine and therapy	0	0	0	0	1	50	1	16.7 📖		
5 Other Treatment	0	0	0	0	0	0	0	0.0		
Valid responses =	1	17	3	50	2	33	6	3.5		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT Number of Surveys (n) = 171

Web Surveys

R65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Alcohol or Other Substance Use Disorder

	Trans/Gender								
	Cis I	Cis Men		omen	Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No treatment	0	0	0	0	0	0	0	0.0	
2 Medicine only	0	0	0	0	0	0	0	0.0	
3 Therapy only	0	0	1	100	0	0	1	100.0	
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
·									

Invalid responses include no response.

www.acha.org

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

					Trans/G	ender		
	Cis I	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	3	16	0	0	3	11.5 💶
2 Medicine only	0	0	3	16	0	0	3	11.5 💶
3 Therapy only	1	33	8	42	0	0	10	38.5
4 Both medicine and therapy	2	67	5	26	3	100	10	38.5
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	3	12	19	73	3	12	26	15.2
Invalid responses include no response.								

65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Autism spectrum

	Cis I	Cis Wo	men	Trans/G Non-con		т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No treatment	0	0	0	0	0	0	0	0.0	
2 Medicine only	0	0	0	0	0	0	0	0.0	
3 Therapy only	0	0	0	0	0	0	0	0.0	
4 Both medicine and therapy	1	100	0	0	0	0	1	100.0	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	1	100	0	0	0	0	1	0.6	
Invalid responses include no response									

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions? (only includes stude ntment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

(only includes students that have had an appointment/discussion with a health Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

					Trans/G	ender			
	Cis	/len	Cis Wo	omen	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No treatment	0	0	0	0	0	0	0	0.0	
2 Medicine only	0	0	1	50	0	0	1	25.0 💻	
3 Therapy only	0	0	0	0	0	0	0	0.0	
4 Both medicine and therapy	0	0	1	50	2	100	3	75.0 🗖	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	2	50	2	50	4	2.3	

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

ntment/discussion with a healthcare/mental health professional for the condition within the last 12 months) (only includes stud ents that have had an app Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No treatment	0	0	0	0	0	0	0	0.0	
2 Medicine only	0	0	0	0	0	0	0	0.0	
3 Therapy only	0	0	0	0	0	0	1	100.0	
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	1	0.6	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org

May 18, 2025 FREQUENCY REPORT Number of Surveys (n) =

171 Web Surveys

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

Trans/Gender

	Cis Men		Cis Wo	Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	4	29	0	0	4	20.0
2 Medicine only	0	0	1	7	0	0	1	5.0 🗖
3 Therapy only	2	100	3	21	0	0	6	30.0
4 Both medicine and therapy	0	0	6	43	2	100	9	45.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	2	10	14	70	2	10	20	11.7
Invalid responses include no response.								

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No treatment	0	0	1	50	0	0	1	50.0 🗖	
2 Medicine only	0	0	0	0	0	0	0	0.0	
3 Therapy only	0	0	0	0	0	0	0	0.0	
4 Both medicine and therapy	0	0	1	50	0	0	1	50.0 🗖	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	2	100	0	0	2	1.2	
Invalid responses include no response.									

65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Gambling Disorder

-	Cis Men Cis Women				Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No treatment	0	0	0	0	0	0	0	0.0	
2 Medicine only	0	0	0	0	0	0	0	0.0	
3 Therapy only	0	0	0	0	0	0	0	0.0	
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
Invalid responses include no response.									

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Insomnia

	Cis Men		Cis Wo	omen	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	2	40	1	50	4	44.4
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	1	100	1	20	0	0	2	22.2
4 Both medicine and therapy	0	0	1	20	1	50	2	22.2
5 Other Treatment	0	0	1	20	0	0	1	11.1 💶
Valid responses =	1	11	5	56	2	22	9	5.3
Invelid responses include as responses								

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

fessional for the condition within the last 12 months) ntment/discussion with a healthcare/mental health pro (only includes students that have had an app Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Non-conforming		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No treatment	0	0	1	25	0	0	1	25.0	
2 Medicine only	0	0	1	25	0	0	1	25.0	
3 Therapy only	0	0	0	0	0	0	0	0.0	
4 Both medicine and therapy	0	0	2	50	0	0	2	50.0	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	4	100	0	0	4	2.3	
Invalid responses include no response									

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May 18, 2025

FREQUENCY REPORT Number of Surveys (n) = 171 Web Surveys

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

					Trans/G	ender			
	Cis M	/len	Cis Wo	men	Non-con	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No treatment	0	0	0	0	0	0	0	0.0	
2 Medicine only	0	0	0	0	0	0	0	0.0	
3 Therapy only	1	100	0	0	1	100	3	100.0 🗖	
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	1	33	0	0	1	33	3	1.8	
Invalid responses include no response.									

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No treatment	0	0	0	0	0	0	0	0.0	
2 Medicine only	0	0	0	0	0	0	0	0.0	
3 Therapy only	0	0	0	0	0	0	0	0.0	
4 Both medicine and therapy	0	0	0	0	1	100	1	100.0 🗖	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	1	100	1	0.6	
Invalid responses include no response.									

65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Tourette's or other neurodevelopmental condition not already listed

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No treatment	0	0	0	0	0	0	0	0.0	
2 Medicine only	0	0	1	100	0	0	1	100.0 드	
3 Therapy only	0	0	0	0	0	0	0	0.0	
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invalid responses include no response.									

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Traumatic brain injury (TBI)

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invelid sees sees include we see see								

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Acne

					I rans/G	ender		
	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	22	0	0	2	15.4 🛄
2 Yes	3	100	7	78	1	100	11	84.6
Valid responses =	3	23	9	69	1	8	13	7.6
Invalid responses include no response.								

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Allergies - food allergy

	Trans/Gender										
	Cis Men		Cis Women		Non-con	forming	Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	0	0	4	100	0	0	4	80.0			
2 Yes	1	100	0	0	0	0	1	20.0 💻			
Valid responses =	1	20	4	80	0	0	5	2.9			
Inconflict and an end of the should be an end of the second second											

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association

 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
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 (410) 859-1500
 Number of Surveys (n) = 171 Web Surveys

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 Number of Surveys (n) = 171 Web Surveys

65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Allergies - animals/pets

	Cis N	Cis Wo	mon	Trans/G Non-cont		т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	25	0	0	1	20.0 💻	
2 Yes	0	0	3	75	1	100	4	80.0	
Valid responses =	0	0	4	80	1	20	5	2.9	

Invalid responses include no response.

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Allergies - environmental (for example: pollen, grass, dust, mold)

	Trans/Gender										
	Cis Men		Cis Women		Non-con	forming	То	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	0	0	3	27	0	0	3	23.1			
2 Yes	1	100	8	73	1	100	10	76.9			
Valid responses =	1	8	11	85	1	8	13	7.6			
Invalid responses include no response.											

65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Asthma

	Cis Men Cis Women			men	I rans/G Non-con		То	tal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	20	0	0	1	16.7 💻	
2 Yes	1	100	4	80	0	0	5	83.3	
Valid responses =	1	17	5	83	0	0	6	3.5	

Invalid responses include no response.

65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Cancer

	Trans/Gender									
	Cis M	Cis Men		Cis Women Non-conform		orming	T	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	1	100	2	100	0	0	3	100.0		
Valid responses =	1	33	2	67	0	0	3	1.8		

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Celiac disease

	Cis Men Cis Women			men	Trans/G Non-cont		т	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	0	0	1	100	0	0	1	100.0		
Valid responses =	0	0	1	100	0	0	1	0.6		

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Trans/Genuer										
	Cis Men		Cis Women Non		Non-cont	Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	0	0	0	0	0	0	0	0.0			
2 Yes	0	0	4	100	0	0	4	100.0			
Valid responses =	0	0	4	100	0	0	4	2.3			

Invalid responses include no response.

65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Diabetes or pre-diabetes/insulin resistance

	Trans/Gender										
	Cis Men		Cis Women		Non-con	forming	Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	4	100	0	0	0	0	4	80.0			
2 Yes	0	0	1	100	0	0	1	20.0			
Valid responses =	4	80	1	20	0	0	5	2.9			
Invalid responses include no response.											

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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 May 18, 2025

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 (410) 859-1500
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65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Endometricosis

	Cis I	Cis Men			Trans/G Non-con		т		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	100	0	0	1	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	

Invalid responses include no response

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Genital herpes

	Trans/Gender											
	Cis M	/len	Cis Wo	Non-con	forming	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	0	0	0	0	0	0	0	0.0				
2 Yes	0	0	0	0	0	0	0	0.0				
Valid responses =	0	0	0	0	0	0	0	0.0				
Invalid reasonance include no reasonance												

Invalid responses include no response.

65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Gastroesophageal Reflux Disease (GERD) or acid reflux

	Trans/Gender										
	Cis M	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	0	0	1	50	0	0	1	50.0 💻			
2 Yes	0	0	1	50	0	0	1	50.0 🗖			
Valid responses =	0	0	2	100	0	0	2	1.2			

Invalid responses include no response.

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Trans/Gender										
	Cis M	Cis Men		Cis Women		Non-conforming		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	0	0	0	0	0	0	0	0.0			
2 Yes	0	0	1	100	0	0	1	100.0			
Valid responses =	0	0	1	100	0	0	1	0.6			

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Hepatitis B or C

	Cis I	Total							
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
have the second and the base of a second sec									

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) High blood pressure (hypertension)

					114113/0	ender			
	Cis N	/len	Cis Wo	men	Non-con	forming	То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) High cholesterol (hyperlipidemia)

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	1	100	0	0	3	75.0
2 Yes	0	0	0	0	1	100	1	25.0
Valid responses =	2	50	1	25	1	25	4	2.3
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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 Number of Surveys (n) = 171 Web Surveys

65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) HIV or AIDS

	Cis Men Cis Women					ender forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Human papillomavirus (HPV) or genital warts

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	1	100	0	0	0	0	1	100.0 🗖	
Valid responses =	1	100	0	0	0	0	1	0.6	
Invalid responses include no response.									

65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis M	Cis Men Cis			I rans/G Non-con		Тс		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	50	0	0	1	33.3	—
2 Yes	0	0	1	50	1	100	2	66.7	
Valid responses =	0	0	2	67	1	33	3	1.8	
have below and a standard and a second standard									

Invalid responses include no response.

65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Migraine headaches

					Trans/Ge	ender			
	Cis M	Cis Men		Cis Women Non-confe		orming Tota		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	3	100	0	0	3	100.0	
Valid responses =	0	0	3	100	0	0	3	1.8	

Invalid responses include no response.

65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Polycystic Ovarian Syndrome (PCOS)

	Cis M	Trans/Gender Cis Women Non-conforming			т				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	4	100	0	0	5	100.0 🗖	
Valid responses =	0	0	4	80	0	0	5	2.9	

Invalid responses include no response.

65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Sleep Apnea

					Trans/G	ender			
	Cis I	Cis Men			Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	1	100	0	0	1	100.0 🗖	
Valid responses =	0	0	1	100	0	0	1	0.6	

Invalid responses include no response.

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Thyroid condition or disorder

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	33	0	0	2	28.6
2 Yes	0	0	4	67	1	100	5	71.4
Valid responses =	0	0	6	86	1	14	7	4.1
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

A	merican College Health Association				
84	455 Colesville Road, Suite 740	May 18, 2025			
Si	lver Spring, MD 20910	FREQUENCY REPORT			
(4	10) 859-1500	Number of Surveys (n) =	171	Web	Surveys
w	ww.acha.org				

65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months? (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months) Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

					Trans/G	ender		
	Cis M	Cis Men			Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Acne

	Cis Men		Trans/Gender Cis Women Non-conforming			т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	100	0	0	1	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invelid responses include as responses									

Invalid responses include no response.

65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Trans/Gender								
	Cis M	Cis Men		Cis Women Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	1	100	0	0	1	100.0 🗖	
Valid responses =	0	0	1	100	0	0	1	0.6	
have below a second state of a second state of the second state of									

Invalid responses include no response.

R65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Alcohol or Other Substance Use Disorder

	Trans/Gender										
	Cis N	Cis Men Cis Women			Non-con	forming	Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	0	0	0	0	0	0	0	0.0			
2 Yes	0	0	0	0	0	0	0	0.0			
Valid responses =	0	0	0	0	0	0	0	0.0			

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Allergies - food allergy

Cis Men Cis Women Non-conforming Total	
Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct.	
1 No 0 3 75 0 0 3 75.0	
2 Yes 0 0 1 25 0 0 1 25.0	
Valid responses = 0 0 4 100 0 4 2.3	

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Allergies - animals/pets

	Trans/Gender								
	Cis N	Cis Men		men	Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	1	100	0	0	1	100.0 🗖	
Valid responses =	0	0	1	100	0	0	1	0.6	

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Allergies - environmental (for example: pollen, grass, dust, mold)

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	0	0	1	50.0
2 Yes	0	0	1	50	0	0	1	50.0
Valid responses =	0	0	2	100	0	0	2	1.2
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association

 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) = 171 Web Surveys

 www.acha.org
 Surveys

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men Cis			omen	Trans/Ge Non-conf		tal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	50	0	0	1	50.0 🗖	
2 Yes	0	0	1	50	0	0	1	50.0 🗖	
Valid responses =	0	0	2	100	0	0	2	1.2	

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Asthma

	Cis Men		Cis Wo	Trans/Gender Cis Women Non-conforming			Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	1	100	0	0	1	100.0 🗖	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invalid responses include no responses									

Invalid responses include no response.

65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Autism spectrum

	Trans/Gender									
	Cis M	Cis Wo	omen	Non-con	forming	Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		

Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Trans/Gender										
	Cis M	Cis Men			Non-con	Non-conforming		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	0	0	0	0	0	0	0	0.0			
2 Yes	0	0	0	0	0	0	0	0.0			
Valid responses =	0	0	0	0	0	0	0	0.0			

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Irans/Gender									
	Cis Men		Cis Wo	men	Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Cancer

	Trans/Gender Cis Men Cis Women Non-conforming Total									
	Cis Men				Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		

Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Celiac disease

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE American College Health Association 8455 Colesville Road, Suite 740 May 18, 2025 Silver Spring, MD 20910 (410) 859-1500

FREQUENCY REPORT Number of Surveys (n) = 171 Web Surveys

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Chronic pain (for example: back or joint pain, arthritis, nerve pain)

					Trans/G			
	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

www.acha.org

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Trans/Gender									
	Cis M	Cis Men		Cis Men Cis Women N		Non-conforming		То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	2	67	0	0	2	66.7		
2 Yes	0	0	1	33	0	0	1	33.3		
Valid responses =	0	0	3	100	0	0	3	1.8		
have Balance and a standard and an an an and a										

Invalid responses include no response.

65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months Diabetes or pre-diabetes/insulin resistance

					Trans/G				
	Cis Men		Cis Men Cis Women N		Non-conforming		Тс	tal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2	50	0	0	0	0	2	50.0	
2 Yes	2	50	0	0	0	0	2	50.0	
Valid responses =	4	100	0	0	0	0	4	2.3	
have the second and the second s									

Invalid responses include no response.

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis M	Cis Men		Cis Women		Trans/Gender Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	100	0	0	1	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Endometriosis

	Cis M	Cis Men		men	Trans/G Non-con		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	100	O	0	1	100.0 드	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Gambling Disorder

	Cis M	Cis Wo	men	Trans/G Non-con		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Genital herpes

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
Invalid responses include no response.									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Gastroesophageal Reflux Disease (GERD) or acid reflux

	Trans/Gender									
	Cis M	Cis Men		Cis Men Cis Women N		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	1	100	0	0	1	100.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	1	100	0	0	1	0.6		

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis M	Cis Men			Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Hepatitis B or C

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		
Involid reasonance include no reasonance										

Invalid responses include no response.

65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) High blood pressure (hypertension)

	Trans/Gender											
	Cis M	Cis Men			Non-conforming		Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	0	0	0	0	0	0	0	0.0				
2 Yes	0	0	0	0	0	0	0	0.0				
Valid responses =	0	0	0	0	0	0	0	0.0				

Invalid responses include no response.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) High cholesterol (hyperlipidemia)

					Trans/G	ender				
	Cis M	Cis Men		Cis Men		Cis Women		forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	1	100	0	0	1	33.3		
2 Yes	2	100	0	0	0	0	2	66.7		
Valid responses =	2	67	1	33	0	0	3	1.8		

Invalid responses include no response.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) HIV or AIDS

	Trans/Gender											
	Cis M	Cis Wo	men	Non-con	forming	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	0	0	0	0	0	0	0	0.0				
2 Yes	0	0	0	0	0	0	0	0.0				
Valid responses =	0	0	0	0	0	0	0	0.0				
Investid seen an and include we seen an a												

Invalid responses include no response.

65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Human papillomavirus (HPV) or genital warts

	Trans/Gender									
	Cis M	Cis Men		Cis Women		forming	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Insomnia

	Cis M	Cis Men		omen	Trans/G Non-con		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	2	100	1	100	4	100.0 🗖	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	2	50	1	25	4	2.3	

Invalid responses include no response.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Irritable bowel syndrome (spastic colon or spastic bowel)

					Trans/G	ender			
	Cis M	Cis Men		Cis Women		forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	100	0	0	1	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invalid responses include no response.									

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months Migraine headaches

	Cis M	/len	Cis Wo	Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	I rans/Gender									
	Cis M	Cis Men		Cis Men Cis Women N		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	1	100	0	0	1	100.0 💻		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	1	100	0	0	1	0.6		
Level Balling and an and the dealer and an and an										

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Polycystic Ovarian Syndrome (PCOS)

	Trans/Gender										
	Cis M	Cis Women		Non-conforming		Total					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	0	0	0	0	0	0	0	0.0			
2 Yes	0	0	0	0	0	0	0	0.0			
Valid responses =	0	0	0	0	0	0	0	0.0			
Incom Balance and a standard and a second standard											

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Trans/Gender											
	Cis N	Cis Wo	men	Non-con	forming	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	0	0	0	0	0	0	0	0.0				
2 Yes	0	0	0	0	0	0	0	0.0				
Valid responses =	0	0	0	0	0	0	0	0.0				

Invalid responses include no response.

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	I rans/Gender										
	Cis Men		Cis Women		Non-conforming		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	0	0	0	0	0	0	0	0.0			
2 Yes	0	0	0	0	0	0	0	0.0			
Valid responses =	0	0	0	0	0	0	0	0.0			
Invalid responses include no response.											

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Sleep Apnea

					Trans/G			
	Cis M	Cis Women Non-co			forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Thyroid condition or disorder

	Cis Men Ci			Trans/Gender Cis Women Non-conforming				otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	1	100	0	0	1	100.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
Investid recommendation in all she was recommended									

Invalid responses include no response.

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Tourette's or other neurodevelopmental condition not already listed

					Trans/G	ender		
	Cis M	Cis Wo	men	Non-con	forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Traumatic brain injury (TBI)

					Trans/G	ender			
	Cis M	Cis Men			Non-con	forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	
· · · · · · · · · · · · · · · · · · ·									

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions? (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months) Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

					Trans/G					
	Cis N	Cis Men			Cis Women Non-conforming			Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	0	0	0	0	0	0	0	0.0		
2 Yes	0	0	0	0	0	0	0	0.0		
Valid responses =	0	0	0	0	0	0	0	0.0		

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance? (only includes students with an ongoing or chronic condition)

()		Cis Men		Cis Women		Trans/Gender Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	21	88	54	71	3	43	78	71.6
2 Negatively impacted performance in a class	2	8	21	28	3	43	28	25.7
3 Delayed progress towards degree	1	4	1	1	1	14	3	2.8
Valid responses =	24	22	76	70	7	6	109	63.7
Level Balling and an and the balling and an and a								

Invalid responses include no response.

66A) Within the last 12 months, have any of the following affected your academic performance? Assault (physical)

					Trans/G	ender		
	Cis Men		Cis Women		Non-con	forming	То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	44	98	102	96	7	100	155	96.9
2 Did not affect academic performance	0	0	2	2	0	0	2	1.3
3 Negatively impacted performance in a class	1	2	1	1	0	0	2	1.3
4 Delayed progress towards degree	0	0	1	1	0	0	1	0.6
Valid responses =	45	28	106	66	7	4	160	93.6
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171

Web Surveys

66B) Within the last 12 months, have any of the following affected your academic performance?

Assault (Sexual)								
					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	45	100	101	95	6	100	153	96.2
2 Did not affect academic performance	0	0	3	3	0	0	4	2.5
3 Negatively impacted performance in a class	0	0	2	2	0	0	2	1.3
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	45	28	106	67	6	4	159	93.0

Invalid responses include no response.

www.acha.org

66C) Within the last 12 months, have any of the following affected your academic performance? Allergies

-	Cis Men		Cis Women		Trans/Gender Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	30	67	67	64	4	67	103	65.2
2 Did not affect academic performance	12	27	35	33	1	17	48	30.4
3 Negatively impacted performance in a class	3	7	3	3	0	0	6	3.8 🗖
4 Delayed progress towards degree	0	0	0	0	1	17	1	0.6
Valid responses =	45	28	105	66	6	4	158	92.4
Invalid responses include no response.								

66D) Within the last 12 months, have any of the following affected your academic performance? Anxiety

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	28	65	43	40	1	17	72	45.6
2 Did not affect academic performance	8	19	34	32	2	33	44	27.8
3 Negatively impacted performance in a class	5	12	28	26	3	50	38	24.1
4 Delayed progress towards degree	2	5	2	2	0	0	4	2.5 🗖
Valid responses =	43	27	107	68	6	4	158	92.4

Invalid responses include no response.

66E) Within the last 12 months, have any of the following affected your academic performance?

Attention-Deficit/Hyperactivity Disorder (ADHD) or Attenti	on-Deficit Disorde	r (ADD)							
					Trans/G	ender			
	Cis I	/len	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	39	87	101	95	3	50	145	91.2 💻	
2 Did not affect academic performance	4	9	1	1	1	17	6	3.8 🗖	
3 Negatively impacted performance in a class	1	2	2	2	2	33	5	3.1 🗖	
4 Delayed progress towards degree	1	2	2	2	0	0	3	1.9 🛛	
Valid responses =	45	28	106	67	6	4	159	93.0	

Valid responses =

Invalid responses include no response.

66F) Within the last 12 months, have any of the following affected your academic performance?

Concussion or Traumatic Brain Injury (TBI)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not experience this issue	44	98	106	100	6	100	158	99.4		
2 Did not affect academic performance	0	0	0	0	0	0	0	0.0		
3 Negatively impacted performance in a class	1	2	0	0	0	0	1	0.6		
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0		
Valid responses =	45	28	106	67	6	4	159	93.0		
Invalid responses include no response.										

.... .

66S) Within the last 12 months, have any of the following affected your academic performance? COVID-19

					I rans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	41	91	98	93	6	100	146	91.8	
2 Did not affect academic performance	3	7	7	7	0	0	10	6.3 🗖	
3 Negatively impacted performance in a class	0	0	1	1	0	0	2	1.3 🛛	
4 Delayed progress towards degree	1	2	0	0	0	0	1	0.6	
Valid responses =	45	28	106	67	6	4	159	93.0	

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

66G) Within the last 12 months, have any of the following affected your academic performance?

Depression								
					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	35	78	71	67	2	33	108	67.9
2 Did not affect academic performance	5	11	20	19	1	17	26	16.4 💻
3 Negatively impacted performance in a class	4	9	13	12	3	50	22	13.8 📼
4 Delayed progress towards degree	1	2	2	2	0	0	3	1.9 0
Valid responses =	45	28	106	67	6	4	159	93.0

. Invalid responses include no response.

66H) Within the last 12 months, have any of the following affected your academic performance? Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		то	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	43	96	94	89	2	33	140	88.1
2 Did not affect academic performance	0	0	8	8	2	33	11	6.9 🗖
3 Negatively impacted performance in a class	2	4	4	4	2	33	8	5.0 🗖
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	45	28	106	67	6	4	159	93.0
Invalid responses include no response.								

66I) Within the last 12 months, have any of the following affected your academic performance?

nouse in the second	Cis I	Cis Wo	omen	Trans/G Non-con		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	33	75	60	57	4	67	98	62.0
2 Did not affect academic performance	7	16	32	30	1	17	41	25.9
3 Negatively impacted performance in a class	4	9	14	13	1	17	19	12.0 💻
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	44	28	106	67	6	4	158	92.4

. Invalid responses include no response.

Headaches/migraines

66J) Within the last 12 months, have any of the following affected your academic performance? Influenza or influenza like illness (the flu)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		То	tal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not experience this issue	38	84	87	82	6	100	133	83.6		
2 Did not affect academic performance	5	11	11	10	0	0	16	10.1 🗖		
3 Negatively impacted performance in a class	2	4	7	7	0	0	9	5.7 🗖		
4 Delayed progress towards degree	0	0	1	1	0	0	1	0.6		
Valid responses =	45	28	106	67	6	4	159	93.0		

. Invalid responses include no response.

66K) Within the last 12 months, have any of the following affected your academic performance? Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not experience this issue	42	93	102	96	5	83	151	95.0 💻		
2 Did not affect academic performance	2	4	4	4	0	0	6	3.8 🗖		
3 Negatively impacted performance in a class	1	2	0	0	1	17	2	1.3 🛽		
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0		
Valid responses =	45	28	106	67	6	4	159	93.0		
Invalid responses include no response.										

66L) Within the last 12 months, have any of the following affected your academic performance? PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

					Trans/G	ender			
	Cis Men		Cis Women N		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	45	100	69	65	6	86	120	75.0	
2 Did not affect academic performance	0	0	24	23	1	14	26	16.3 💻	
3 Negatively impacted performance in a class	0	0	12	11	0	0	13	8.1 🗖	
4 Delayed progress towards degree	0	0	1	1	0	0	1	0.6	
Valid responses =	45	28	106	66	7	4	160	93.6	

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE American College Health Association 8455 Colesville Road, Suite 740 May 18, 2025 Silver Spring, MD 20910 FREQUENCY REPORT (410) 859-1500 Number of Surveys (n) = 171 Web Surveys www.acha.org

66M) Within the last 12 months, have any of the following affected your academic performance? Post Traumatic Stress Disorder (PTSD)

Fost fraunatic Stress Disorder (F13D)											
	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not experience this issue	42	93	102	97	4	67	149	94.3			
2 Did not affect academic performance	1	2	1	1	2	33	5	3.2 🗖			
3 Negatively impacted performance in a class	2	4	2	2	0	0	4	2.5			
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0			
Valid responses =	45	28	105	66	6	4	158	92.4			

Invalid responses include no response.

66N) Within the last 12 months, have any of the following affected your academic performance? Short-term illness, excluding upper respiratory illness and influenza

	Cis Men				Trans/Gender Non-conforming		Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	43	96	90	84	5	83	139	86.9
2 Did not affect academic performance	2	4	12	11	0	0	14	8.8 🗖
3 Negatively impacted performance in a class	0	0	3	3	0	0	4	2.5 🛛
4 Delayed progress towards degree	0	0	2	2	1	17	3	1.9 🛛
Valid responses =	45	28	107	67	6	4	160	93.6
Invalid responses include no response.								

66O) Within the last 12 months, have any of the following affected your academic performance? Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not experience this issue	40	89	80	76	5	83	126	79.2		
2 Did not affect academic performance	5	11	21	20	0	0	26	16.4 💻		
3 Negatively impacted performance in a class	0	0	3	3	0	0	4	2.5		
4 Delayed progress towards degree	0	0	2	2	1	17	3	1.9		
Valid responses =	45	28	106	67	6	4	159	93.0		
Invalid responses include no response.										

66P) Within the last 12 months, have any of the following affected your academic performance? Sleep difficulties

					Trans/G	ender		
	Cis Men		Cis Women Non-conform		forming	То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	32	71	54	51	1	17	87	54.7
2 Did not affect academic performance	6	13	34	32	2	33	43	27.0
3 Negatively impacted performance in a class	7	16	17	16	2	33	27	17.0 💻
4 Delayed progress towards degree	0	0	1	1	1	17	2	1.3 🛛
Valid responses =	45	28	106	67	6	4	159	93.0

Invalid responses include no response.

66Q) Within the last 12 months, have any of the following affected your academic performance? Stress

	Trans/Gender Cis Men Cis Women Non-conforming Total										
	Cis I	len	Cis Women Non-conf		forming	IC	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not experience this issue	26	58	29	27	1	14	56	34.8			
2 Did not affect academic performance	8	18	46	43	3	43	57	35.4			
3 Negatively impacted performance in a class	8	18	26	24	2	29	38	23.6			
4 Delayed progress towards degree	3	7	6	6	1	14	10	6.2 💻			
Valid responses =	45	28	107	66	7	4	161	94.2			
Invalid responses include no response.											

66R) Within the last 12 months, have any of the following affected your academic performance? Other issue not previously reported

	Trans/Gender										
	Cis Men		Cis Women Non-conforming		forming	Т	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not experience this issue	33	97	73	100	5	100	112	99.1			
2 Did not affect academic performance	1	3	0	0	0	0	1	0.9			
3 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0			
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0			
Valid responses =	34	30	73	65	5	4	113	66.1			
Invelid responses include as responses											

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 May 18, 2025

 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171

 www.acha.org
 Vertice
 Surveys

67A) What sex were you assigned at birth?

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	111	100	8	100	121	72.9
2 Male	45	100	0	0	0	0	45	27.1 💻
3 Intersex	0	0	0	0	0	0	0	0.0
Valid responses =	45	27	111	67	8	5	166	97.1
Invalid responses include no response.								

67B) Do you identify as transgender?

	Cis I	Cis Wo	men	Trans/Gender Non-conforming		то	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	100	111	100	5	63	161	97.0
2 Yes	0	0	0	0	3	38	5	3.0 0
Valid responses =	45	27	111	67	8	5	166	97.1
Invalid responses include no response.								

67C) Which term do you use to describe your gender identity?

67C) Which term do you use to describe your gender ident	-				Trans/G	ender		
	Cis M	Cis Men		Cis Women N		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	111	100	0	0	111	66.9
2 Man or male	45	100	0	0	0	0	45	27.1
3 Trans woman	0	0	0	0	0	0	0	0.0
4 Trans man	0	0	0	0	1	13	1	0.6
5 Genderqueer	0	0	0	0	1	13	1	0.6
6 My identity is not listed	0	0	0	0	0	0	2	1.2
7 Agender	0	0	0	0	0	0	0	0.0
8 Genderfluid	0	0	0	0	4	50	4	2.4
9 Non-binary	0	0	0	0	2	25	2	1.2
10 Intersex	0	0	0	0	0	0	0	0.0
Valid responses =	45	27	111	67	8	5	166	97.1
Invalid responses include no response.								

68) What term best describes your sexual orientation?

	Trans/Gender									
	Cis Men		Cis Wo	men	Non-con	forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Asexual	0	0	3	3	2	25	5	3.0		
2 Bisexual	3	7	19	17	3	38	26	15.8 💻		
3 Gay	1	2	0	0	0	0	1	0.6		
4 Lesbian	0	0	5	5	0	0	5	3.0 🗖		
5 Pansexual	1	2	1	1	2	25	4	2.4 🛛		
6 Queer	0	0	3	3	0	0	4	2.4 🛛		
7 Questioning	0	0	1	1	0	0	1	0.6		
9 Straight/Heterosexual	40	89	78	71	1	13	119	72.1	3	
10 My identity not listed above	0	0	0	0	0	0	0	0.0		
Valid responses =	45	27	110	67	8	5	165	96.5		
Invalid responses include no response.										

69) How old are you?

	Trans/Gender									
		Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal	
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 18 Years		14	31	20	18	3	38	37	22.6	
2 19 Years		6	13	14	13	0	0	21	12.8	
3 20 Years		4	9	23	21	3	38	30	18.3	
4 21 Years		4	9	16	15	1	13	21	12.8	
5 22 Years		4	9	8	7	1	13	13	7.9	
6 23 Years		2	4	4	4	0	0	6	3.7 🗖	
7 24 Years		2	4	4	4	0	0	6	3.7 💻	
8 25 Years		2	4	5	5	0	0	8	4.9	
9 26 to 30 Years		3	7	8	7	0	0	11	6.7	
10 31 to 40 Years		1	2	5	5	0	0	6	3.7 🗖	
11 41 or More Years		3	7	2	2	0	0	5	3.0 🗖	
Valid responses =		45	27	109	66	8	5	164	95.9	
Invalid responses include no response.										
	Mean	N	ledian	S	td Dev	N	lin	M	ax	
Cis Men	23.29		20.00		9.31		18		59	
Cis Women	21.88		20.00		4.78		18		45	

Cis Men	23.29	20.00	9.31	18	59
Cis Women	21.88	20.00	4.78	18	45
Trans/Gender Non-conforming	19.63	20.00	1.51	18	22
Overall	22.16	20.00	6.28	18	59

American College Health Association-National College Health Assessment (ACHA-NCHA III)

UNIVERSITY OF CALIFORNIA RIVERSIDE Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 May 18, 2025 FREQUENCY REPORT Silver Spring, MD 20910 (410) 859-1500 Number of Surveys (n) = 171 Web Surveys www.acha.org

71) What is your weight in pounds?

					Trans/G			
	Cis Men		Cis Women No		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	0	0	4	4	0	0	4	2.5 🗖
2 101 to 150 Pounds	13	29	69	65	5	63	88	54.7
3 151 to 200 Pounds	19	42	26	24	2	25	47	29.2
4 201 to 250 Pounds	10	22	5	5	1	13	16	9.9 💳
5 251 to 300 Pounds	3	7	1	1	0	0	4	2.5 🗖
6 301 or More Pounds	0	0	2	2	0	0	2	1.2 🛛
Valid responses =	45	28	107	66	8	5	161	94.2
Invalid responses include no response.								

	Mean	Median	Std Dev	Min	Мах
Cis Men	181.16	170.00	42.68	120	260
Cis Women	145.04	130.00	43.01	95	373
Trans/Gender Non-conforming	153.88	141.00	38.86	105	220
Overall	155.54	145.00	45.3	95	373

72) What is your year in school?

72) What is your year in school?								
					Trans/G	ender		
	Cis Men		Cis Women N		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	19	42	33	30	3	38	55	33.1
2 2nd year undergraduate	2	4	5	5	1	13	9	5.4 🛄
3 3rd year undergraduate	8	18	41	37	2	25	51	30.7
4 4th year undergraduate	4	9	12	11	2	25	18	10.8
5 5th year or more undergraduate	1	2	2	2	0	0	3	1.8 🗖
6 Master's (MA, MS, etc.)	4	9	5	5	0	0	9	5.4 🛄
7 Doctorate (PhD, EdD, MD, JD, etc.)	7	16	13	12	0	0	21	12.7
8 Not seeking a degree	0	0	0	0	0	0	0	0.0
9 Other (please specify):	0	0	0	0	0	0	0	0.0
Valid responses =	45	27	111	67	8	5	166	97.1
Invalid responses include no response.								

73) What is your enrollment status?

	Cis Men			omen	Trans/G Non-con		то	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Full-time	44	98	106	97	7	100	159	97.5	
2 Part-time	1	2	1	1	0	0	2	1.2	
3 Other	0	0	2	2	0	0	2	1.2	
Valid responses =	45	28	109	67	7	4	163	95.3	
Invalid responses include no response.									

73A) I am taking classes this term:

	Trans/Gender										
	Cis M	len	Cis Women		Non-conforming		TC	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Entirely in-person	33	73	70	65	4	50	109	66.9			
2 Entirely online	0	0	2	2	0	0	2	1.2			
3 A mix of in-person and online classes	12	27	36	33	4	50	52	31.9			
/alid responses =	45	28	108	66	8	5	163	95.3			
Invalid responses include no response.											

73B1) How likely is it that you will: Leave your school before graduating and transfer to another school?

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	1	2	3	3	0	0	4	2.5
2 Moderately likely	2	5	5	5	0	0	7	4.3 🗖
3 Slightly likely	2	5	6	6	0	0	8	4.9 🗖
4 Slightly unlikely	1	2	7	6	2	25	10	6.1 🗖
5 Moderately unlikely	6	14	6	6	1	13	13	8.0 🗖
6 Very unlikely	32	73	82	75	5	63	121	74.2
Valid responses =	44	27	109	67	8	5	163	95.3

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025

FREQUENCY REPORT Number of Surveys (n) =

171 Web Surveys

www.acha.org 73B2) How likely is it that you will:

Leave your school before graduating without transferring to another school?

Leave your school before graduating without transferring to a	iouner schoo	11							
					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Very likely	3	6.7	2	1.8	0	0	5	3.0	
2 Moderately likely	0	0	0	0	1	12.5	1	0.6	
3 Slightly likely	1	2	1	1	0	0	2	1.2	
4 Slightly unlikely	2	4.4	2	1.8	0	0	4	2.4 0	
5 Moderately unlikely	5	11.1	4	3.7	0	0	9	5.5 🗖	
6 Very unlikely	34	76	100	92	7	88	143	87.2	
Valid responses =	45	27	109	66	8	5	164	95.9	

Invalid responses include no response.

73C1) What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Lack of safe and/or affordable housing

					I rans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	87.5	14	87.5	0	0	21	84.0
2 Yes	1	12.5	2	12.5	1	100	4	16.0 🔲
Valid responses =	8	32	16	64	1	4	25	14.6

Invalid responses include no response.

73C2) What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Financial concerns other than housing

	Cis M	len	Cis Wo	men	Trans/G Non-con		То	tal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	9	56.3	0	0	15	60.0
2 Yes	2	25	7	43.8	1	100	10	40.0
Valid responses =	8	32	16	64	1	4	25	14.6

Invalid responses include no response.

73C3) What would be your reason(s) for leaving your current college/university? (only students that y, or slightly likely to leave their school) very, mod Need to take care of family members/children

	Cis I	len	Cis Wo	omen	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	14	87.5	0	0	20	80.0
2 Yes	2	25	2	12.5	1	100	5	20.0
Valid responses =	8	32	16	64	1	4	25	14.6

Invalid responses include no response.

73C4) What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Conflicts with work responsibilities/schedule

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	87.5	12	75	0	0	19	76.0
2 Yes	1	12.5	4	25	1	100	6	24.0
Valid responses =	8	32	16	64	1	4	25	14.6
Invalid responses include no response.								

73C5) What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Ongoing physical and/or mental health issues

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	11	68.8	0	0	19	76.0
2 Yes	0	0	5	31.3	1	100	6	24.0
Valid responses =	8	32	16	64	1	4	25	14.6

Invalid responses include no response.

73C6) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school) Change in my academic plans and/or professional goals (e.g., institution doesn't have the academic program I want; I may not want my chosen degree anymore)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Та	tal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	6	75	7	43.8	1	100	14	56.0		
2 Yes	2	25	9	56.3	0	0	11	44.0	0	
Valid responses =	8	32	16	64	1	4	25	14.6		
Invalid responses include no response.										

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American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740

 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171
 Web
 Surveys

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 Surveys (n) =
 171
 Web
 Surveys

73C7) What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Poor academic performance

	Trans/Gender Cis Men Cis Women Non-conforming Total											
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	5	62.5	14	87.5	0	0	19	76.0				
2 Yes	3	37.5	2	12.5	1	100	6	24.0				
Valid responses =	8	32	16	64	1	4	25	14.6				

Invalid responses include no response.

73C8) What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Negative experience at my college/university

Negative experience at my conege/university	Trans/Gender Cis Men Cis Women Non-conforming Total										
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	6	75	10	62.5	1	100	17	68.0			
2 Yes	2	25	6	37.5	0	0	8	32.0			
Valid responses =	8	32	16	64	1	4	25	14.6			

Invalid responses include no response.

73C9) What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) I don't feel like I fit in at my college/university

	Cis M	Cis Men		Cis Women		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	5	62.5	8	50	0	0	13	52.0	
2 Yes	3	37.5	8	50	1	100	12	48.0	
Valid responses =	8	32	16	64	1	4	25	14.6	

Trans/Gondor

Invalid responses include no response.

73C10) What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Other (please specify)

	Cis M	Trans/Gender Cis Women Non-conforming			Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	80	10	100	1	100	15	93.8
2 Yes	1	20	0	0	0	0	1	6.3 🗖
Valid responses =	5	31	10	63	1	6	16	9.4
Invalid responses include no response.								

74A) Are you studying in the United States this semester/term?

	Trans/Gender									
	Cis Men		Cis Women No		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	8.9	5	5	1	12.5	10	6.1 🗖		
2 Yes	41	91.1	105	96	7	87.5	155	93.9 📩		
Valid responses =	45	27	110	67	8	5	165	96.5		
have believe and a standard and a second and a										

Invalid responses include no response.

74B) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are studying in the U.S. this semester/term)

	I rans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	30	73	84	83	5	71	121	80.1		
2 Yes	11	27	17	17	2	29	30	19.9 🔲		
Valid responses =	41	27	101	67	7	5	151	88.3		
Invalid responses include no response.										

74C) Would you need a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are NOT studying in the U.S. this semester/term)

	I rans/Gender								
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	4	100	4	80	1	100	9	90.0	
2 Yes	0	0	1	20	0	0	1	10.0 🗖	
Valid responses =	4	40	5	50	1	10	10	5.8	
Invalid responses include no response.									

75A1) How do you usually describe yourself? (Please select ALL that apply) American Indian or Native Alaskan

	Trans/Gender										
	Cis Men		Cis Women Non-		Non-conforming		т	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0 Not selected	45	100	109	98	8	100	169	98.8			
1 Selected	0	0	2	2	0	0	2	1.2			
Valid responses =	45	26	111	65	8	5	171	100.0			
Invalid responses include no response											

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE American College Health Association 8455 Colesville Road, Suite 740 May 18, 2025 FREQUENCY REPORT Silver Spring, MD 20910 (410) 859-1500 Number of Surveys (n) =

Tuese (Conder

171 Web Surveys

75A2) How do you usually describe yourself? (Please select ALL that apply)

	Trans/Gender Cis Men Cis Women Non-conforming Total									Cis Men									otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.											
0 Not selected	28	62	69	62	4	50	107	62.6											
1 Selected	17	38	42	38	4	50	64	37.4											
Valid responses =	45	26	111	65	8	5	171	100.0											

Invalid responses include no response.

www.acha.org

75A3) How do you usually describe yourself? (Please select ALL that apply) Black or African American

					Trans/G	ender			
	Cis M	Cis Wo	men	Non-conforming		т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	44	98	107	96	7	88	165	96.5	
1 Selected	1	2	4	4	1	13	6	3.5 🛛	
Valid responses =	45	26	111	65	8	5	171	100.0	
Invalid responses include no response.									

75A4) How do you usually describe yourself? (Please select ALL that apply) Hispanic or Latino/a/x

					Trans/Ge	enaer		
	Cis M	Cis Men		Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	25	56	69	62	6	75	107	62.6
1 Selected	20	44	42	38	2	25	64	37.4
Valid responses =	45	26	111	65	8	5	171	100.0

Invalid responses include no response.

75A5) How do you usually describe yourself? (Please select ALL that apply) Middle Eastern/North African (MENA) or Arab Origin

	Cis I	Men	Cis Wo	omen	Trans/G Non-con		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	44	98	107	96	8	100	166	97.1
1 Selected	1	2	4	4	0	0	5	2.9
/alid responses =	45	26	111	65	8	5	171	100.0
Invalid responses include no response.								

75A6) How do you usually describe yourself? (Please select ALL that apply) Native Hawaiian or Other Pacific Islander Native

	Cis I	Trans/Gender Cis Women Non-conforming				т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	45	100	111	100	8	100	171	100.0	
1 Selected	0	0	0	0	0	0	0	0.0	
Valid responses =	45	26	111	65	8	5	171	100.0	
Invalid responses include no response.									

75A7) How do you usually describe yourself? (Please select ALL that apply) White

	Cis Men Cis Women			Trans/G Non-con		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	34	76	81	73	6	75	126	73.7
1 Selected	11	24	30	27	2	25	45	26.3
Valid responses =	45	26	111	65	8	5	171	100.0

Invalid responses include no response.

75A8) How do you usually describe yourself? (Please select ALL that apply) Biracial or Multiracial

	Cis I	Men	Cis Wo	men	Trans/G Non-con		Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	43	96	106	96	8	100	163	95.3
1 Selected	2	4	5	5	0	0	8	4.7
Valid responses =	45	26	111	65	8	5	171	100.0
Invalid responses include no response.								

7549) How do ally describe y realf? (Pla elect AII that a

75A9) How do you usually describe yourself? (Please select ALL that apply)
Another Identity

					Trans/G	ender		
	Cis M	llen	Cis Wo	men	Non-con	forming	T	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	44	98	109	98	8	100	168	98.2
1 Selected	1	2	2	2	0	0	3	1.8
Valid responses =	45	26	111	65	8	5	171	100.0
Invalid responses include no response.								

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

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May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) =

171 Web Surveys

75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Mexican, Mexican American, Chicano

	Cis M	Cis Wo	men	Trans/G Non-con		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	8	40	9	21	1	50	18	28.1
1 Selected	12	60	33	79	1	50	46	71.9
Valid responses =	20	31	42	66	2	3	64	37.4
Invalid responses include no response.								

75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Puerto Rican

	Cis I	/len	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	19	95	41	98	2	100	62	96.9 🗖
1 Selected	1	5	1	2	0	0	2	3.1 🛛
Valid responses =	20	31	42	66	2	3	64	37.4
· · · · · · · · · · · · · · · · · · ·								

Invalid responses include no response.

75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Cuban

	Trans/Gender Cis Men Cis Women Non-conforming							Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	20	100	42	100	2	100	64	100.0 🗖	
1 Selected	0	0	0	0	0	0	0	0.0	
Valid responses =	20	31	42	66	2	3	64	37.4	

Invalid responses include no response.

75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Another Hispanic, Latino/a/x, or Spanish origin

					Trans/G	ender		
	Cis M	Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	12	60	30	71	1	50	43	67.2
1 Selected	8	40	12	29	1	50	21	32.8
Valid responses =	20	31	42	66	2	3	64	37.4
Invalid responses include no response.								

75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) East Asian (for example: Chinese, Japanese, or Korean)

					Trans/G	ender		
	Cis Men C		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	11	65	29	69	3	75	44	68.8
1 Selected	6	35	13	31	1	25	20	31.3
Valid responses =	17	27	42	66	4	6	64	37.4
Invalid responses include no response.								

75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

Cis M	/len	Cis Wo	men			то	otal
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
10	59	29	69	1	25	40	62.5
7	41	13	31	3	75	24	37.5
17	27	42	66	4	6	64	37.4
	Cis M Freq.	Cis Men Freq. Pct. 10 59 7 41 17 27	Cis Men Cis Wo Freq. Pct. Freq. 10 59 29 7 41 13	Cis Men Cis Women Freq. Pct. Freq. Pct. 10 59 29 69 69 7 41 13 31	Trans/G Trans/G Cis Men Cis Women Non-con Freq. Pct. Freq. Pct. Freq. 10 59 29 69 1 7 41 13 31 3	Trans/Gender Cis Men Cis Women Non-conforming Freq. Pct. Freq. Pct. 10 59 29 69 1 25 7 41 13 31 3 75	Cis Men Cis Women Non-conforming To Freq. Pct. Freq. Pct. Freq. Pct. Freq. 10 59 29 69 1 25 40 7 41 13 31 3 75 24

Invalid responses include no response.

75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan) Turne (Condon

					Trans/G	ender		
	Cis M	Freq. Pct. F		men	Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	11	65	24	57	4	100	40	62.5
1 Selected	6	35	18	43	0	0	24	37.5
Valid responses =	17	27	42	66	4	6	64	37.4

Invalid responses include no response.

75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) Other Asian Turne (Condon

					Trans/G	ender			
	Cis Men Freq. Pct.		Cis Wo	omen	Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	17	100	42	100	4	100	64	100.0 🗖	
1 Selected	0	0	0	0	0	0	0	0.0	
Valid responses =	17	27	42	66	4	6	64	37.4	
Investid sees an analysis as sees and									

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

May 18, 2025

FREQUENCY REPORT Number of Surveys (n) =

171 Web

> Pct. 43.6 🗖 21.8 🗖

33.9 🗖 0.0 0.0 0.6 96.5

Surveys

www.acha.org 76) What is your relationship status?

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	32	71	59	53	6	75	98	59.0
2 In relationship not married/partnered	8	18	41	37	2	25	52	31.3
3 Married/partnered	5	11	11	10	0	0	16	9.6 🗖
Valid responses =	45	27	111	67	8	5	166	97.1
Invalid responses include no response.								

77A) Are you a member of a social fraternity or sorority?

					Trans/G	ender			
	Cis I	Men	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	44	98	106	96	8	100	160	96.4 💻	
2 Yes	1	2	5	5	0	0	6	3.6 🛛	
Valid responses =	45	27	111	67	8	5	166	97.1	
Invalid responses include no response.									

77B) Do you live in a fraternity or sorority residence?

	Cis M	/len	Cis Wo	men	Trans/G Non-con		то	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	100	110	99	8	100	165	99.4
2 Yes	0	0	1	1	0	0	1	0.6
Valid responses =	45	27	111	67	8	5	166	97.1
Invalid responses include no response.								

78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Trans/Gender							
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	F
1 Campus/university housing	22	49	44	40	6	75	72	4
2 Parent/guardian/other family member's home	10	22	26	24	0	0	36	2
3 Off-campus/non-university housing	13	29	39	36	2	25	56	3
4 Temporarily with relative, friend, couch surfing	0	0	0	0	0	0	0	
5 Don't have a place to live	0	0	0	0	0	0	0	
6 Other (please specify)	0	0	1	1	0	0	1	
Valid responses =	45	27	110	67	8	5	165	9

Invalid responses include no response.

79_1) What is your primary source of health insurance? (select all that apply)

I have a college/university Student Health Insurance Plan

	Trans/Gender Cis Men Cis Women Non-conforming Total								
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not Selected	26	57.8	65	58.6	5	62.5	101	59.1	
1 Selected	19	42.2	46	41.4	3	37.5	70	40.9	
Valid responses =	45	26	111	65	8	5	171	100.0	

Invalid responses include no response.

79_2) What is your primary source of health insurance? (select all that apply) I have health insurance through my parent/guardian (or their employer)

					Trans/G	ender			
	Cis I	Men	Cis Wo	men	Non-con	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not Selected	23	51.1	51	45.9	3	37.5	83	48.5	
1 Selected	22	48.9	60	54.1	5	62.5	88	51.5 💻	
Valid responses =	45	26	111	65	8	5	171	100.0	
Invalid responses include no response.									

79_3) What is your primary source of health insurance? (select all that apply) I have health insurance through my employer (or my spouse/partner's employer)

	Cisl	•	Cis Wo	men	Trans/G Non-con		Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	44	97.8	108	97.3	8	100	167	97.7
1 Selected	1	2.2	3	2.7	0	0	4	2.3 🛛
Valid responses =	45	26	111	65	8	5	171	100.0

Invalid responses include no response.

79_4) What is your primary source of health insurance? (select all that apply) I have health insurance through Medicaid, Medicare, or VA/Tricare

	Trans/Gender									
	Cis I	Men	Cis Wo	omen	Non-con	forming	T	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not Selected	41	91.1	99	89.2	8	100	155	90.6		
1 Selected	4	8.9	12	10.8	0	0	16	9.4 🗖		
Valid responses =	45	26	111	65	8	5	171	100.0		
Invalid reasonance include no reasonance										

American College Health Association-National College Health Assessment (ACHA-NCHA III) UNIVERSITY OF CALIFORNIA RIVERSIDE

Institutional Data Report - Spring 2025 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

May 18, 2025 FREQUENCY REPORT

Number of Surveys (n) = 171 Web

Surveys

Pct. 99 4 🗖 061 100.0

79_5) What is your primary source of health insurance? (select all that apply) I have health insurance that was purchased from the exchange or an insurance carrier directly

Thave health insurance that was purchased notif the exci	lange of an insula	nce can	ier unecu	У	Trans/G	ender			
	Cis M	/ len	Cis Wo	omen	Non-con	forming	т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not Selected	45	100	111	100	8	100	171	100.0	
1 Selected	0	0	0	0	0	0	0	0.0	
Valid responses =	45	26	111	65	8	5	171	100.0	
Incord all and an end of the short of the second seco									

Invalid responses include no response.

79_9) What is your primary source of health insurance? (select all that apply)

I have health insurance through an embassy or sponsoring agency for international students

	Cis I		Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	F
0 Not Selected	44	97.8	111	100	8	100	170	9
1 Selected	1	2.2	0	0	0	0	1	
Valid responses =	45	26	111	65	8	5	171	10
Invalid responses include no response.								

79_10) What is your primary source of health insurance? (select all that apply) I have health insurance through another source (please specify)

	Trans/Gender								
	Cis M	/len	Cis Wo	men	Non-confe	orming	T	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not Selected	44	97.8	110	99.1	8	100	169	98.8 💻	
1 Selected	1	2.2	1	0.9	0	0	2	1.2	
Valid responses =	45	26	111	65	8	5	171	100.0	

Invalid responses include no response.

79_8) What is your primary source of health insurance? (select all that apply) I have health insurance, but I don't know the primary source

					Trans/G	ender			
	Cis I	Men	Cis Wo	omen	Non-con	forming	T	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not Selected	45	100	109	98.2	7	87.5	168	98.2	
1 Selected	0	0	2	1.8	1	12.5	3	1.8	
Valid responses =	45	26	111	65	8	5	171	100.0	
Invalid responses include no response.									

79_6) What is your primary source of health insurance? (select all that apply) I don't have health insurance

	Trans/Gender Cis Men Cis Women Non-conforming Total										Cis Men			otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.						
0 Not Selected	43	95.6	111	100	8	100	169	98.8						
1 Selected	2	4.4	0	0	0	0	2	1.2						
Valid responses =	45	26	111	65	8	5	171	100.0						
Invalid responses include no response.														

79_7) What is your primary source of health insurance? (select all that apply)

I don't know if I have health insurance

	Cis Men		Cis Women No		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not Selected	45	100	111	100	8	100	171	100.0 🗖	
1 Selected	0	0	0	0	0	0	0	0.0	
Valid responses =	45	26	111	65	8	5	171	100.0	
Invalid responses include no response									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE

American College Health Association				
8455 Colesville Road, Suite 740	May 18, 2025			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	171	Web	Surveys
www.acha.org				

80) What is your approximate cumulative grade average?

					Trans/G	ender		
	Cis M	len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	3	7	5	5	0	0	8	4.8 🗖
2 A	16	36	33	30	1	13	51	30.7
3 A-	7	16	23	21	2	25	33	19.9
4 B+	3	7	18	16	1	13	22	13.3 🗖 🔤 🗌
5 B	9	20	19	17	1	13	29	17.5
6 B-	3	7	4	4	1	13	8	4.8 📼
7 C+	2	4	5	5	1	13	8	4.8 🗖
8 C	1	2	2	2	0	0	3	1.8 🗖
9 C-	0	0	1	1	1	13	2	1.2 🛛
10 D+	0	0	1	1	0	0	1	0.6
11 D	0	0	0	0	0	0	0	0.0
12 D-	0	0	0	0	0	0	0	0.0
13 F	0	0	0	0	0	0	0	0.0
14 N/A	1	2	0	0	0	0	1	0.6
Valid responses =	45	27	111	67	8	5	166	97.1
Invalid responses include no response.								

81A) Do you participate in organized college athletics at any of the following levels? Varsity

	Cis M	Cis Men		Cis Women Nor		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	109	99	8	100	164	99.4 💻	
2 Yes	0	0	1	1	0	0	1	0.6	
Valid responses =	45	27	110	67	8	5	165	96.5	

Invalid responses include no response.

81B) Do you participate in organized college athletics at any of the following levels? Club Sports

	Cis I	Trans/Gender Cis Women Non-conforming				Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42	93	107	98	8	100	159	97.0
2 Yes	3	7	2	2	0	0	5	3.0 0
Valid responses =	45	27	109	66	8	5	164	95.9
The set Ball and an an and a final state of a second state of								

Invalid responses include no response.

81C) Do you participate in organized college athletics at any of the following levels?

Cis M	len	Cis Wo	men			Тс	otal
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
38	88	108	99	8	100	156	96.3
5	12	1	1	0	0	6	3.7
43	27	109	67	8	5	162	94.7
	Freq . 38 5	38 88 5 12	Freq. Pct. Freq. 38 88 108 5 12 1	Freq.Pct.Freq.Pct.38881089951211	Cis Men Cis Women Non-con Freq. Pct. Freq. Pct. Freq. 38 88 108 99 8 5 12 1 1 0	Freq. Pct. Freq. Pct. Freq. Pct. 38 88 108 99 8 100 5 12 1 1 0 0	Cis Men Cis Women Non-conforming To Freq. Pct. Freq. Pct. Freq. 38 88 108 99 8 100 156 5 12 1 1 0 0 6

82A) Do you have any of the following? Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis I	/len	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	91	103	95	5	71	151	92.6 💻
2 Yes	4	9	6	6	2	29	12	7.4 🗖
Valid responses =	45	28	109	67	7	4	163	95.3

Invalid responses include no response.

82B) Do you have any of the following? Autism Spectrum Disorder

	Cis	Cis Men			Trans/Gender Cis Women Non-conforming			otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	43	96	109	100	6	86	160	98.2
2 Yes	2	4	0	0	1	14	3	1.8
Valid responses =	45	28	109	67	7	4	163	95.3
Invalid responses include no response.								

_

82C) Do you have any of the following? Deaf/Hearing loss

	Cis I	Trans/Gender Cis Women Non-conforming				Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	100	107	99	7	100	161	99.4
2 Yes	0	0	1	1	0	0	1	0.6
Valid responses =	45	28	108	67	7	4	162	94.7
in the second se								

American College Health Association-National College Health Assessment (ACHA-NCHA III)

UNIVERSITY OF CALIFORNIA RIVERSIDE Institutional Data Report - Spring 2025

American College Health Association 8455 Colesville Road, Suite 740 May 18, 2025 FREQUENCY REPORT Silver Spring, MD 20910 (410) 859-1500 Number of Surveys (n) = 171 Web Surveys www.acha.org

82D) Do you have any of the following?

Learning disability	Cis Men			omen	Trans/G Non-con		Τι	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	98	106	97	7	100	159	97.5 [
2 Yes	1	2	3	3	0	0	4	2.5
Valid responses =	45	28	109	67	7	4	163	95.3
·								

Invalid responses include no response.

82E) Do you have any of the following? Mobility/Dexterity disability

	Cis I	/len	Cis Wo	men	Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	109	100	6	86	162	99.4 💻	
2 Yes	0	0	0	0	1	14	1	0.6	
Valid responses =	45	28	109	67	7	4	163	95.3	
Involid reasonance include no reasonance									

Invalid responses include no response.

82F) Do you have any of the following? Blind/Low Vision

	Cis Men Cis Women					ender forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	44	98	101	93	7	88	154	93.9 💻	
2 Yes	1	2	8	7	1	13	10	6.1 🗖	
Valid responses =	45	27	109	66	8	5	164	95.9	
Invelid seeses include as seeses									

Invalid responses include no response.

82G) Do you have any of the following? Speech or language disorder

	Cis I	/len	Cis Wo	omen	Trans/G Non-con		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	109	100	7	100	163	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	45	28	109	67	7	4	163	95.3	
Invalid responses include no response.									

83) Are you currently or have you been a member of the Armed Services?

					Trans/G	ender			
	Cis M	Men	Cis Wo	men	Non-con	forming	T	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	100	110	100	8	100	165	100.0 🗖	
2 Yes, have served in area of hazardous duty	0	0	0	0	0	0	0	0.0	
3 Yes, have not served in area hazardous duty	0	0	0	0	0	0	0	0.0	
Valid responses =	45	27	110	67	8	5	165	96.5	
Invalid responses include no response.									

84) What is the highest level of education completed by either of your parents (or guardians)?

					Trans/G	ender		
	Cis M	llen	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	3	7	11	10	1	13	15	9.1 💶
2 High school diploma or GED	12	27	28	26	4	50	44	26.7
3 Attended college but no degree	5	11	11	10	0	0	16	9.7 💻
4 Associate's degree	1	2	6	6	2	25	9	5.5 💳
5 Bachelor's degree	11	24	27	25	0	0	38	23.0
6 Master's degree	10	22	22	20	1	13	35	21.2
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	3	7	5	5	0	0	8	4.8 🔲
8 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	45	27	110	67	8	5	165	96.5
Invalid responses include no response.								

85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis I	lon	Cis Wo	mon	Trans/Go Non-cont		т	otal	
						•			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	42	93	107	97	8	100	159	96.4	
2 Yes	3	7	3	3	0	0	6	3.6 🛛	
Valid responses =	45	27	110	67	8	5	165	96.5	
Invalid responses include no response									

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171
 Web
 Surveys

 www.acha.org
 Surveys
 Surveys
 Surveys

HT_INCH Height in Inches

					Trans/G	iender			
	Cis I	Men	Cis Wo	omen	Non-con	forming	Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 36 or Less Inches	0	0	0	0	0	0	0	0.0	
2 37 to 48 Inches	0	0	0	0	0	0	0	0.0	
3 49 to 60 Inches	0	0	4	4	0	0	4	2.4	
4 61 to 72 Inches	42	93	105	96	8	100	157	95.7	
5 73 to 84 Inches	3	7	0	0	0	0	3	1.8	
6 85 or More Inches	0	0	0	0	0	0	0	0.0	
Valid responses =	45	27	109	66	8	5	164	95.9	
Invalid responses include no response									

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.05	0.02	0.06	0	0.20
Cis Women	0.04	0.02	0.05	0	0.20
Trans/Gender Non-conforming	0.01	0.01		0.01	0.01
Overall	0.04	0.02	0.05	0	0.20

BAC Estimated Blood Alcohol Content

					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	8	36	17	35	1	100	26	35.6
1 .01 to .05% Alcohol	9	41	21	43	0	0	31	42.5
2 .06 to .07% Alcohol	1	5	1	2	0	0	2	2.7 🗖
3 .08 to .09% Alcohol	0	0	2	4	0	0	2	2.7 🗖
4 .10 to .15% Alcohol	3	14	6	12	0	0	9	12.3 💻
5 .16 to .20% Alcohol	1	5	2	4	0	0	3	4.1 🗖
6 .21 to .25% Alcohol	0	0	0	0	0	0	0	0.0
7 .26 to .30% Alcohol	0	0	0	0	0	0	0	0.0
8 .31 to .49% Alcohol	0	0	0	0	0	0	0	0.0
Valid responses =	22	30	49	67	1	1	73	42.7
Invalid responses include no response.								

RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis	Men	Cis Wo	men	Trans/G Non-con		Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	18	82	39	80	1	100	59	80.8
1 .08% or higher	4	18	10	20	0	0	14	19.2 💻
Valid responses =	22	30	49	67	1	1	73	42.7
Invalid responses include no response.								

Max

41

58

42

58

RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis I	<i>l</i> len	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	18	82	41	84	1	100	61	83.6
1 .1% or higher	4	18	8	16	0	0	12	16.4
Valid responses =	22	30	49	67	1	1	73	42.7
Invalid responses include no response.								

BMI Body Mass Index Std Dev Mean Median Cis Men 26.54 25.00 5.73 24.88 **Cis Women** 23.00 7.05 Trans/Gender Non-conforming 27.03 24.00 7.82

25.45

RBMI Body Mass Index Classifications

Overall

					Trans/G	enaer		
	Cis	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	0	0	13	12	1	13	14	8.7 🗖
2 Desired weight (18.5- 24.9)	22	49	57	53	3	38	83	51.6
3 Overweight (25- 29.9)	11	24	21	20	2	25	34	21.1
4 Class I obesity (30- 34.9)	7	16	7	7	0	0	14	8.7 🗖
5 Class II obesity (35- 39.9)	4	9	6	6	1	13	11	6.8 🗖
6 Class III obesity (>=40)	1	2	3	3	1	13	5	3.1 🗖
Valid responses =	45	28	107	66	8	5	161	94.2

24.00

Min

Tuese (Conder

6.73

19

17

18

17

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025	itional college	r icaiui /			-inchi	UNIVERSIT	Y OF CAL	FORNIA		SIDE			
American College Health Association													
8455 Colesville Road, Suite 740						May 18, 2025	i						
Silver Spring, MD 20910						FREQUENCY	REPORT						
(410) 859-1500						Number of S	urveys (n)	=	171	Web	b S	Surveys	
www.acha.org												·	
JSDAFI USDA Food Security Score													
SDAT USDA FOOD Security Score	Mean	Ν	ledian	St	d Dev	Min			Мах				
Cis Men	1.58		1.00		1.95		0			6			
Cis Women	1.93		1.00		2.25		0			6			
Trans/Gender Non-conforming Overall	2.13 1.90		1.00 1.00		2.75 2.23		0 0			6 6			
RUSDAFI USDA Food Security Category													
USDATI USDA FOUL Security Category						Trans/Gen	der						
		Cis I		Cis Wo		Non-confo	-	_	Total				
Vary law food acquirity (E.G.)		Freq. 5	Pct.	Freq.	Pct. 20		Pct.	Freq.		9.2 -	_		
Very low food security (5-6) Low food security (2-4)		14	11 31	22 27	20		25 13	32 43		9.2 — 25.7 —	_		
High or marginal food security (0-1)		26	58	59	55		63	92		5.1 💻			
alid responses =		45	27	108	65		5	167		7.7			
Invalid responses include no response.													
ESSLER6 Kessler 6 (K6) Non-Specific Psychologic	al Distress Sc	ore											
Cis Man	Mean 5.71	Ν	Aedian	St	d Dev	Min	0		Мах	18			
Cis Men Cis Women	5.71 8.83		6.00 9.00		4.75 5.36		0			18 24			
Trans/Gender Non-conforming	15.86		9.00 18.00		7.03		4			24 24			
Overall	8.26		8.00		5.63		0			24			
RKESSLER6 Recoded Kessler 6 (K6) Non-Specific P	sychological	Distress											
	oyonological		_			Trans/Gen							
		Cis M		Cis Wo		Non-confo		F	Total				
No or low psychological distress (0-12)		Freq. 42	Pct. 93	Freq. 85	Pct. 78		Pct. 43	Freq. 134		Pct. 80.7 💳			
Serious psychological distress (13-24)			7	24	22		40 57	32		9.3 💻			
alid responses =		45	27	109	66		4	166		07.1			
Invalid responses include no response.													
ILS3 UCLA Loneliness Scale Score													
	Mean	Ν	ledian	St	d Dev	Min			Max				
Cis Men	4.93		5.00		1.74		3			9			
Cis Women	5.72		6.00		1.97		3			9			
Trans/Gender Non-conforming Overall	6.25 5.54		6.00 6.00		1.83 1.93		4 3			9 9			
ULS3 Recoded UCLA Loneliness Scale													
						Trans/Gen							
		_ Cis M		Cis Wo		Non-confo		_	Total				
Negative for lenglinger (2.5)		Freq.	Pct.	Freq.	Pct.		Pct.	Freq.		Pct.	_		
Negative for loneliness (3-5) Positive for loneliness (6-9)		26 19	58 42	49 60	45 55		38 63	80 87		7.9 💻 52.1 💻			
alid responses =		19 45	42 27	60 109	55 65		63 5	87 167)7.7			
Invalid responses include no response.		-10	21		00	Ŭ	÷	107					
BQR Suicide Behavior Questionnaire-Revised (SB	OR) Screening	Score											
Dar outlide behavior adestionnalle-Revised (SBC	Mean		ledian	St	d Dev	Min			Max				
Cis Men	4.13		3.00		2.4		3			16			
Cis Women	4.98		3.00		2.91		3			14			
Trans/Gender Non-conforming	6.50		7.00		3.63		3			13 16			
Overall	4.95		3.00		3.03		3			16			
SBQR Recoded Suicide Behavior Questionnaire-Re	evised (SBQR)				Trans/Com	dor						
		Cis I	/len	Cis Wo	men	Trans/Gen Non-confo			Total				
		Freq.	Pct.	Freq.	Pct.		Pct.	Freq.		Pct.			
Negative for suicidal screening (3-6)		41	91	85	78		50	132		9.0 💳			
Positive for suicidal screening (7-18)		4	9	24	22	4	50	35	2	1.0 💻			
alid responses =		45	27	109	65	8	5	167	9	7.7			
Invalid responses include no response.													
ENER Diener Flourishing Score													
Cis Men	Mean 46.04	N	ledian 48.00	St	d Dev 7.53	Min	26		Мах	56			
Cis Men Cis Women	46.04 41.96		48.00 43.00		7.53 8.65		26 13			56 56			
Trans/Gender Non-conforming	34.38		43.00 34.00		8.75		17			48			
Overall	42.77		44.00		8.6		13			56			
DRISC2 Connor-Davidson Resilience Scale 2 (CD-F	RISC2) Score												
States Common-Baylason Resilence Scale 2 (CD-F	Mean	Ν	ledian	St	d Dev	Min			Max				
Cis Men	6.51		7.00		1.31		3			8			
Cis Women	5.55		6.00		1.69		0			8			
Trans/Gender Non-conforming	3.88		5.00		2.7		0			7			
Overall	5.73		6.00		1.76		0			8			

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025						UNIVERSI	TY OF CAL	IFORNIA	RIVERSI	DE	
American College Health Association											
8455 Colesville Road, Suite 740						May 18, 202					
Silver Spring, MD 20910						FREQUENC					
(410) 859-1500 <u>www.acha.org</u>						Number of	Surveys (n)) =	171	Web Su	rveys
www.uchu.org											
SISTOBACCO ASSIST SSIS TOBACCO SCORE											
Cis Men	Mean 5.30	N	ledian 2.00	St	td Dev 7.47	M	1 n 0		Max 2	5	
Cis Women	4.52		2.00		5.84		0		1		
Trans/Gender Non-conforming	0.00		0.00				0 0			0	
Overall	4.56		2.00		6.01		0		2	5	
BACCORISK ASSIST Tobacco Risk						T					
		Cis M	/len	Cis Wo	men	Trans/Ge Non-conf			Total		
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct	t.	
_ow Risk (0-3) Mederata Bick (4, 26)		6 4	60	15	60 40	1 0	100 0	24	61. 38.		
Moderate Risk (4-26) High Risk (27-39)		4	40 0	10 0	40 0	0	0	15 0	0.0		
lid responses =		10	26	25	64	1	3	39	22.8		
Invalid responses include no response.											
ISALCOHOL ASSIST SSIS ALCOHOL SCORE											
	Mean	N	ledian	St	td Dev	М			Мах	-	
Cis Men Cis Women	5.77 5.40		3.00 5.00		7.06 4.65		0		29		
Trans/Gender Non-conforming	2.50		3.00		3.54		0			5	
Overall	5.33		5.00		5.29		0		29	9	
COHOLRISK ASSIST Alcohol Risk											
						Trans/Ge	nder				
		Cis M		Cis Wo		Non-conf	-		Total		
ow Risk (0-10)		Freq. 19	Pct. 86	Freq. 52	Pct. 95	Freq. 2	Pct. 100	Freq. 76	Pc1 92.1		
Noderate Risk (11-26)		2	9	2	4	0	0	4		9 🗖	
High Risk (27-39)		1	5	1	2	0	0	2		40	
lid responses = Invalid responses include no response.		22	27	55	67	2	2	82	48.0	0	
SISCANNABIS ASSIST SSIS CANNABIS SCORE	Mean		ledian	St	td Dev	М	in		Max		
Cis Men	4.71	'n	2.00	51	6.39	NI IVI	0		20	0	
Cis Women	4.21		2.00		5.65		0		1		
Trans/Gender Non-conforming Overall	2.00 4.64		2.00 2.00		6.3		2 0		24	2 4	
			2.00		0.0				-		
ANNABISRISK ASSIST Cannabis Risk		0:- 1		Cie Me		Trans/Ge			Tatal		
		Cis M Freq.	Pct.	Cis Wo Freq.	Pct.	Non-conf Freq.	Pct.	Freq.	Total Pct	t.	
Low Risk (0-3)		8	57	19	66	1	100	30	63.		
Moderate Risk (4-26) High Risk (27-39)		6 0	43 0	10 0	35 0	0 0	0 0	17 0	36.1 0.0		
		14	30	29	62	1	2		27.		
lid responses =								47	27.3		
lid responses = Invalid responses include no response.								47	21.3		
Invalid responses include no response.								47	21.3		
Invalid responses include no response.	Mean	Ν	ledian	St	td Dev	м	in		Z7.3 Max		
Invalid responses include no response. SISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men	0.00	N	0.00	St		м	0		Max	0	
Invalid responses include no response. ISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women		N		St	td Dev 16.5	м			Max		
Invalid responses include no response. ISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men	0.00	N	0.00	St		М	0		Max	3	
Invalid responses include no response. ISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall	0.00 8.25	N	0.00 0.00	St	16.5		0 0 0		Max (33	3	
Invalid responses include no response. ISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall	0.00 8.25	N Cis N	0.00 0.00	St Cis Wo	16.5 14.76	M Trans/Ge Non-conf	0 0 0 ender		Max (33	3	
Invalid responses include no response. ISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall ICAINERISK ASSIST Cocaine Risk	0.00 8.25	Cis M Freq.	0.00 0.00 0.00 Men Pct.	Cis Wo Freq.	16.5 14.76 men Pct.	Trans/Ge Non-conf Freq.	0 0 ender forming Pct.	Freq.	Max 3 3 3 Total Pct	3 3 t.	
Invalid responses include no response. SISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall DCAINERISK ASSIST Cocaine Risk Low Risk (0-3)	0.00 8.25	Cis M Freq. 1	0.00 0.00 0.00 //en Pct. 100	Cis Wo Freq. 3	16.5 14.76 men Pct. 75	Trans/Ge Non-conf Freq. 0	0 0 ender forming Pct. 0	Freq. 4	Max 33 33 Total Pct 80.0	3 3 t.	
Invalid responses include no response. ISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall ICAINERISK ASSIST Cocaine Risk ow Risk (0-3) Ioderate Risk (4-26) ligh Risk (27-39)	0.00 8.25	Cis M Freq.	0.00 0.00 	Cis Wo Freq.	16.5 14.76 men Pct. 75 0 25	Trans/Ge Non-conf Freq. 0 0 0	0 0 ender forming Pct. 0 0 0	Freq. 4 0 1	Max (33 33 Total Pct 80.0 0.1 20.1	3 3	
Invalid responses include no response. ISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall DCAINERISK ASSIST Cocaine Risk ow Risk (0-3) Adderate Risk (4-26) tigh Risk (27-39) did responses =	0.00 8.25	Cis M Freq. 1 0	0.00 0.00 0.00 /len Pct. 100 0	Cis Wor Freq. 3 0	16.5 14.76 omen Pct. 75 0	Trans/Ge Non-conf Freq. 0 0	0 0 ender forming Pct. 0 0	Freq. 4 0	Max 33 33 Total Pct 80.0 0.1	3 3	
Invalid responses include no response. ISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall CAINERISK ASSIST Cocaine Risk pow Risk (0-3) loderate Risk (4-26) igh Risk (27-39)	0.00 8.25	Cis M Freq. 1 0 0	0.00 0.00 	Cis Wo Freq. 3 0 1	16.5 14.76 men Pct. 75 0 25	Trans/Ge Non-conf Freq. 0 0 0	0 0 ender forming Pct. 0 0 0	Freq. 4 0 1	Max (33 33 Total Pct 80.0 0.1 20.1	3 3	
Invalid responses include no response. ISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall ICAINERISK ASSIST Cocaine Risk ow Risk (0-3) foderate Risk (4-26) ligh Risk (27-39) id responses = Invalid responses include no response.	0.00 8.25 6.60	Cis M Freq. 1 0 1	0.00 0.00 Men Pct. 100 0 20	Cis Wor Freq. 3 0 1 4	16.5 14.76 men Pct. 75 0 25 80	Trans/Ge Non-conf Freq. 0 0 0	0 0 ender forming Pct. 0 0 0 0	Freq. 4 0 1 5	Max (3: 3: Total Pct 80. 0.0 20. 2.9	3 3	
Invalid responses include no response. ISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall DCAINERISK ASSIST Cocaine Risk ow Risk (0-3) Adderate Risk (4-26) tigh Risk (27-39) id responses = Invalid responses include no response. ISMETH ASSIST SSIS METHAMPHETAMINE SCORE	0.00 8.25 6.60	Cis M Freq. 1 0 1	0.00 0.00 	Cis Wor Freq. 3 0 1 4	16.5 14.76 men Pct. 75 0 25	Trans/Ge Non-conf Freq. 0 0 0	0 0 ender forming Pct. 0 0 0	Freq. 4 0 1 5	Max (33 33 Total Pct 80.0 0.1 20.1	3 3	
Invalid responses include no response. ISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall OCAINERISK ASSIST Cocaine Risk NOW Risk (0-3) Moderate Risk (4-26) High Risk (27-39) Id responses = Invalid responses include no response.	0.00 8.25 6.60	Cis M Freq. 1 0 1	0.00 0.00 Men Pct. 100 0 20	Cis Wor Freq. 3 0 1 4	16.5 14.76 men Pct. 75 0 25 80	Trans/Ge Non-conf Freq. 0 0 0	0 0 ender forming Pct. 0 0 0 0	Freq. 4 0 1 5	Max (33 33 Total Pct 80.0 0.0 20.0 2.9 Max	3 3	
Invalid responses include no response. IISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Crans/Gender Non-conforming Overall DCAINERISK ASSIST Cocaine Risk 	0.00 8.25 6.60 Mean 3.00	Cis M Freq. 1 0 1	0.00 0.00 0.00 Men Pct. 100 0 0 20 Median 3.00	Cis Wor Freq. 3 0 1 4	16.5 14.76 men Pct. 75 0 25 80	Trans/Ge Non-conf Freq. 0 0 0	0 0 ender forming Pct. 0 0 0 0 0 0	Freq. 4 0 1 5	Max (33 33 Total Pct 80.0 20.0 20.0 2.3 Max	3 3 0 0 0 9 9	
Invalid responses include no response. IISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall OCAINERISK ASSIST Cocaine Risk Low Risk (0-3) //oderate Risk (4-26) tigh Risk (27-39) lid responses = Invalid responses include no response. IISMETH ASSIST SSIS METHAMPHETAMINE SCORE Cis Men Cis Women	0.00 8.25 6.60 Mean	Cis M Freq. 1 0 1	0.00 0.00 Men Pct. 100 0 20 Median	Cis Wor Freq. 3 0 1 4	16.5 14.76 men Pct. 75 0 25 80	Trans/Ge Non-conf Freq. 0 0 0	0 0 ender forming Pct. 0 0 0 0 0	Freq. 4 0 1 5	Max (33 33 Total Pct 80.0 20.0 20.0 2.3 Max	3 3 0 0 0 9	
Invalid responses include no response. SISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall DCAINERISK ASSIST Cocaine Risk Low Risk (0-3) Voderate Risk (4-26) High Risk (27-39) Hid responses = Invalid responses include no response. SISMETH ASSIST SSIS METHAMPHETAMINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall	0.00 8.25 6.60 Mean 3.00	Cis M Freq. 1 0 1	0.00 0.00 0.00 Men Pct. 100 0 0 20 Median 3.00	Cis Wor Freq. 3 0 1 4	16.5 14.76 men Pct. 75 0 25 80	Trans/Ge Non-conf Freq. 0 0 0	0 0 ender forming Pct. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Freq. 4 0 1 5	Max (33 33 Total Pct 80.0 20.0 20.0 2.3 Max	3 3 0 0 0 9 9	
Invalid responses include no response. SISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall OCAINERISK ASSIST Cocaine Risk Low Risk (0-3) Voderate Risk (4-26) High Risk (27-39) Iid responses = Invalid responses include no response. SISMETH ASSIST SSIS METHAMPHETAMINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall	0.00 8.25 6.60 Mean 3.00	Cis M Freq. 1 0 1 1	0.00 0.00 0.00 Men Pct. 100 0 20 Median 3.00 3.00	Cis Wor Freq. 3 1 4 St	14.76 men Pct. 75 0 25 80 td Dev	Trans/Ge Non-conf Freq. 0 0 0 0 0 M Trans/Ge Non-conf	0 0 • nder • orming Pct. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Freq. 4 0 1 5	Max (33 Total Pct 80.0 20.0 22.0 Max : : : : :	3 3 0 0 0 9 9	
Invalid responses include no response. SISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall DCAINERISK ASSIST Cocaine Risk Low Risk (0-3) Moderate Risk (4-26) High Risk (27-39) Hidr responses = Invalid responses include no response. SISMETH ASSIST SSIS METHAMPHETAMINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall ETHRISK ASSIST Methamphetamine Risk	0.00 8.25 6.60 Mean 3.00	Cis M Freq. 1 0 1 1 N Cis M Freq.	0.00 0.00 .00 Men Pct. 100 0 20 Median 3.00 3.00 3.00 Men Pct.	Cis Woo Freq. 3 4 4 St Cis Woo Freq.	16.5 14.76 men Pct. 75 0 25 80 td Dev	Trans/Ge Non-conf Freq. 0 0 0 0 M Trans/Gef Non-conf Freq.	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Freq. 4 0 1 5	Max (33 33 Total Pct 80. 0.0 2.0 2.5 Max ; ; ; ; ; ; ; ; ; ; ; ; ; ; ;	3 3 0 0 0 9 9 3 3	
SISCOCAINE ASSIST SSIS COCAINE SCORE Cis Women Trans/Gender Non-conforming Overall DCAINERISK ASSIST Cocaine Risk Low Risk (0-3) Moderate Risk (4-26) High Risk (27-39) alid responses = Invalid responses include no response. SISMETH ASSIST SSIS METHAMPHETAMINE SCORE Cis Women Cis Women Trans/Gender Non-conforming	0.00 8.25 6.60 Mean 3.00	Cis M Freq. 1 0 1 1	0.00 0.00 0.00 Men Pct. 100 0 20 Median 3.00 3.00	Cis Wor Freq. 3 1 4 St	14.76 men Pct. 75 0 25 80 td Dev	Trans/Ge Non-conf Freq. 0 0 0 0 0 M Trans/Ge Non-conf	0 0 • nder • orming Pct. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Freq. 4 0 1 5	Max (33 Total Pct 80.0 20.0 22.0 Max : : : : :	3	
Invalid responses include no response. SISCOCAINE ASSIST SSIS COCAINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall DCAINERISK ASSIST Cocaine Risk Low Risk (0-3) Woderate Risk (4-26) High Risk (27-39) Hid responses = Invalid responses include no response. SISMETH ASSIST SSIS METHAMPHETAMINE SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall ETHRISK ASSIST Methamphetamine Risk Low Risk (0-3)	0.00 8.25 6.60 Mean 3.00	Cis M Freq. 1 0 1 1 N K Freq. 6	0.00 0.00 0.00 Men Pct. 100 0 20 Median 3.00 3.00 Men Pct. 0	Cis Wo Freq. 3 1 4 St Cis Wo Freq. 1	16.5 14.76 men Pct. 75 0 25 80 td Dev	Trans/Ge Non-conf Freq. 0 0 0 0 M Trans/Ge Non-conf Freq. 0	0 0 • noder • orming Pct. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Freq. 4 0 1 5 Freq. 1	Max (33 33 Total Pct 80.0 0.0, 20.0 20.0 20.0 20.0 20.0 20.0 2	3 3 t. 0 0 0 9	

American College Health Association-Natior	al Colleg	e Health A	Assessm	ent (ACHA	A-NCHA	4 III)				
Institutional Data Report - Spring 2025						UNIVERSIT	Y OF CAL	IFORNIA RI	VERSIDE	
American College Health Association										
8455 Colesville Road, Suite 740						May 18, 202	5			
Silver Spring, MD 20910						FREQUENC	Y REPORT			
(410) 859-1500						Number of	Surveys (n	n) =	171 Web	Surveys
www.acha.org										
ISINHALANT ASSIST SSIS INHALANTS SCORE	Mean		ledian	54	d Dev	Mi	n	Ма		
Cis Men	0.00	n	0.00	31	u Dev	IVII	0	IVIC	0	
Cis Women	1.33		2.00		1.15		0		2	
Trans/Gender Non-conforming										
Overall	1.83		1.00		2.71		0		7	
IALANTRISK ASSIST Inhalant Risk						Trans/Ge	ndor			
ALANTRISK ASSIST IIIIdidint Risk		Cis M	/len	Cis Wo	men	Non-confe		То	tal	
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
ow Risk (0-3)		1	100	3	100	0	0	5	83.3 💻	
oderate Risk (4-26)		0	0	0	0	0	0	1	16.7 💻	
igh Risk (27-39) d responses =		0 1	0 17	0 3	0 50	0 0	0 0	0 6	0.0 3.5	
Invalid responses include no response.		,	17	5	50	0	0	0	5.5	
····										
RXSTIMULANT ASSIST SSIS ADJUSTED PRESCRI						_				
Cia Man	Mean	N	Aedian	St	d Dev	Mi		Ma		
Cis Men Cis Women	0.00 2.75		0.00 3.00		3.2		0 0		0 6	
Trans/Gender Non-conforming	2.75				<u></u>					
Overall	1.83		0.00		2.86		0		6	
						_				
STIMULANTRISK ASSIST Prescription Stimulant Risk	1	Cis I	lon	Cis Wo	mor	Trans/Ge Non-confo		То	tal	
		Freq.	Vien Pct.	Freq.	men Pct.	Freq.	Pct.	Freq.	Pct.	
w Risk (0-3)		1	100	2	50	0	0	4	66.7	
oderate Risk (4-26)		0	0	2	50	0	0	2	33.3	
gh Risk (27-39)		0	0	0	0	0	0	0	0.0	
d responses =		1	17	4	67	0	0	6	3.5	
Invalid responses include no response.										
SSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SC	ORE									
o	Mean	N	ledian	St	d Dev	Mi		Ма		
Cis Men	7.00		7.00		9.9		0		14	
Cis Women Trans/Gender Non-conforming	2.20		2.00		2.49		0		6	
Overall	3.13		1.00		4.88		0		14	
ATIVERISK ASSIST Sedative Risk		.		e		Trans/Ge			4-1	
		Cis M	/len Pct.	Cis Wo Freq.	men Pct.	Non-confo	orming Pct.	To Freq.	tal Pct.	
v Risk (0-3)		Freq. 1	ΡCt. 50	Freq. 4	PCt. 80	Freq. 0	Pct. 0	Freq. 6	75.0	
derate Risk (4-26)		1	50	1	20	0	0	2		
h Risk (27-39)		0	0	0	0	0	0	0	0.0	
responses =		2	25	5	63	0	0	8	4.7	
Invalid responses include no response.										
HALLUCINOGEN ASSIST SSIS HALLUCINOGENS S	CORF									
	Mean	Ν	ledian	St	d Dev	Mi	n	Ма	ix	
Cis Men	0.67		0.00		1.15		0		2	
Cis Women	0.44		0.00		0.88		0		2	
Trans/Gender Non-conforming Overall	0.00 0.43		0.00 0.00		0.85		0		0 2	
Uverall	0.43		0.00		0.00		U		2	
UCINOGENRISK ASSIST Hallucinogen Risk						Trans/Ge	nder			
		Cis M		Cis Wo		Non-confo	•	То		
v Risk (0-3)		Freq. 3	Pct. 100	Freq.	Pct. 100	Freq.	Pct. 100	Freq.	Pct. 100.0	
v Risk (0-3) derate Risk (4-26)		3	100	9 0	100	1 0	0	14 0	0.0	
gh Risk (27-39)		0	0	0	0	0	0	0	0.0	
responses =		3	21	9	64	1	7	14	8.2	
Invalid responses include no response.										
IEROIN ASSIST SSIS HEROIN SCORE										
EXCIT ACCIDE COLO HEADIN COURE	Mean	Ν	ledian	St	d Dev	Mi	n	Ма	IX	
Cis Men										
Cis Women										
Trans/Gender Non-conforming	•		•		•		•		•	
Overall	•		•				•		•	
OINRISK ASSIST Heroin Risk										
		-				Trans/Ge				
		Cis M Fred		Cis Wo		Non-confo	orming Pct.	To		
ow Risk (0-3)		Freq. 0	Pct. 0	Freq. 0	Pct . 0	Freq. 0	PCt. 0	Freq. 0	Pct. 0.0	
oderate Risk (4-26)		0	0	0	0	0	0	0	0.0	
igh Risk (27-39)		0	0	0	0	0	0	0	0.0	
d responses =		0	0	0	0	0	0	0	0.0	
Invalid responses include no response.										

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2025 UNIVERSITY OF CALIFORNIA RIVERSIDE American College Health Association 8455 Colesville Road, Suite 740 May 18, 2025 Silver Spring, MD 20910 FREQUENCY REPORT (410) 859-1500 Number of Surveys (n) = 171 Web Surveys www.acha.org SSISRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE Median Std Dev Mean Min Max Cis Men 0.00 0.00 0 0 Cis Women Trans/Gender Non-conforming . 0 0 0.00 0.00 0

> 0 0

RXOPIOIDRISK ASSIST Opioid Risk

Overall

					Trans/G	ender			
	Cis Men Ci		Cis Women Non-conforming		forming	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Low Risk (0-3)	1	100	0	0	0	0	2	100.0	
2 Moderate Risk (4-26)	0	0	0	0	0	0	0	0.0	
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0	
Valid responses =	1	50	0	0	0	0	2	1.2	
Invalid responses include no response.									

SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men					
Cis Women	0.00	0.00		0	
Trans/Gender Non-conforming					
Overall	0.00	0.00		0	

OTHERSSISRISK ASSIST Other Drug Risk

					Trans/G	enuer			
	Cis Men C		Cis Wo	Cis Women		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Low Risk (0-3)	0	0	1	100	0	0	1	100.0	
2 Moderate Risk (4-26)	0	0	0	0	0	0	0	0.0	
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	1	100	0	0	1	0.6	
Invalid responses include no response.									

Trans/Gondor

Trans/Gondor

PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	
Cis Men	427.11	240.00	372.14	0	
Cis Women	411.71	285.00	611.67	0	
Trans/Gender Non-conforming	236.25	280.00	188.83	0	
Overall	409.96	290.00	536.15	0	

PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

PAGUIDE Met weekly PA Guideline for Aerodic and Musci	Cis N		Cis Wo	omen	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	38	72	66	7	88	99	58.6
2 Yes	28	62	38	35	1	13	70	41.4
Valid responses =	45	27	110	65	8	5	169	98.8
Invalid responses include no response.								

HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis M	/len	Trans/Gender Cis Women Non-conforming						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	28	62	81	74	7	88	119	70.4	
2 Yes	17	38	29	26	1	13	50	29.6	
Valid responses =	45	27	110	65	8	5	169	98.8	
Invalid responses include no response.									

References

¹ Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.

American College Health Association-National College Health Assessment (ACHA-NCHA III)

 Institutional Data Report - Spring 2025
 UNIVERSITY OF CALIFORNIA RIVERSIDE

 American College Health Association
 8455 Colesville Road, Suite 740
 May 18, 2025

 Silver Spring, MD 20910
 FREQUENCY REPORT

 (410) 859-1500
 Number of Surveys (n) =
 171 Web
 Surveys

 www.acha.org
 Surveys
 Surveys
 Surveys

86A) Do you have access to a gun/firearm?

	Cis	/len	Cis Women		Trans/Gender Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42	93	102	94	8	100	154	93.9
2 Yes	3	7	7	6	0	0	10	6.1 🗖
Valid responses =	45	27	109	66	8	0	164	95.9
Invalid responses include no response.								

Мах

86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?

	Trans/Gender								
	Cis Men			Cis Women		forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	43	100	101	100	5	100	151	100.0 🗖	
2 1-2 days	0	0	0	0	0	0	0	0.0	
3 3-4 days	0	0	0	0	0	0	0	0.0	
4 5-30 days	0	0	0	0	0	0	0	0.0	
Valid responses =	43	28	101	67	5	3	151	88.3	
Invalid responses include no response.									

	Mean	Median	Std Dev	Min
Cis Men	0.00	0.00	0	0
Cis Female	0.00	0.00	0	0
Trans/Gender Non-conforming	0.00	0.00	0	0
Overall	0.00	0.00	0	0

86C) To what extent are you concerned about gun violence on campus?

					Trans/G	ender		
	Cis M	Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all concerned	20	44	30	28	1	13	52	31.9
2 Slightly concerned	13	29	41	38	4	50	59	36.2
3 Moderately concerned	9	20	27	25	2	25	38	23.3
4 Very concerned	3	7	7	7	0	0	10	6.1 🗖
5 Extremely concerned	0	0	3	3	1	13	4	2.5 🗖
Valid responses =	45	28	108	66	8	5	163	95.3
Invalid responses include no response.								

89) Which UCR college are you affiliated with?

	I rans/Gender							
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Marlan and Rosemary Bourns College of Engineering	15	33	13	12	0	0	29	17.5
College of Humanities, Arts, and Social Sciences	13	29	47	43	6	75	67	40.4
College of Natural and Agricultural Sciences	13	29	32	29	2	25	48	28.9
School of Education	1	2	7	6	0	0	8	4.8 🗖
School of Business	3	7	8	7	0	0	11	6.6 🗖
School of Medicine	0	0	0	0	0	0	0	0
School of Public Policy	0	0	3	3	0	0	3	1.8 🛛
Valid responses =	45	27	110	66	8	5	166	97.1
Invalid responses include no response.								

Trana/Candar